



SACRAMENTO CITY UNIFIED SCHOOL DISTRICT BOARD OF EDUCATION

Agenda Item# 8.1d

Meeting Date: October 15, 2026

Subject: Approve of FY 2026-2027 SETA Head Start One-Time Supplemental Funds for Nutrition and Healthy Eating for Head Start Children and Families

- ☐ Information Item Only
- ☒ Approval on Consent Agenda
- ☐ Conference (for discussion only)
- ☐ Conference/First Reading (Action Anticipated: _____)
- ☐ Conference/Action
- ☐ Action
- ☐ Public Hearing

Division: Academic Office – Curriculum & Instruction: Early Learning and Care Department

Recommendation: Approve the SETA Head Start Healthy Eating Supplementary Award FY 2026-2027 grant.

Background/Rationale: Sacramento USD Head Start operates center-based Early Head Start in 2 school sites. It has a Family Education Center that serves as a parent education hub for Head Start staff and parent training events. The agency will use the funds to purchase hands-on educational resources, such as classroom cooking supplies, nutrition education kits, gardening materials, and for training and other professional development opportunities.

Financial Considerations:

Request to submit and approve the use of SETA Head Start Healthy Eating Supplementary Award to pay for materials, supplies, equipment, and nutrition education resources in promoting healthy eating for Head Start and Early Head Start children and families.

LCAP Goal(s):

Goal 1: Graduation Outcomes

Goal 2- Academic Outcomes

Goal 3 – Welcoming and Safety Outcomes

Documents Attached:

1. SETA Head Start: One-Time Supplemental Funds for Nutrition and Healthy Eating for Head Start Children and Families Program Narrative – Head Start / Early Head Start FY 2026-27

Estimated Time of Presentation: N/A

Submitted by: Erin Finely, Chief Academic Officer and Daniel
Rolleri, Interim Assistant Superintendent of Curriculum & Instruction

Approved by: Cancy McArn, Superintendent



One-time Supplemental Funds for Nutrition and Healthy Eating for
Head Start Children and Families (ACF-OHS-PI-25-02)

PROGRAM NARRATIVE

Through their participation in Head Start/Early Head Start, enrolled children receive balanced, nutritious meals and engage in daily physical activities and learning experiences, nurturing their minds and bodies. Parent education on nutrition and healthy eating is integrated into all aspects of the program, starting with enrollment, when parents complete their child's nutrition history form, and continuing through school-home partnership activities, home-based socialization events, and parent training opportunities. To expand current activities on nutrition, **Sacramento Employment and Training Agency (SETA), Sacramento City USD Head Start, and San Juan USD Head Start** are applying for one-time supplemental funds to be used for non-recurring expenditures under the allowable categories described in this program narrative. None of the three agencies receive any additional federal funds beyond meal reimbursements claimed through the Child and Adult Care Food Program (CACFP).

Sacramento City USD Early Head Start

Background: Sacramento USD Head Start operates center-based Early Head Start in 2 school sites. It has a Family Education Center that serves as a parent education hub for Head Start staff and parent training events. The agency will use the funds to purchase hands-on educational resources, such as classroom cooking supplies, nutrition education kits, gardening materials, and for training and other professional development opportunities.

Materials, Supplies, and Equipment

Project Title: Investing in resources to support integrated nutrition education.		
Description: Purchase of hands-on educational resources, to support the implementation of the Go, Grow, Glow curriculum in the classrooms, empowering educators to deliver engaging lessons on healthy eating.		
Objective/Impact: The funds will support students and educators with the tools and knowledge to make lifelong healthy choices.		
Program Activities	Timeline	Target

		Participants
Build garden beds to support healthy eating habits and nutrition education. Materials include raised garden beds, soil, seeds, flowerpots, hoses, and garden tools.	September 2026-June 2027	Parents Children Staff
Purchase classroom materials that include books, dramatic play materials, and gross motor equipment to support children's understanding of healthy eating and nutrition education.	September 2026-June 2027	Children
Purchase materials and supplies to enhance food experiences by tasting seasonal fruits and vegetables in the classrooms (5 sets to use in rotation at centers)	September 2026-June 2027	Children

Nutrition Education Resources

Project Title: Enhanced parent nutrition education program		
Description: The program will implement the Go, Grow, Glow evidence-based nutrition education curriculum program-wide. The curriculum includes family-focused lessons with topics on nutritional label literacy, understanding portion sizes, and recognizing the benefits of whole foods.		
Objective/Impact: The delivery of meaningful and engaging activities and family workshops will empower parents and caregivers to reinforce healthy eating habits and engage in their child's learning at home.		
Program Activities	Timeline	Target Participants
Purchase cooking and baking materials for use at parent education workshops/cooking demonstrations.	September 2026-June 2027	Parents
Schedule family engagement activities and nutrition experiences to be held at the centers.	September 2026-June 2027	Families
In conjunction with family events and workshops, offer family resources related to nutritional education.	September 2026-June 2027	Parents Families

Sacramento City Unified School District
Head Start Program
Budget Narrative
2026-2027

