



Welcome to 6th Grade Basketball



*****First Week Practice Times: Monday, November 2 @ 6:30pm - 7:30pm & Thursday,
November 5 @ 7:00pm - 8:00pm**

***Please make sure to join the SportsYou **app** using the code: **3FDJ-BJV4**. This is where we will share important information and updates throughout the season, including the season schedule and practice schedules!

Coaching Staff:

- Kendall Bergrud: 323-4650 or kendall_bergrud@bismarckschools.org
- Joey Mills: 323-4550 or joseph_patchenmills@bismarckschools.org

Coaching Philosophy:

Our focus this year will be on teaching basic skills, playing the game correctly, working hard, teamwork, having fun, and exhibiting good sportsmanship.

Teams:

As coaches, our goal is to place athletes on teams where they will have the best opportunity to grow, develop their skills, and experience success while competing. We hope to have athletes placed on their teams and working with their assigned coach by the second week of practice.

Expectations:

- Attend practices regularly, we understand many of you are involved in other activities. If you need to miss practice, please provide communication, we will be glad to work around other activity schedules.
- Please be on time for practices and games at least 15 minutes prior to game start.
- Please make sure you have rides arranged to practice and for **prompt** pick-up following practice. The school will not provide transportation to and from games.
- **We kindly ask that parents remain outside the gymnasium during practices to help minimize distractions and allow athletes to stay focused, engaged, and make the most of their practice time.**

Eligibility

- Eligibility follows middle school policy.

Physical, consent forms, and fees:

- All players **MUST** register online at <https://tinyurl.com/5dk34krx>
 - This can be accessed from the WMS Activities web page. A physical DOES NOT need to be uploaded.
- As you register within Arbiter Sports you will fill out all necessary forms.
- Activity fee of \$20 must be paid before the first game.
 - Pay online using MyPaymentsPlus at <https://www.mypaymentsplus.com/>

Practice and Game schedule:

- The season begins November 2, 2026
- Practices are usually 2 times weekly for approximately 1 hour. If your athlete is going to be absent please let your coach know.
- Detailed practice and game schedules will be handed out during practice and posted on SportYou once it is finalized.