



Want To Learn More About Running? Join Morning Run Club!

Students in Grades 5–8 who are interested in building stamina and developing healthy lifelong habits are invited to join the Morning Run Club.

The club meets on Mondays and Fridays at 7 a.m. Sessions include warm-ups, running, and post-run stretches to help students build endurance and stay active.

The club meets regardless of weather. On days with inclement weather, Morning Run Club will take place in the gym.

Morning Run Club is completely free to join and open to students of all abilities.