

Monday

Tuesday

Wednesday

Thursday

Friday



5

ASSORTED COLD CEREALS
HOUSEMADE EGG BITES
BANANA BREAD MINI LOAF
FRESH SEASONAL FRUIT
MILK

6

ASSORTED COLD CEREALS
CINNAMON ROLL
HARD BOILED EGG
FRESH SEASONAL FRUIT
MILK

7

ASSORTED COLD CEREALS
MAPLE WAFFLES
CHICKEN SAUSAGE
FRESH SEASONAL FRUIT
MILK

8

ASSORTED COLD CEREALS
BANANA SPLIT YOGURT
WITH GRANOLA
FRESH BERRIES
FRESH SEASONAL FRUIT
MILK

9

ASSORTED COLD CEREALS
BUTTERMILK PANCAKES
VERMONT MAPLE SYRUP
TURKEY HAM SLICE
FRESH SEASONAL FRUIT
MILK

12

ASSORTED COLD CEREALS
MINI CROISSANT
SCRAMBLED EGGS
FRESH SEASONAL FRUIT
MILK

13

ASSORTED COLD CEREALS
LOW SUGAR YOGURT
GRANOLA
FRESH SEASONAL FRUIT
MILK

14

ASSORTED COLD CEREALS
KASI CRUNCH CEREAL POUCH
FRESH SEASONAL FRUIT
MILK

15

ASSORTED COLD CEREALS
BREAKFAST SMOOTHIE
FRESH SEASONAL FRUIT
MILK

16

ASSORTED COLD CEREALS
FRENCH TOAST
FRESH SEASONAL FRUIT
MILK

19

ASSORTED COLD CEREALS
EGGSTRAVAGANZA
MINI BAGEL
FRESH SEASONAL FRUIT
MILK

20

ASSORTED COLD CEREALS
YOGURT, BERRIES, GRANOLA
FRESH SEASONAL FRUIT
MILK

21

ASSORTED COLD CEREALS
BLUEBERRY MUFFIN
COTTAGE CHEESE
FRESH SEASONAL FRUIT
MILK

22

ASSORTED COLD CEREALS
CHEESE OMLETTE
FRESH SEASONAL FRUIT
MILK

23

**STAFF WORKDAY
NO STUDENTS**

26

ASSORTED COLD CEREALS
EGG BREAKFAST WRAP
FRESH SEASONAL FRUIT
MILK

27

ASSORTED COLD CEREALS
CINNAMON RAISIN TOAST
SCRAMBLED EGGS
FRESH SEASONAL FRUIT
MILK

28

ASSORTED COLD CEREALS
LOW SUGAR GREEK YOGURT
GRANOLA
FRESH BERRIES
MILK

29

ASSORTED COLD CEREALS
PUMPKIN MINI MUFFIN
STRING CHEESE
FRESH BERRIES
MILK

30

ASSORTED COLD CEREALS
EGG PATTY ON
TOASTED ENGLISH MUFFIN
FRESH MELON
MILK

MENU SUBJECT TO CHANGE

ALL MEALS INCLUDE: PROTEIN ENTRÉE, WHOLE GRAINS AND FRESH FRUIT

CHOICE OF MILK: LOW-FAT, SOY OR ALMOND MILK

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER