

CENTRAL KITCHEN BREAKFAST

NOV '26

Monday	Tuesday	Wednesday	Thursday	Friday
Main Entrée WGR Grilled French Toast Sticks & Hot Apple Compote		Main Entrée WGR Chicken Maple Corn Dog	Main Entrée WGR Raspberry Swirl Roll	Main Entrée Omelet in WGR Tortilla
Main Entrée WGR Snack'n Waffle	Main Entrée Egg Bites & Chicken Sausage Patty		Main Entrée Beef & Cheese on WGR Bagel	Main Entrée WGR Mixed Berries & Cream Pastry
Main Entrée Chicken Sausage on Local WGR Cinnamon Swirl Bread	Main Entrée WGR Pizza Dipper & Marinara	Main Entrée Broccoli Cheddar Hashbrown Bake	Main Entrée Fruit & Yogurt Parfait	Main Entrée WGR Breakfast Gems
Main Entrée WGR Grilled French Toast Sticks & Hot Apple Compote	Main Entrée WGR Breakfast Stuffed Sandwich	Main Entrée WGR Chicken Maple Corn Dog		
Main Entrée WGR Snack'n Waffle				



DAILY FRUIT OPTIONS

Breakfast and lunch fruit options are seasonal and may include:

Fresh Whole Fruit: Apples, Oranges, Pears, Mandarins, Bananas, Fruit Salads, Stone Fruits

Diced Fruit: Cups: Pears, Peaches, Mangoes, Mandarin Oranges, Pineapple Tidbits, Cinnamon Peaches, Diced Cinnamon Apples, Mixed Tropical Fruit, Tropical Pears

Dried Fruit: Raisins, Craisins, Mixed Fruit

Applesauce: Plain and Fruity Flavors



BREAKFAST SIDES

Cheerios

Mini Muffin Loaf

Apple Cinnamon Cheerios

VG Bagels

Cinnamon Granola

Lucky Charms

Yogurt: Cups

Blueberry Chex

Cinnamon Toast Crunch

Froot Loop Waffle

Salsa Cup

Breakfast Bar

Vegetarian Options Available Daily

Contains Fish

Local Skim & 1% Milk

Contains Pork

Fresh Fruit & Veggies Daily

Gluten Free

HALAL Halal Food

Our menus meet USDA Requirements

Menu items are subject to change.

CENTRAL KITCHEN LUNCH

NOV '26

Monday	Tuesday	Wednesday	Thursday	Friday
Main Entrée 2 WGR Pizzaboli Side Choices Breaded Broccoli Bites	Main Entrée 3 	Main Entrée 4 Fish Sandwich on WGR Bun Side Choices Potato Smiles Hushpuppies	Main Entrée 5  Walking Taco with WGR Tortilla Chips Side Choices Cheesy Black Beans Salsa Cup	Main Entrée 6 WGR Chicken Alfredo Side Choices Diced Carrots WGR Dinner Roll
Main Entrée 9  WGR Breaded Mozzarella Sticks Side Choices Green Bean Mix	Main Entrée 10 WGR Chicken Sandwich Side Choices Sweet Corn	Main Entrée 11 	Main Entrée 12  Philly Cheesesteak Side Choices WGR or GF Bun Chickpea Salad	WORLD KINDNESS DAY 13 Main Entrée WGR Chicken Potstickers Side Choices Roasted Soy Garlic Broccoli Rosati Italian Nice Cup
Main Entrée 16  WGR Pizza Bagel Side Choices Breaded Broccoli Bites	Main Entrée 17  Turkey Hot Dog and Potato Smiles Side Choices Baby Carrots & Ranch	Main Entrée 18 Beef Kolache Side Choices Baked Beans	FRIENDSGIVING 19  Main Entrée Sliced Turkey with Mashed Potatoes & Gravy Side Choices WGR Dinner roll Sweet Potato Parfait	HALF DAY 20  Main Entrée Chicken Nacho Dip Side Choices WGR Tortilla Chips Cowboy Caviar
Main Entrée 23  WGR Pizza Crunchers Side Choices Mixed Vegetables Marinara Cup	 Main Entrée 24 Meatball Dippers & Marinara Sauce Side Choices Roasted Broccoli WGR Mini Garlic Knots	Main Entrée 25  WGR Mac and Cheese Side Choices Sweet Peas Pumpkin Pie Parfait	Main Entrée 26 	Main Entrée 27
Main Entrée 30  Morningstar Patty Side Choices WG Hamburger Bun Breaded Broccoli Bites	Main Entrée 3 	Main Entrée 4 	Main Entrée 5 	Main Entrée 6
 Alternate Entrées Cheese Quesadilla	 Alternate Entrées PB&J or WoWich	 Alternate Entrées Toasted Cheese Pizza Munchable	 Alternate Entrées Fresh Made Salad 	 Alternate Entrées PB&J or Wowich Deli Sandwich

DID YOU KNOW...

Happy World Kindness Day! On November 13th, we're celebrating the idea that a warm meal and a warm heart go hand in hand. Take a moment today to share a smile, hold the door, or say thank you to someone who needs it. Kindness is contagious, and it tastes even better with lunch. Join us for a Rosati Italian "nice" cup and help spread a little extra warmth around the cafeteria!



HARVEST OF THE MONTH

Winter Squash



Unlike summer squash which are picked when immature, winter squash are picked when fully ripe with fully developed seeds. Squashes are one of the oldest known crops, 10,000 years by some estimates! They are great sources of Vitamin C and Vitamin A.

 Vegetarian Options Available Daily	 Contains Fish
 Local Skim & 1% Milk	 Contains Pork
 Fresh Fruit & Veggies Daily	 Gluten Free
	 Halal Food

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