7th Grade Girls Basketball

Preseason Info

Coach – David Ferro
dave@opticsems.com

Open Gym Schedule

Monday	10/19	3:15pm - 4:45pm
Wednesday	10/21	4:45pm – 6:15pm
Friday	10/23	3:15pm – 4:45pm
Wednesday	10/28	4:45pm – 6:15pm

Paperwork

- If you already played a sport this year, you are finished with paperwork
- If you have not played a sport this year, you will only be allowed to participate if you have a physical and EMA completed by the FIRST tryout

General Information

- The final roster will be 10-12 players. Expectations for a member of the team include:
    - Being a good student
    - Offensive and defensive basketball skills/athleticism
    - Showing leadership and a positive attitude
    - Being coachable
    - Focus and attention during practice and games
    - Showing respect towards coaches, players, and officials
    - Timeliness for practice and games
    - Demonstrating a love for practice and playing the game
    - Always trying your best and coming ready to get better every day

Tryout Schedule

Saturday	10/31	8:30-9:45am
Monday	11/2	5:45-7:00pm
Tuesday	11/3	3:15-5:15pm