

November 2026| MENU
Pre K
Wake County Public School
System
Breakfast & Lunch



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <u>Breakfast</u> Scrambled Eggs w/WG Toast & Jelly 100% Fruit Juice <u>Lunch</u> Popcorn Chicken Dinner Roll Baked Beans ✓ Fresh Apple Slices	TEACHER WORK DAY 	4 <u>Breakfast</u> Yogurt Cup w/WG Crackers Sliced Apples <u>Lunch</u> Spaghetti w/Meat Sauce <i>V opt avail</i> Steamed Broccoli ✓ Fresh Orange Wedges	5 <u>Breakfast</u> Chicken Sausage Cruncher Sticks Fresh Cantaloupe <u>Lunch</u> Grab & Go Box w/WG Crackers Cucumber Coins w/Ranch Dip 100% Fruit Juice	6 <u>Breakfast</u> Whole Grain Cereal ✓ Applesauce Cup <u>Lunch</u> Assorted Pizza <i>V opt avail</i> Fresh Tossed Salad ✓ Sliced Pears
9 <u>Breakfast</u> WG Waffle ✓ Banana <u>Lunch</u> Mandarin Orange Chicken Ginger Carrots ✓ 100% Fruit Juice Frozen Cups	10 <u>Breakfast</u> French Toast Sticks ✓ Apple Slices <u>Lunch</u> WG Beef & Cheese Soft Tacos ✓ Street Style Corn ✓ Fresh Orange Wedges	HOLIDAY 	12 <u>Breakfast</u> Chicken Biscuit 100% Fruit Juice <u>Lunch</u> Baked Mac & Cheese ✓ Mixed Vegetables <i>blue</i> Applesauce Cups	13 <u>Breakfast</u> Whole Grain Cereal ✓ Sliced Pears <u>Lunch</u> Assorted Pizza <i>V opt avail</i> Cheez-It Caesar Salad ✓ 100% Fruit Juice
16 <u>Breakfast</u> Egg & Cheese Biscuit ✓ Banana <u>Lunch</u> BBQ Chicken Drumstick Dinner Roll Buttered Broccoli ✓ Fresh Apples	17 <u>Breakfast</u> Yogurt Cup w/WG Crackers Sliced Pears <u>Lunch</u> Cheese Quesadillas ✓ Ranch Style Pinto Beans ✓ 100% Fruit Juice	18 <u>Breakfast</u> Chicken Biscuit ