



RAMAPO HIGH SCHOOL

Weekly Bulletin October 12-16th, 2026



Monday October 12th	Tuesday October 13th	Wednesday October 14th	Thursday October 15th	Friday October 16th
Day 3	Day 4	Day 1	Day 2	Day 3
PER 3: 8:20 - 9:16 AM	PER 4: 8:20 - 9:16 AM	PER 1: 8:20 - 9:16 AM	PER 2: 8:20 - 9:16 AM	PER 3: 8:20 - 9:16 AM
PER 4: 9:20 - 10:18 AM	PER 1: 9:20 - 10:18 AM	PER 2: 9:20 - 10:18 AM	PER 3: 9:20 - 10:18 AM	PER 4: 9:20 - 10:18 AM
PER 1: 10:22 - 11:18 AM	PER 2: 10:22 - 11:18 AM	PER 3: 10:22 - 11:18 AM	PER 4: 10:22 - 11:18 AM	PER 1: 10:22 - 11:18 AM
Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am
UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM
Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm
PER 5: 12:14 - 1:10 PM	PER 6: 12:14 - 1:10 PM	PER 7: 12:14 - 1:10 PM	PER 8: 12:14 - 1:10 PM	PER 5: 12:14 - 1:10 PM
PER 8: 1:14 - 2:10 PM	PER 5: 1:14 - 2:10 PM	PER 6: 1:14 - 2:10 PM	PER 7: 1:14 - 2:10 PM	PER 8: 1:14 - 2:10 PM
PER 7: 2:14 - 3:10 PM	PER 8: 2:14 - 3:10 PM	PER 5: 2:14 - 3:10 PM	PER 6: 2:14 - 3:10 PM	PER 7: 2:14 - 3:10 PM

Mark Your Calendar

- **October 14th - PSAT Testing for Grades 10 & 11**



Don't forget to
check out other
RHS news in
RAMPAGE
Click: [Rampage](#)

**ATHLETIC
SCHEDULES: Click
Athletics**



Follow Ramapo
Athletics on IG

Click: [RHS Athletics](#)





RAMAPO HIGH SCHOOL

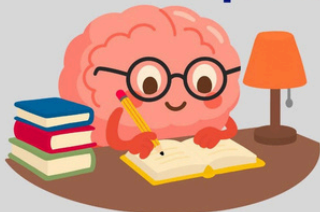
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NEED A TUTOR? WE CAN HELP!

Need help studying?
Want someone to read
over an essay?
Looking for help with an
assignment?

Scan the QR Code to
request a tutor.



Ramapo High School APTS & Ramapo Class of 2029
present

AN EVENING WITH MEDIUM CATHERINE MCCALL

JOIN PSYCHIC MEDIUM CATHERINE MCCALL FOR AN UPLIFTING AND
INSPIRING GROUP READING EXPERIENCE. IN THIS GALLERY-STYLE
EVENT, CATHERINE WILL CONNECT WITH LOVED ONES IN SPIRIT,
DELIVERING MESSAGES FILLED WITH COMPASSION, HEALING, AND
VALIDATION FROM THE OTHER SIDE.

DRAWING ON OVER 17 YEARS OF EXPERIENCE AS AN INTUITIVE
HEALER AND SPIRITUAL TEACHER, SHE CREATES A WARM, SUPPORTIVE
SPACE WHERE ATTENDEES MAY RECEIVE PERSONAL CONNECTIONS
AND FIND COMFORT IN THE MESSAGES SHARED. EACH MESSAGE IS
DELIVERED WITH HEARTFELT LOVE AND SERVES AS A REMINDER THAT
OUR LOVED ONES ARE ALWAYS NEAR.

ATTENDANCE DOES NOT GUARANTEE A READING.

**THIS EVENT IS INTENDED FOR ADULT MEMBERS OF THE COMMUNITY.
NO STUDENTS WILL BE PERMITTED TO ENTER.**

Details:

Thursday, October 29th, 2026

Doors open 6:00 PM

Reading begins 6:30 PM

Ramapo High School Media Center

331 George Street

Franklin Lakes, NJ

\$50 Per Person

<https://my.cheddarup.com/c/an-evening-with-medium-catherine-mccall-parent-2244/items>



2027 FACULTY ADVISORS & APTS PRESENT



OCTOBER 27, 2026

(RAINDATE OCTOBER 28, 2026)

7:00AM - 8:00AM

RAMAPO HIGH SCHOOL FOOTBALL FIELD

• DON'T FORGET TO WEAR YOUR SENIOR T-SHIRT •

OPEN TO ALL SENIORS.
LIGHT REFRESHMENTS WILL BE SERVED.

