

October 2026

Pharr-San Juan-Alamo ISD 9th - 12th Breakfast & Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Breakfast Burrito(s) OR Cereal & Cheese Stick(s), Fresh Apple(g) Oven Fried Chicken (2 ea)(s) OR Artisan Chicken Sandwich(s) OR Corn Dog w/ Sun Chips(s) Tator Tots(s) Side Salad(g) Watermelon Cubes(g) Fruit Cocktail(s) Ketchup/Mayo/Mustard/ LF Dressing 1	Gingerbread(s) Applesauce Cup(g) Pizzaboli Bites(s) OR Hot & Spicy Boneless Wings w/ Dinner Roll(s) OR Sunbutter & Jelly Sandwich Grab & Go(s) Marinara Sauce(g), Baby Carrots(g) Cucurmer Slices(g) 100% Fruit Juice Slush(s) Assorted Fresh Fruit(g) LF Dressing/Tajin/Ketchup 2
Breakfast Pocket(s), Craisins(s) Orange Chicken(s) w/ Steamed Rice(g) OR Cheesy Pull-Aparts(s) OR Oven Roasted Turkey & Cheese Sandwich Grab & Go(s) Steamed Broccoli(g) Baby Carrots(g) Assorted Fresh Fruit(g) Diced Pears(s) LF Dressing/Ketchup/ Mustard/Mayo 5	French Toast Sticks(s) OR Manager's Special OR Cereal & Cheese Stick(s), Fresh Apple(g) Oven Fried Chicken(s) OR Loaded Baked Potato w/ Chicken Fajitas & Tostitos(s) OR Chef Salad w/ Garlic Bread Sticks(s) Fire Roasted Corn(g) Seasoned Green Beans(g) Assorted Fresh Fruit(s) Diced Peaches(s) Ketchup/Mayo/Mustard/ Butter Cup/Sour Cream/LF Dressing 6	Honey Biscuit w/ Sausage & Cheese(s), SF Jelly(s) OR UBR(s), Fresh Banana(g) Beef Tacos(s)(4 EA) Shredded Cheese(g) OR Spicy Chicken Tenders w/ Dinner Roll(s) OR Ham & Cheese Deli Sandwich Grab & Go(s) Refried Beans(g) Lettuce & Tomato Salad(g) Assorted Fresh Fruit(g) Mandarin Oranges(s) Picante Sauce/Mayo/Mustard/Ketchup 7	Poffitz(s) OR Cereal & Cheese Stick(s), Fresh Apple(g) Steak Fingers w/ Garlic Toast(s) OR Manager's Special Sandwich(s) OR Bean & Cheese Burrito w/ Cheese Sauce(s) Tator Tots(s) Side Salad(g) Fresh Grapes(g) Pineapple Tidbits(s) Ketchup/Mayo/Mustard/ LF Dressing 8	Warm Tamales(s), Picante Sauce, Diced Peach Cup(g) Pizza & Wings(s) OR Manager's Special OR Corn Dog w/ Sun Chips(s) OR Sunbutter & Jelly Sandwich Grab & Go(s) Baby Carrots(g) Cucurmer Slices(g) Cherry Mixed Fruit(s) Assorted Fresh Fruit(g) LF Dressing/Tajin/Ketchup/ Mustard 9
			Breakfast Burrito(s) OR Cereal & Crackers(s), Fresh Apple(g) Walking Taco(s) Shredded Cheese(s) OR Artisan Chicken Sandwich(s) OR Cheesy Pull-Aparts(s) Marinara Sauce(g) Lettuce & Tomato Salad(g) Ranch Style Beans(g) Assorted Fresh Fruit(g) Pineapple Tidbits(s) Picante Sauce/Mayo/ Mustard/ketchup 15	Honey Biscuit w/ Sausage & Cheese(s) Applesauce Cup(g) Stuffed Crust Pizza(s) OR Spicy Chicken Tenders w/ Dinner Roll(s) OR Sunbutter & Jelly Sandwich Grab & Go(s) Baby Carrots(g) Cucurmer Slices(g) 100% Fruit Juice Slush(g) Assorted Fresh Fruit(g) LF Dressing/Tajin/Ketchup 16
