



Hoke County Breakfast Menus for October 2026

Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 Sausage Biscuit Blueberry Donut Holes Assorted Cereals Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 2 Breakfast Pizza Honey Bun Assorted Cereals Diced Pears Assorted Juice Low-fat or Fat Free Milk
October 5 Ham & Cheese Croissant Maple Pancake Minis Assorted Cereals Diced Peaches Assorted Juice Low-fat or Fat Free Milk	October 6 Chicken Pancake Sausage Sandwich Powdered Donut Holes Assorted Cereals Mixed Fruit Assorted Juice Low-fat or Fat Free Milk	October 7 Super Cruller Pancake on Stick Assorted Cereals Mandarin Oranges Assorted Juice Low-fat or Fat Free Milk	October 8 Chicken Biscuit Mini Churro Bites Assorted Cereals Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 9 Chicken Waffle Sandwich Blueberry Donut Holes Assorted Cereals Diced Pears Assorted Juice Low-fat or Fat Free Milk
October 12 Breakfast Bagel Cinnamon Roll Assorted Cereals Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 13 Cinnamon Texas Toast Cherry Strudel Stick Assorted Cereals Diced Peaches Assorted Juice Low-fat or Fat Free Milk	October 14 Chocolate Chip Muffin Mini Powdered Donuts Assorted Cereals Mandarin Oranges Assorted Juice Low-fat or Fat Free Milk	October 15 Breakfast Pizza Apple Strudel Assorted Cereals Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 16 Apple Cinnamon Muffin Blueberry Donut Holes Assorted Cereals Diced Pears Assorted Juice Low-fat or Fat Free Milk
October 19 	October 20 Belgian Waffle Powdered Donut Holes Assorted Cereals Diced Peaches Assorted Juice Low-fat or Fat Free Milk	October 21 Dunkin Stix Mini Cinnamon Rolls Assorted Cereals Mandarin Oranges Assorted Juice Low-fat or Fat Free Milk	October 22 Sausage Biscuit Blueberry Donut Holes Assorted Cereals Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 23 Breakfast Pizza Honey Bun Graham Crackers Diced Pears Assorted Juice Low-fat or Fat Free Milk
October 26 Ham & Cheese Croissant Maple Pancake Mini Assorted Cereals Diced Peaches Assorted Juice Low-fat or Fat Free Milk	October 27 Chicken Pancake Sausage Sandwich Powdered Donut Holes Assorted Cereals Mixed Fruit Assorted Juice Low-fat or Fat Free Milk	October 28 Super Cruller Pancake on Stick Assorted Cereals Mandarin Oranges Assorted Juice Low-fat or Fat Free Milk	October 29 Chicken Biscuit Mini Churro Bites Assorted Cereals Strawberry Applesauce Cup Assorted Juice Low-fat or Fat Free Milk	October 30 Blueberry Donut Holes Chicken Waffle Sandwich Assorted Cereals Diced Pears Assorted Juice Low-fat or Fat Free Milk





