Hoke County Breakfast Menus for October 2026

High School

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 Sausage Biscuit Assorted Cereals Strawberry Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	**October 2** Breakfast Pizza Assorted Cereals Diced Pears Assorted Juice Lowfat or Fat Free Milk
October 5 Maple Pancake Mini Assorted Cereals Diced Peaches Assorted Juice Lowfat or Fat Free Milk	**October 6** Chicken Pancake Sausage Sandwich Assorted Cereals Mixed Fruit Assorted Juice Lowfat or Fat Free Milk	**October 7** Super Cruller Assorted Cereals Mandarin Oranges Assorted Juice Lowfat or Fat Free Milk	**October 8** Chicken Biscuit Assorted Cereals Strawberry Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	**October 9** Blueberry Donut Holes Assorted Cereals Diced Pears Assorted Juice Lowfat or Fat Free Milk
October 12 Breakfast Bagel Assorted Cereals Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	**October 13** Cherry Strudel Stick Assorted Cereals Diced Peaches Assorted Juice Lowfat or Fat Free Milk	**October 14** Chocolate Chip Muffin Assorted Cereals Mandarin Oranges Assorted Juice Lowfat or Fat Free Milk	**October 15** Breakfast Pizza Assorted Cereals Strawberry Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	**October 16** Apple Cinnamon Muffin Assorted Cereals Diced Pears Assorted Juice Lowfat or Fat Free Milk
October 19 	**October 20** Belgian Waffle Assorted Cereals Diced Peaches Assorted Juice Lowfat or Fat Free Milk	**October 21** Dunkin Stix Assorted Cereals Mandarin Oranges Assorted Juice Lowfat or Fat Free Milk	**October 22** Sausage Biscuit Assorted Cereals Strawberry Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	**October 23** Breakfast Pizza Assorted Cereals Diced Pears Assorted Juice Lowfat or Fat Free Milk
October 26 Maple Pancake Mini Assorted Cereals Diced Peaches Assorted Juice Lowfat or Fat Free Milk	**October 27** Chicken Pancake Sausage Sandwich Assorted Cereals Mixed Fruit Assorted Juice Lowfat or Fat Free Milk	**October 28** Super Cruller Assorted Cereals Mandarin Oranges Assorted Juice Lowfat or Fat Free Milk	**October 29** Chicken Biscuit Assorted Cereals Strawberry Applesauce Cup Assorted Juice Lowfat or Fat Free Milk	**October 30** Blueberry Donut Holes Assorted Cereals Diced Pears Assorted Juice Lowfat or Fat Free Milk

This institution is an equal opportunity provider.
https://www.dpi.nc.gov/districts-schools/district-operations/school-nutrition

