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Please check the District Website, Food Services Tab to learn more.

*Sign Up for Schoolcafe.com to apply for free/reduced meals, Look up nutritionals & make payments. Set up an account to receive low balance alerts.*



## Fleetwood Area School District Middle School Lunch Menu October 2026



### Meal Prices

**Breakfast**

Student -Free

**Lunch**

Student -\$3.15

Adult - \$ 3.00

Adult - \$4.85

\*\* Menu Subject to Change\*\*

| WEEKLY ALTERNATE ENTREE                                                                                                                                                                                                                                                                                                                         | Monday<br>5-Oct                                                                                       | Tuesday<br>6-Oct                                                                                                     | Wednesday<br>7-Oct                                                                                       | Thursday<br>8-Oct                                                                                                       | Friday<br>9-Oct                                                                                                                                                                                                            |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Deli Hoagie-</b> Turkey, Ham, Italian (Rotating Daily)<br><br><b>Yogurt Meal:</b> Yogurt, String Cheese, WG Muffin, Graham Crackers<br><br><b>PB &amp; J Meal:</b> Pb&J Uncrustable, String Cheese, Graham Crackers                                                                                                                          | <b>A. Chicken Nuggets</b><br><b>B. French Bread Pizza</b><br><br>Sweet potato Puffs<br>Daily Veggie   | <b>A. Brunch for Lunch:</b> French Toast Sticks w/Sausage Links<br><b>B. Pizza</b><br><br>Daily Veggie<br>Hash Brown | <b>A. Hot Ham &amp; Cheese on Pretzel Roll</b><br><b>B. Hot Dogs</b><br><br>Daily Veggie<br>Waffle Fries | <b>A. Sweet &amp; Sour Chicken w/Rice</b><br><b>B. Chicken Patty</b><br><br>Oriental Blend Veggies<br>Fortune Cookie    | <b>A. Mini Pizza Bagels</b><br><b>B. Chix Quesadilla</b><br><br>Potato Squares<br>Daily Veggie                                                                                                                             |
| <b>Offered Daily:</b><br><b>Fresh Fruits and Vegetables</b><br><b>100% Fruit Juice</b>                                                                                                                                                                                                                                                          | 12-Oct                                                                                                | 13-Oct                                                                                                               | 14-Oct                                                                                                   | 15-Oct                                                                                                                  | 16-Oct                                                                                                                                                                                                                     |
| <b>Fruit Options*</b><br>Apples, Bananas, Peaches, Pears, Grapes, Oranges, Pineapple, Applesauce, Fruit Cocktail<br><br><br><b>Daily Vegetable *</b><br>Corn, Carrots, Green Beans, Broccoli, Cauliflower<br><br>** Fruit & Daily Vegetable will rotate daily, | No School                                                                                             | <b>A. Chicken Bac Ranch on Bun</b><br><b>B. Ch. Burger</b><br><br>French Fries<br>Celery & Carrots w/dip             | <b>A. Penne Pasta w/ Meatballs</b><br><b>B. BBQ Rib Sand</b><br><br>Garlic Toast<br>Side salad           | <b>A. Beef Tacos</b><br><b>B. Chix Quesadilla</b><br><br>Cilantro Lime Rice<br>Fiesta beans<br>LTO<br>Sour cream, salsa | <b>A. Grilled Cheese &amp; Tomato Soup</b><br><b>B. Hot Dog</b><br><br>Side Salad<br>Daily Veggie                                                                                                                          |
|                                                                                                                                                                                                                                                                                                                                                 | 19-Oct                                                                                                | 20-Oct                                                                                                               | 21-Oct                                                                                                   | 22-Oct                                                                                                                  | 23-Oct                                                                                                                                                                                                                     |
|                                                                                                                                                                                                                                                                                                                                                 | <b>A. Mac &amp; Cheese</b><br><b>B. BBQ Rib Sand</b><br><br>Breadstick<br>Side Salad                  | <b>A.Chicken &amp; Waffles</b><br><b>B. Pizza</b><br><br>Daily Veggie<br>Sweet Potato Puffs                          | Subway                                                                                                   | <b>A. Chicken Tenders</b><br><b>B. Dill Chix Sand</b><br><br>Tater squares (tots)<br>Side Salad                         | <b>A. Stromboli</b><br><b>B. French Bread Pizza</b><br><br>Football Fries<br>Daily Veggie                                                                                                                                  |
| <b>Lunch Salad w/Roll offered Daily:</b><br>(One salad offer daily, options depend on availability)<br>-Chef Salad<br>-Crispy Chicken Salad<br>-Garden Salad (Cheese )                                                                                                                                                                          | 26-Oct                                                                                                | 27-Oct                                                                                                               | 28-Oct                                                                                                   | 29-Oct                                                                                                                  | 30-Oct                                                                                                                                                                                                                     |
|  <b>MILK CHOICES</b><br><b>Whole AND 1%</b><br><b>White (whole &amp; 1%)</b><br><b>Chocolate (1%)</b><br><b>Strawberry (1%)</b><br>(Soy Milk is available for students w/dairy allergies)                                                                      | <b>A. Boneless Wings</b><br><b>B. Ch. Burger</b><br><br>Daily Veggie<br>Smile Fries                   | <b>A. Popcorn Chicken</b><br><b>B. Hot Dog</b><br><br>Mashed Potatoes<br>Corn<br>Gravy                               | <b>A. Maxi Cheese Sticks</b><br><b>B. Calzone</b><br><br>Side Salad<br>Daily Veggie                      | <b>A. Chicken Patty Reg. or Spicy</b><br><b>B. Pizza</b><br><br>Daily Veggie<br>Sweet Potato Puffs                      |  <b>Ghost Nachos</b><br><b>B. French Bread Pizza</b><br><br>Taco Meat<br>Fiesta Beans<br>Wild White Nacho Doritos<br><b>Holiday Ice</b> |
|                                                                                                                                                                                                                                                                                                                                                 | 2-Nov                                                                                                 | 3-Nov                                                                                                                |                                                                                                          |                                                                                                                         |                                                                                                                                                                                                                            |
| * Ala Carte Items available to purchase daily including snacks, ice cream, beverages and second entrees. Students MUST have money in accounts, no charging allowed.                                                                                                                                                                             | <b>A. Mini Corn Dog Nuggets</b><br><b>B. Pulled Pork BBQ on Bun</b><br><br>Hash Brown<br>Daily Veggie | <b>A.Chicken Drumsticks w/ Biscuit</b><br><b>B. Pizza</b><br><br>Season Noodles<br>Corn                              | *Menu Subject to Change*                                                                                 | Happy Halloween                                                                                                         | *Menu Subject to Change*                                                                                                                                                                                                   |



### The Tiger LUNCH Meal Deal

Choose **ONE** Entree:

Daily Entree Special  
 Alternate Meal  
 Salad or Sandwich Meal

Choose up to **TWO** Sides of Fruit:

Fresh Fruit  
 Fruit Cup  
 Fruit Juice (only 1 serving)

Choose up to **TWO** Sides of Veggies:

Daily Vegetable  
 Assorted Vegetable Cup

Interested in substituting in Food Service, please contact Mr. Shefter @ 610-944-8111 ext. 10600.

Equal Opportunity Institution

Don't Forget - Take at least ONE Fruit or Veggie. And at least THREE items total so your meal counts as a complete lunch.