► Saturday 11/14/26
9am - 12pm

RAMAPO CARDBOARD CHALLENGE

► Open to FLOW students in grades K-8.
Engineer, Design, & Create
No Cost to Attend!
Parent/Guardian supervision required

Location:

Ramapo High School

331 George St.

Franklin Lakes

Use Main Entrance

Proceed to Cafeteria

Sponsored by

Ramapo UPED

Engineering Design Program





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Ramapo School Store



OPEN AT LUNCH

Located in the Library Media Center

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CLOTHING:

- Short Sleeve T-Shirt \$15
- Long Sleeve T-shirt \$25
- Sweatshirt/Hoodie \$40

CANDY:

- Candy Bar \$2
- Gum 2 for \$1

SPECIALTY ITEMS:

- Lip Balm \$1
- Hair ties \$1
- Shout Stain Remover \$1
- Bracelet \$5
- Phone Pocket \$5
- Magnets \$5
- Spirit Sticks 2 for \$8



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🎵 Interested in Jazz Music? Join the Ramapo Jazz Band! 🎵
Do you play Trumpet, Trombone, Saxophone, Drums, Piano, Guitar, or Mallet Percussion? Are you a Vocalist interested in performing with a live jazz ensemble?

Come learn more about the Ramapo Jazz Band at our Interest Meeting on Wednesday, October 21st @ 3:15 PM in the Band Room, Room 414.

Please fill out the attached Google Form before the first meeting: <https://forms.gle/FFC28bRbx597Z9Q38>

Auditions:

The week of November 4th. Exact audition dates will be determined after the interest meeting based on the number of students auditioning for each instrument.

Regular Rehearsals:

Every Wednesday, starting November 11th, from 7-9 PM, unless otherwise noted.

Have questions? See Mr. Sloezen in Room 414 or email Esloezen@rih.org.

Can't make the interest meeting but still want to audition? Reach out!

RIH SENIOR BUDDY PROGRAM

SENIORS: BE A PART OF THIS LUNCHTIME PROGRAM DEDICATED TO BUILDING MEANINGFUL CONNECTIONS WITH SPECIAL EDUCATION STUDENTS!

Buddies will spend one or more lunch periods multiple times a month with students in our special education programs—building genuine connections, breaking down barriers, celebrating differences, and ensuring that every student feels seen, valued, and truly part of our school family.

♦ **Mission-** to create a culture where inclusion is not just encouraged, but lived- one friendship at a time! ♦

[RIH Senior Buddy Program Survey](#)

Scan QR Code or go to link to fill out buddy form

REGISTER FOR BEST BUDDIES!

WHAT IS BEST BUDDIES?

BEST BUDDIES® IS A NONPROFIT 501 (C)(3) ORGANIZATION DEDICATED TO ESTABLISHING A GLOBAL VOLUNTEER MOVEMENT THAT CREATES OPPORTUNITIES FOR ONE-TO-ONE FRIENDSHIPS, INTEGRATED EMPLOYMENT AND LEADERSHIP DEVELOPMENT FOR PEOPLE WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES (IDD).

BEST BUDDIES AT RAMAPO HS

THE BEST BUDDIES SCHOOL FRIENDSHIP PROGRAM IS A CLUB THAT PROMOTES INCLUSION ON CAMPUS BY PAIRING STUDENTS WITH AND WITHOUT INTELLECTUAL AND DEVELOPMENTAL DISABILITIES IN ONE-TO-ONE FRIENDSHIPS. EACH MONTH FEATURES FUN ACTIVITIES AND EVENTS, PLUS OPPORTUNITIES FOR LEADERSHIP, CREATIVITY, AND INCLUSION!

HOW CAN I JOIN?!

YOU CAN SIGN UP TODAY!
SCAN THIS QR CODE
OR VISIT WWW.BESTBUDDIES.ORG/JOIN

JOIN OUR SCHOOLGY GROUP!
USE THIS CODE TO JOIN: **WRH9 - RTMK-QTQ46**



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SEPTEMBER IS SUICIDE PREVENTION MONTH

TEXT 988

988 Suicide & Crisis Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

It's okay to ask for help



Ms. Mantashian, SAC & Mrs. Cornell, SAC
jmantashian@rih.org & rcornell@rih.org



SIGN UP TO RACE

RAISE MONEY FOR CLASS OF 2030!

SUNDAY

DECEMBER | 6 | 9:30AM

RACE LOCATION: OVERPECK PARK
RIDGEFIELD PARK, NJ

\$10 PER ENTRY WILL GO TOWARDS
CLASS OF 2030

JOIN TEAM: RAMPAPOHS

FIRST 20 GET A FREE PAIR OF SOCKS



asics



PARENT STUDENT 5K TRAINING PROGRAM
RAISE MONEY FOR RAMAPO CLASS OF 2030

8 WEEK 5K TRAINING PROGRAM

BEGINS: OCT. 12, 2026

RACE DAY: DEC. 6, 2026 OVERPECK
PARK

\$20 PER SIGN FOR TRAINING PROGRAM, \$10 PER SIGN UP FOR RACE
REGISTRATION

BACK TO CLASS OF 2030

SIGN UP HERE



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Anyone interesting in Fencing for the 2026-27 Winter Season?

There will be an interest meeting (for both the Boys and Girls) in Room 705 on 10/15 (Thursday), at 3:30.



**Ramapo APTS Parent Memberships
2026-2027**

<https://mycheddarup.com/c/2026-2027-apt-s-memberships.copy2627/items>

[Join the APTS! Click Here](#)