Breakfast Pocket(s), Craisins(s) Pulled Pork Sandwich(s) OR Chicken Poppers w/ Dinner Roll(s) OR Ham & Cheese Deli Sandwich Grab & Go(s) Corn on the Cob(g) Cheesy Broccoli(g) Assorted Fresh Fruit(g) Diced Pears(s) Ketchup/Mustard/Mayo/LF Dressing 19	French Toast Sticks(s) OR Cereal & Cheese Stick(s), Fresh Apple(g) Chicken Alfredo Pasta w/ Garlic Bread Stick(s) OR Loaded Baked Potato w/ Chicken Fajitas & Tostitos(s) Club Sandwich Grab & Go(s) Tossed Salad(g) Steamed Cauliflower(g) Assorted Fresh Fruit(g) Mandarin Oranges(s) LF Dressing/Mayo/Mustard/ Butter Cup/Sour Cream 20	Biscuit & Sausage(s), SF Jelly(s) OR UBR(s), Fresh Banana(g) Frito Pie(s)(2 ea) Shredded Cheese(s) OR Hot Dog(s) w/ Baked Chips(s) OR Chef Salad(s) w/ Garlic Bread Sticks(s) Lettuce & Tomato Salad(g) Charro Beans(g) Assorted Fresh Fruit(g) Pineapple Tidbits(s) LF Dressing/Ketchup/ Mayo/Mustard 21	Poffitz(s) OR Cereal & Cheese Stick(s), Fresh Apple(g) Oven Fried Chicken (2 ea)(s) OR Artisan Chicken Sandwich(s) OR Corn Dog w/ Sun Chips(s) Tator Tots(s) Side Salad(g) Watermelon Cubes(g) Fruit Cocktail(s) Ketchup/Mayo/Mustard/ LF Dressing 22	Warm Tamales(s), Picante Sauce, Diced Peach Cup(g) Pizzaboli Bites(s) OR Hot & Spicy Boneless Wings w/ Dinner Roll(s) OR Sunbutter & Jelly Sandwich Grab & Go(s) Marinara Sauce(g), Baby Carrots(g) Cucurmer Slices(g) 100% Fruit Juice Slush(s) Assorted Fresh Fruit(g) LF Dressing/Tajin/Ketchup 23
Mini Cinnis(s) Craisins(s) Orange Chicken(s) w/ Steamed Rice(g) OR Cheesy Pull-Aparts(s) OR Oven Roasted Turkey & Cheese Sandwich Grab & Go(s) Marinara Sauce(g) Steamed Broccoli(g) Baby Carrots(g) Assorted Fresh Fruit(g) Diced Pears(s) LF Dressing/Ketchup/ Mustard/Mayo/ Fortune Cookie 26	Low Fat Yogurt & Graham Crackers(s) OR Cereal & Cheese Stick(s), Fresh Apple(g) Chicken Smackers w/ Dinner Roll(s) OR Loaded Baked Potato w/ Chicken Fajitas & Tostitos(s) OR Chef Salad w/ Garlic Bread Sticks(s) Fire Roasted Corn(g) Seasoned Green Beans(g) Assorted Fresh Fruit(s) Diced Peaches(s) Ketchup/Mayo/Mustard/ Butter Cup/Sour Cream/LF Dressing 27	Morning Sausage Roll(s) OR UBR(s) Fresh Banana(g) Beef Tostadas(s)(4 EA) Shredded Cheese(g) OR Spicy Chicken Tenders w/ Dinner Roll(s) OR Ham & Cheese Deli Sandwich Grab & Go(s) Refried Beans(g) Lettuce & Tomato Salad(g) Assorted Fresh Fruit(g) Mandarin Oranges(s) Picante Sauce/Mayo/Mustard/Ketchup 28	Breakfast Burrito(s) OR Cereal & Cheese Stick(s), Fresh Apple(g) Steak Fingers w/ Garlic Toast(s) OR Hamburger/Cheeseburger(s) OR Bean & Cheese Burrito w/ Cheese Sauce(s) Crispy Fries(s) Side Salad(g) Fresh Grapes(g) Pineapple Tidbits(s) Ketchup/Mayo/Mustard/ LF Dressing 29	Gingerbread(s) Applesauce Cup(g) Pizza & Wings(s) OR Corn Dog w/ Sun Chips(s) OR Sunbutter & Jelly Sandwich Grab & Go(s) Baby Carrots(g) Cucurmer Slices(g) Cherry Mixed Fruit(s) Assorted Fresh Fruit(g) LF Dressing/Tajin/Ketchup/ Mustard 30

This institution is an equal opportunity provider.

Choices of Low Fat or Skim Milk
(flavored & unflavored) offered daily.
Assorted 100% Juice & Fruit offered daily for Breakfast.
*Menu is subject to change without notice due to deliveries and
nation-wide shortages
Water Available

REV. 3

10/9/26