



Hoke County Breakfast Menus for October 2026

SandHoke EC

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 Sausage Biscuit Assorted Cereals Strawberry Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	October 2 Breakfast Pizza Assorted Cereals Diced Pears Assorted Juice Lowfat or Fat Free Milk
October 5 Maple Pancake Minis Assorted Cereals Diced Peaches Assorted Juice Lowfat or Fat Free Milk	October 6 Chicken Pancake Sausage Sandwich Assorted Cereals Mixed Fruit Assorted Juice Lowfat or Fat Free Milk	October 7 Super Cruller Assorted Cereals Mandarin Oranges Assorted Juice Lowfat or Fat Free Milk	October 8 Chicken Biscuit Assorted Cereals Strawberry Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	October 9 Chicken & Waffle Sandwich Assorted Cereals Diced Pears Assorted Juice Lowfat or Fat Free Milk
October 12 	October 13 	October 14 Chocolate Chip Muffin Assorted Cereals Mandarin Oranges Assorted Juice Lowfat or Fat Free Milk	October 15 Breakfast Pizza Assorted Cereals Strawberry Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	October 16 Apple Cinnamon Muffin Assorted Cereals Diced Pears Assorted Juice Lowfat or Fat Free Milk
October 19 	October 20 Belgian Waffle Assorted Cereals Diced Peaches Assorted Juice Lowfat or Fat Free Milk	October 21 Dunkin Stix Assorted Cereals Mandarin Oranges Assorted Juice Lowfat or Fat Free Milk	October 22 Sausage Biscuit Assorted Cereals Strawberry Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	October 23 Breakfast Pizza Assorted Cereals Diced Pears Assorted Juice Lowfat or Fat Free Milk
October 26 Maple Pancake Mini Assorted Cereals Diced Peaches Assorted Juice Lowfat or Fat Free Milk	October 27 Chicken Pancake Sausage Sandwich Assorted Cereals Mixed Fruit Assorted Juice Lowfat or Fat Free Milk	October 28 Super Cruller Assorted Cereals Mandarin Oranges Assorted Juice Lowfat or Fat Free Milk	October 29 Chicken Biscuit Assorted Cereals Strawberry Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	October 30 Blueberry Donut Holes Assorted Cereals Diced Pears Assorted Juice Lowfat or Fat Free Milk





