

October 2026

Pharr-San Juan-Alamo ISD Pre – K Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Breakfast Burrito(s) Fresh Apple Slices(g) Artisan Chicken Sandwich(s) Tator Tots(s) Watermelon Cubes(g) Ketchup/Mayo/Mustard	Blueberry Mini Loaf(s) Applesauce Cup(g) Pizzaboli Bites(s) Marinara Sauce(g) Cucumber Slices(g) 100% Fruit Juice Slush(s) LF Dressing
			1	2
Breakfast Pocket(s), 100% Fruit Juice(s) Orange Chicken(s) w/ Steamed Rice(g) Steamed Broccoli(g) Diced Pears(s)	French Toast Sticks(s) or Manager's Special Fresh Apple Slices(g) Oven Fried Chicken(s) Seasoned Green Beans(g) Diced Peaches(s) Ketchup	Honey Biscuit w/ Sausage & Cheese(s), SF Jelly(s) Fresh Banana(g) Beef Tacos(s) Shredded Cheese(g) Refried Beans(g) Mandarin Oranges(s)	Poffitz(s) Fresh Apple Slices(g) Manager's Special Sandwich(s) Tator Tots(s) Pineapple Tidbits(s) Ketchup/Mayo/Mustard	Warm Tamales(s) Diced Peach Cup(g) Pepperoni Pizza(s) or Manager's Special Cucumber Slices(g) Fresh Orange Wedges(s) LF Dressing
5	6	7	8	9
	Cheerios(s) 100% Fruit Juice(s) Artisan Chicken Tenders(s) Steamed Broccoli(g) Diced Pears(s) Ketchup	Biscuit & Sausage(s), SF Jelly(s) Fresh Banana(g) Steak Fingers(s) Cheesy Roasted Zucchini(g) Mandarin Oranges(s) Ketchup	Breakfast Burrito(s) Fresh Apple Slices(g) Walking Taco(s) Shredded Cheese(s) Ranch Style Beans(g) Pineapple Tidbits(s)	Poffitz(s) Applesauce Cup(g) Stuffed Crust Pizza(s) Cucumber Slices(g) 100% Fruit Juice Slush(s) LF Dressing
	13	14	15	16
Breakfast Pocket(s), 100% Fruit Juice(s) Chicken Poppers w/ Dinner Roll(s) Cheesy Broccoli(g) Diced Pears(s) Ketchup	French Toast Sticks(s) Fresh Apple Slices(g) Chicken Alfredo Pasta w/ Garlic Bread Stick(s) Steamed Cauliflower(g) Mandarin Oranges(s)	Biscuit & Sausage(s), SF Jelly(s) Fresh Banana(g) Frito Pie(s) Shredded Cheese(s) Charro Beans(g) Pineapple Tidbits(s)	Poffitz(s) Fresh Apple Slices(g) Artisan Chicken Sandwich(s) Tator Tots(s) Watermelon Cubes(g) Ketchup/Mayo/Mustard	Warm Tamales(s) Diced Peach Cup(g) Pizzaboli Bites(s) Marinara Sauce(g) Cucumber Slices(g) Fresh Orange Wedges(g) LF Dressing
19	20	21	22	23
Cheerios(s) 100% Fruit Juice(s) Orange Chicken(s) w/ Steamed Rice(g) Steamed Broccoli(g) Diced Pears(s) Fortune Cookie	Low Fat Yogurt & Graham Crackers(s) Fresh Apple Slices(g) Chicken Smackers w/ Dinner Roll(s) Seasoned Green Beans(g) Diced Peaches(s) Ketchup	Poffitz(s) Fresh Banana(g) Chicken & Cheese Crisp-Ups(s) Refried Beans(g) Fresh Orange Wedges(g)	Breakfast Burrito(s) Fresh Apple Slices(g) Hamburger/ Cheeseburger(s) Crispy Fries(s) Pineapple Tidbits(s) Ketchup/Mayo/Mustard	Blueberry Mini Loaf(s) Applesauce Cup(g) Pepperoni Pizza(s) Cucumber Slices(g) 100% Fruit Juice Slush(s) LF Dressing
26	27	28	29	30

This institution is an equal opportunity provider.

Choices of Low Fat or Skim Milk
 (flavored & unflavored) offered daily.
 Assorted 100% Juice & Fruit offered daily for Breakfast.
 *Menu is subject to change without notice due to deliveries and
 nation-wide shortages
 Water Available

REV. 2

10/9/26