Supplies - \$40,000

Funds will be used to purchase items at all centers unless otherwise indicated. Raised garden beds with a fully installed irrigation system will be added to all 33 sites to provide hands-on nutrition learning opportunities for children and families for experiential learning through growing and harvesting produce. Supply purchases will include soil, seeds, flowerpots, hoses, and garden tools for raised beds, providing resources for gardening and nutrition education activities to increase access to fresh foods through experiential learning. Families will receive insulated reusable bags, aprons, cutting boards, tote shopping bags, cookbooks, and seasonal produce boxes as part of nutrition education initiatives, to support families' engagement in preparing nutritious and cost-efficient meals. Cooking and baking supplies, including ingredients and small prep tools, will be purchased for family workshops. Portable cooking equipment, including electric cooktops, blenders, tortilla presses, cutting boards, safety knives, and utensils, will be acquired to support classroom food experiences that meet recommendations for interactive nutrition education.

Non-Federal Share - \$10,000

The program will meet the non-federal share requirement through salaries funded by the California State Preschool Program (CSPP). For CSPP-funded staff, 55% of the salaries for teachers and instructional aides in the Wrap and 12-Month Full Day program, and 60% of the salaries for teachers and instructional aides in the 10-Month Full Day program, will be applied toward the non-federal share. Head Start Non-Federal Share will be \$10,000.

In-Direct Charges - \$1,900

The district's current in-direct cost rate of 4.76% is charged to all grant-funded programs. Head PI (\$1,900).

The United States Department of Education (ED) has approved a delegation agreement with the California Department of Education (CDE - State CSPP funding) that authorizes the CDE to establish indirect cost rates for California's local educational agencies (LEAs).



One-time Supplemental Funds for Nutrition and Healthy Eating for
Head Start Children and Families (ACF-OHS-PI-25-02)

PROGRAM NARRATIVE

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Sacramento City USD Head Start

Background: Sacramento USD Head Start operates center-based Head Start in 25 school sites. It has a Family Education Center that serves as a parent education hub for Head Start staff and parent training events. The agency will use the funds to purchase hands-on educational resources, such as classroom cooking supplies, nutrition education kits, gardening materials, and for training and other professional development opportunities.

Materials, Supplies, and Equipment

Project Title: Investing in resources to support integrated nutrition education.		
Description: Purchase of hands-on educational resources, to support the implementation of the Go, Grow, Glow curriculum in the classrooms, empowering educators to deliver engaging lessons on healthy eating.		
Objective/Impact: The funds will support students and educators with the tools and knowledge to make lifelong healthy choices.		
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In conjunction with family events and workshops, offer family resources related to nutritional education.	September 2026-June 2027	Parents Families

Sacramento City Unified School District
Early Head Start Program
Budget Narrative
2026-2027

Supplies \$25,000

Funds will be used to purchase items at all centers unless otherwise indicated. Raised garden beds with a fully installed irrigation system will be added to all 33 sites to provide hands-on nutrition learning opportunities for children and families for experiential learning through growing and harvesting produce. Supply purchases will include soil, seeds, flowerpots, hoses, and garden tools for raised beds, providing resources for gardening and nutrition education activities to increase access to fresh foods through experiential learning. Families will receive insulated reusable bags, aprons, cutting boards, tote shopping bags, cookbooks, and seasonal produce boxes as part of nutrition education initiatives, to support families' engagement in preparing nutritious and cost-efficient meals. Cooking and baking supplies, including ingredients and small prep tools, will be purchased for family workshops. Portable cooking equipment, including electric cooktops, blenders, tortilla presses, cutting boards, safety knives, and utensils, will be acquired to support classroom food experiences that meet recommendations for interactive nutrition education.

Non-Federal Share - \$6,548

The program will meet the non-federal share requirement through salaries funded by the California Center-Based Child Care and Development Program (CCTR). The 25% non-federal share requirement will be met through CCTR funding, which covers 25% of the annual salaries for three Early Head Start teachers, three Early Head Start instructional aides, and one Early Head Start coordinator. Early Head Start Non-Federal Share \$6,548.

In-Direct Charges - \$1,190

The district's current in-direct cost rate of 4.76% is charged to all grant-funded programs. The Early Head Start PI (\$1,190) grants.

The United States Department of Education (ED) has approved a delegation agreement with the California Department of Social Services (CDSS - State CCTR funding) that authorizes the California Department of Education (CDE) to establish indirect cost rates for California's local educational agencies (LEAs).

HEAD START/EARLY HEAD START GRANT APPLICATION GOVERNING BOARD APPROVAL
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On behalf of the SCUSD School Board I, Tara Jeane , School Board Chairperson, certify the School Board has approved the **SCUSD HS/EHS Grant Application One-time Supplemental Funds Application for Nutrition and Healthy Eating for Head Start Children and Families** for Fiscal Year 2026-2027 (August 1, 2026– July 31, 2027) at its meeting on October 9, 2026 . Attached is the sign-in sheet of attendees; minutes of the meeting are forthcoming.

Tara Jeane

Name

Signature

Date