Hoke County Lunch Menus for October 2026

Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
			October 1 General Tso's Chicken Chef Salad w/ Grilled Chicken w/Garlic Knot Fiesta Pizza Stir Fry Vegetables Vegetable Fried Rice Mandarin Oranges Garlic Knots Low-fat or Fat-Free Milk	October 2 Sloppy Joe on Bun 6" Round Cheese Pizza Corn Dog Baked Beans Sweet Potato Fries <i>*Fresh Watermelon and Canteloupe</i> Low-fat or Fat Free Milk
October 5 Chick Fillet on Bun 4X6 Cheese Pizza Meatball Sub Steamed Broccoli Seasoned Potato Rounds <i>*Fresh NC Apple Slices</i> Low-fat or Fat-Free Milk	October 6 Beef Taco on Soft Shell Chef Salad w/Boiled Egg w/Garlic Breadstick Corn Dog Black Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa <i>*Fresh NC Asian Pears</i> Low-fat or Fat-Free Milk	October 7 Pork Riblet on Bun Chicken Quesadilla Veggie Burger on bun Green Beans Sweet Potato Fries Diced Peaches Low-fat or Fat-Free Milk	October 8 Asian Zing Meatballs Chef Salad w/Grilled Chicken Fillet w/Garlic Breadstick Grilled Chicken Wrap <i>*Fresh NC Steamed Cabbage</i> Candied Yams <i>*NC Heirloom Rice</i> Mandarin Oranges Garlic Breadstick Low-fat or Fat-Free Milk	October 9 Cheeseburger on Bun Hot Dog on Bun Honey Siracha Boneless Wings Baked Beans Seasoned Potato Tots Mixed Berry Fruit Cup Low-fat or Fat-Free Milk
October 12 Chicken Tenders Stuff Crust Cheese Pizza Corn Dog Steamed Broccoli Mashed Potatoes Mixed Fruit Dinner Roll Low-fat or Fat-Free Milk	October 13 Chicken Fajita on Soft Shell Chef Salad w/Chicken Fajita w/Tortilla Shell Hamburger on Bun Pinto Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Pineapple Tidbits Low-fat or Fat-Free Milk	October 14 Beefy Nachos w/Chips Chicken Wrap Meatball Sub Green Beans Steamed Carrots <i>*Fresh NC Sliced Bagged Apples</i> Low-fat or Fat-Free Milk	October 15 Oven Roasted Chicken Chef Salad w/Boiled Egg w/Dinner Roll Chicken Quesadilla <i>*Fresh NC Steamed Cabbage</i> <i>*NC Fresh Baked Sweet Potato</i> Spiced Peaches Dinner Roll Low-fat or Fat-Free Milk	October 16 Cheeseburger on Bun Hot Dog on Bun Pork Riblet on Bun Seasoned Sweet Potato Fries Baked Beans <i>*Fresh NC Apples Wedges</i> Low-fat or Fat-Free Milk
October 19 	October 20 Beef Taco on Soft Shell Chef Salad w/Boiled Egg w/Garlic Breadstick Chicken Quesadilla Black Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa Pineapple Tidbits Low-fat or Fat-Free Milk	October 21 Meatball Sub Chicken Quesadilla Mandarin Orange Chicken Steamed Broccoli Steamed Carrots Diced Pears Garlic Breadstick Low-fat or Fat-Free Milk	October 22 Chicken and Rice Chef Salad w/Chicken Nugget w/Garlic Breadstick Hamburger on Bun Stir Fry Vegetables, Candied Yams Chow Mein Noodles Mandarin Oranges Garlic Breadstick Low-fat or Fat-Free Milk	October 23 Hot Dog on Bun French Bread Cheese Pizza Honey Siracha Boneless Wings Baked Beans Seasoned French Fries Chili, Coleslaw Mixed Berry Fruit Cup Low-Fat or Fat- Free Milk
October 26 Chicken Nuggets Corn Dog Nuggets Cheeseburger on Bun Steamed Broccoli Mashed Potatoes Sliced Peaches Garlic Knot Low-fat or Fat-Free Milk	October 27 Chicken Quesadilla Chef Salad w/ Taot Salad w/ Chips Grilled Chicken Wrap Pinto Beans, Buttered Corn Grated Cheese, Shredded Lettuce Diced Tomatoes, Salsa <i>*Fresh NC Sliced Bagged Apples</i> Low-fat or Fat-Free Milk	October 28 Spaghetti <i>*NC Ground Beef Meatsauce</i> Hamburger on Bun Cheeseburger on Bun Mixed Vegetables Steamed CARrots Diced Pears Wild Mike's Cheesy Bites Low-fat or Fat-Free Milk	October 29 Oven Roasted Chicken Chef Salad w/Boiled Egg w/Dinner Roll Chicken Quesadilla <i>*Fresh NC Steamed Cabbage</i> <i>*NC Fresh Baked Sweet Potato</i> Spiced Peaches Dinner Roll Low-fat or Fat-Free Milk	October 30 Chicken Barbeque on Bun Corn Dog Nuggets Pork Riblet on Bun Baked Beans Seasoned French Fries Coleslaw <i>*Fresh Apple Wedges</i> Low-fat or Fat Free Milk