Hoke County Lunch Menus for October 2026

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Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 General Tso's Chicken Chef Salad w/ Grilled Chicken w/Breadstick Fiesta Pizza Stir Fry Vegetable Vegetable Fried Rice Candied Yams Mandarin Oranges, Mixed Fruit 100% Fruit Juice Box Garlic Knots Low-fat or Fat Free Milk	October 2 Sloppy Joe on Bun Hot Dog on Bun 6" Round Cheese Pizza Baked Beans Seasoned Sweet Potato Fries *Watermelon and Canteloupe Mixed Fruit 100% Vegetable Juice Box Low-fat or Fat Free Milk
October 5 Chicken Fillet on Bun 4X6 Cheese Pizza Meatball Sub Steamed Broccoli Seasoned Potato Rounds *Fresh NC Apples Slices Mandarin Oranges 100% Fruit Juice Box Low-fat or Fat-Free Milk	October 6 Beef Taco on Soft Shell Chef Salad w/Boiled Egg w/Garlic Breadstick 6" Round Cheese Pizza Black Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Pineapple Tidbits *Fresh Asian Pears 100% Vegetable Juice Box Low-fat or Fat-Free Milk	October 7 Pork Riblet on Bun Chicken Quesadilla Deep Dish Pepperoni Pizza Green Beans, Sweet Potato Fries Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Diced Peaches Mixed Fruit 100% Fruit Juice Box Low-fat or Fat Free Milk	October 8 Asian Zing Meatballs Chef Salad w/Grilled Chicken w/Garlic Breadstick French Bread Cheese Pizza *Fresh NC Steamed Cabbage Candied Yams *NC Heirloom Rice Strawberry Cup, Diced Peaches 100% Vegetable Juice Box Garlic Breadstick Low-fat or Fat-Free Milk	October 9 Cheeseburger on Bun Hot Dog on Bun Honey Sirracha Boneless Wings Baked Beans Seasoned Potato Tots Mixed Berry Fruit Cup Peach Cup 100% Fruit Juice Box Low-fat or Fat-Free Milk
October 12 	October 13 	October 14 Beefy Nachos w/Chips Chicken Wrap Stuff Crust Pepperoni Pizza Green Beans Buttered Corn *Fresh NC Sliced Bagged Apples Diced Peaches 100% Vegetable Juice Box Low-fat or Fat Free Milk	October 15 Oven Roasted Chicken Chef Salad w/Boiled Egg w/Dinner Roll Fiesta Pizza *NC Fresh Steamed Cabbage *NC Fresh Baked Sweet Potato Spiced Peaches Pineapple Tidbits 100% Fruit Juice Box Dinner Roll Low-fat or Fat Free Milk	October 16 Corn Dog Veggie Burger on Bun 6" Round Pepperoni Pizza Seasoned Sweet Potato Fries Baked Beans *Fresh NC Apples Wedges Mixed Berry Fruit Cup 100% Vegetable Juice Box Low-fat or Fat Free Milk
October 19 	October 20 Soft Shell Beef Taco Chef Salad w/Boiled Egg w/Garlic Breadstick Deep Dish Cheese Pizza Black Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Pineapple Tidbits Diced Peaches 100% Vegetable Juice Box Low-fat or Fat-Free Milk	October 21 Meaball Sub Chicken Quesadilla Mandarin Orange Chicken Green Beans Steamed Carrots Diced Pears Mixed Fruit 100% Fruit Juice Box Low-fat or Fat-Free Milk	October 22 Chicken and Rice Chef Salad w/Grilled Chicken Fillet w/Garlic Breadstick 4X6 Cheese Pizza Steamed Broccoli, Candied Yams Mandarin Oranges Diced Pears 100% Vegetable Juice Box Garlic Breadstick Low-fat or Fat Free Milk	October 23 Hot Dog on Bun French Bread Cheese Pizza Honey Sirracha Boneless Wings Baked Beans Seasoned French Fries Chili, Coleslaw Mixed Berry Fruit Cup Peach Cup 100% Fruit Juice Box Low-Fat or Fat- Free Milk
October 26 Chicken Nuggets Corn Dog Nuggets Stuff Crust Cheese Pizza Steamed Broccoli Mashed Potatoes Sliced Peaches Diced Pears 100% Vegetable Juice Box Garlic Knot Low-fat or Fat Free Milk	October 27 Chicken Quesadilla Taco Chef Salad w/Chips 6" Round Pepperoni Pizza Pinto Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa *Fresh NC Sliced Apples Diced Pears 100% Fruit Juice Box Low-fat or Fat-Free Milk	October 28 Spaghetti *NC Ground Beef Meatsauce Hamburger on Bun 4X6 Cheese Pizza Mixed Vegetables Steamed Carrots Mixed Fruit Peach Cup Wild Mike's Cheesy Bites 100% Vegetable Juice Bos Low-fat or Fat Free Milk	October 29 Oven Roasted Chicken Chef Salad w/Boiled Egg w/Dinner Roll Deep Dish Pepperoni Pizza *Fresh NC Steamed Cabbage *NC Fresh Baked Sweet Potato Spiced Peaches Mandarin Oranges 100% Fruit Juice Box Dinner Roll Low-fat or Fat-Free Milk	October 29 Chicken Barbeque on Bun Corn Dog Stuff Crust Cheese Pizza Coleslaw Baked Beans Seasoned French Fries *Fresh Apple Wedges Peach Cup 100% Vegetable Juice Box Low-fat or Fat Free Milk