Hoke County Lunch Menus for October 2026

High School

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 General Tso's Chicken Chef Salad w/ Grilled Chicken w/Breadstick Fiesta Pizza Stir Fry Vegetable Vegetable Fried Rice Candied Yams Mandarin Oranges, Mixed Fruit Garlic Knots Low-fat or Fat Free Milk	**October 2** Sloppy Joe on Bun Hot Dog on Bun 6" Round Cheese Pizza Baked Beans Seasoned Sweet Potato Fries ***Watermelon and Canteloupe** Mixed Fruit 100% Vegetable Juice Box Low-fat or Fat Free Milk
October 5 Chicken Fillet on Bun 4X6 Cheese Pizza Meatball Sub Steamed Broccoli Seasoned Potato Rounds ***Fresh NC Apple Slices** Mandarin Oranges 100% Fruit Juice Box Low-fat or Fat-Free Milk	**October 6** Beef Taco on Soft Shell Chef Salad w/Boiled Egg w/Garlic Breadstick 6" Round Cheese Pizza Black Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Pineapple Tidbits ***Fresh Asian Pears** Low-fat or Fat-Free Milk	**October 7** Pork Riblet on Bun Chicken Quesadilla Deep Dish Pepperoni Pizza Green Beans, Sweet Potato Fries Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Diced Peaches Mixed Fruit 100% Fruit Juice Box Low-fat or Fat Free Milk	**October 8** Asian Zing Meatballs Chef Salad w/Grilled Chicken w/Garlic Breadstick French Bread Cheese Pizza ***Fresh NC Steamed Cabbage** Candied Yams ***NC Heirloom Rice** Strawberry Cup, Diced Peaches Garlic Breadstick Low-fat or Fat-Free Milk	**October 9** Cheeseburger on Bun Hot Dog on Bun Honey Sirracha Boneless Wings Baked Beans Seasoned Potato Tots Mixed Berry Fruit Cup Peach Cup 100% Vegetable Juice Box Low-fat or Fat-Free Milk
October 12 Chicken Tenders Stuff Crust Cheese Pizza Steamed Broccoli Mashed Potatoes Mixed Fruit Pineapple Tidbits Dinner Roll Low-fat or Fat-Free Milk	**October 13** Chicken Fajita on Soft Shell Chef Salad w/Chicken Fajita w/Tortilla Shell Hamburger on Bun Pinto Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Pineapple Tidbits Diced Peaches 100% Fruit Juice Box Low-fat or Fat-Free Milk	**October 14** Beefy Nachos w/Chips Chicken Wrap Stuff Crust Pepperoni Pizza Green Beans Steamed Carrots ***Fresh NC Sliced Apples** Diced Peaches Low-fat or Fat Free Milk	**October 15** Oven Roasted Chicken Chef Salad w/Boiled Egg w/Dinner Roll Fiesta Pizza ***NC Fresh Steamed Cabbage** ***NC Fresh Baked Sweet Potato** Spiced Peaches Pineapple Tidbits 100% Vegetable Juice Box Dinner Roll Low-fat or Fat Free Milk	**October 16** Corn Dog Veggie Burger on Bun 6" Round Pepperoni Pizza Seasoned Sweet Potato Fries Baked Beans ***Fresh NC Apples Wedges** Mixed Berry Fruit Cup Low-fat or Fat Free Milk
October 19 	**October 20** Soft Shell Beef Taco Chef Salad w/Boiled Egg wGarlic Breadstick Deep Dish Cheese Pizza Black Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Pineapple Tidbits Diced Peaches Low-fat or Fat-Free Milk	**October 21** Meaball Sub Chicken Quesadilla Mandarin Orange Chicken Green Beans Steamed Carrots Diced Pears Mixed Fruit 100% Fruit Juice Box Garlic Breadstick Low-fat or Fat-Free Milk	**October 22** Chicken and Rice Chef Salad w/Grilled Chicken Fillet w/Garlic Breadstick 4X6 Cheese Pizza Steamed Broccoli, Candied Yams Mandarin Oranges Diced Pears Garlic Breadstick Low-fat or Fat Free Milk	**October 23** Hot Dog on Bun French Bread Cheese Pizza Honey Sirracha Boneless Wings Baked Beans Seasoned French Fries Chili, Coleslaw Peach Cup Mixed Berry Fruit Cup 100% Vegetable Juice Box Low-Fat or Fat- Free Milk
October 26 Chicken Nuggets Corn Dog Nuggets Stuff Crust Cheese Pizza Steamed Broccoli Mashed Potatoes Sliced Peaches Diced Pears Garlic Knot Low-fat or Fat Free Milk	**October 27** Chicken Quesadilla Taco Chef Salad w/Chips 6" Round Pepperoni Pizza Pinto Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa ***Fresh NC Sliced Apples** Diced Pears 100% Vegetable Juice Box100% Fruit Juice Box Low-fat or Fat-Free Milk	**October 28** Spaghetti ***NC Ground Beef Meatsauce** Hamburger on Bun 4X6 Cheese Pizza Mixed Vegetables Steamed Carrots Mixed Fruit Peach Cup Wild Mike's Cheesy Bites Low-fat or Fat Free Milk	**October 29** Oven Roasted Chicken Chef Salad w/Boiled Egg w/Dinner Roll Deep Dish Pepperoni Pizza ***Fresh NC Steamed Cabbage** ***NC Fresh Baked Sweet Potato** Spiced Peaches Mandarin Oranges 100% Fruit Juice Box Dinner Roll Low-fat or Fat-Free Milk	**October 30** Chicken Barbeque on Bun Corn Dog Stuff Crust Cheese Pizza Coleslaw Baked Beans Seasoned French Fries ***Fresh Apple Wedges** Peach Cup Low-fat or Fat Free Milk