

STPPS Open Enrollment

October 13 – November 20



Open Enrollment is Coming!

Open enrollment is the time to make changes to or enroll in medical coverage

Eligible employees (6, 7 and 8 hour employees) not currently enrolled in coverage

Employees making changes to existing coverage

No changes to health insurance? No action needed

Contact our Insurance Department for Required Health Insurance Forms to Make Changes

Tanya Montz 985-898-6423

Melissa Burris 985-898-3245

Jennifer Jenkins 985-898-6411

Renee Mothershead 985-898-6424

Additional Resources

- Review your 2026 Benefits Enrollment Guide to learn more about our Health Plans, Pharmacy, Employee Assistance Program and more
- Visit LA Blue's website to make sure you are registered to access your medical ID card, review claims, and search for providers. Download the new MyLABlue app today!
- Visit BalanceWithBlueLA.com to learn more about the wellness program

Coverage Tier	EMPLOYEE CONTRIBUTION	STPSB CONTRIBUTION	TOTAL PREMIUM
Employee Only	\$100.14	\$ 925.31	\$1,025.45
Employee + Spouse	\$444.73	\$ 1,814.33	\$2,259.06
Employee + Spouse (both employees)	\$139.33	\$ 2,119.73	\$2,259.06
Employee + Child(ren)	\$273.68	\$1,038.58	\$1,312.26
Employee + Family	\$492.62	\$1,929.38	\$2,422.00
Employee + Family (both employees)	\$174.16	\$2,247.84	\$2,422.00

Rates are subject to change with every fiscal year (July 1)

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Medical Benefits

Louisiana Blue Connect EPO/PPO Health Plan			
	EPO In-Network	PPO In-Network	Out-of-Network
Annual Deductible	\$600 Individual \$1,200 Family	\$800 Individual \$1,600 Family	\$800 Individual \$1,600 Family
Coinsurance after deductible	90%/10%	90%/10%	70%/30%
Annual Out-of-Pocket Maximum	\$2,500 Individual \$5,000 Family	\$2,750 Individual \$5,500 Family	\$2,750 Individual \$5,500 Family
Lifetime Max	Unlimited	Unlimited	Unlimited
Preventive Care	100%	100%	Not Covered
Office Visits Primary Care Urgent Care Specialist	\$25 copay \$40 copay \$35 copay	\$30 copay \$50 copay \$45 copay	30% after deductible 30% after deductible 30% after deductible
Emergency Room	10% after deductible	10% after deductible	10% after deductible
Hospital Services Outpatient Facility Diagnostic X-ray and Lab Inpatient Hospital / Delivery	10% after deductible 10% after deductible 10% after deductible	10% after deductible 10% after deductible 10% after deductible	30% after deductible 30% after deductible 30% after deductible
Mental Health and Substance Abuse Inpatient Outpatient Office Visit	10% after deductible \$35 copay	10% after deductible \$45 copay	30% after deductible 30% after deductible
	34-Day Supply Retail	90-Day Supply Mail Order	
Generic Drugs / Tier 1	\$15	\$30	
Preferred Brand / Tier 2	\$40	\$80	
Non-Preferred Brand / Tier 3	\$60	\$120	
Multi-Source Brand	\$75	\$150	

Maximum Out-of-Pocket (MOOP): \$5,150 single / \$10,300 family

The calendar year MOOP applies to pharmacy. Each individual family member must meet the single MOOP unless the family MOOP has been met by any two or more covered family members. Once met, your covered prescriptions are paid at 100%.



Welcome to MyLABlue

Your health insurance. Your way.

MyLABlue is Louisiana Blue's secure, personalized digital experience designed to help you manage your health insurance — anytime, anywhere. Whether you're on your laptop, phone or tablet, **MyLABlue** makes it easy to stay connected to your coverage.

You can access MyLABlue at lablue.com or by downloading the MyLABlue app. And for added convenience, you can link **MyLABlue** to your MyChart account, giving you one seamless place to manage your health and health insurance information.

Track your health insurance activity – View claims, benefits and deductibles in one place

Download your digital ID card – Keep your insurance card at your fingertips

Find providers – Search for in-network doctors

Assess costs – Get upfront estimates for medical care

Connect with support – Message securely with Louisiana Blue representatives

Check prior authorizations – View the status of certain medical requests

Share access – Allow family or caregivers to view your health info

Stay healthy – Sync fitness data, including from Apple Health

Download the MyLABlue app today!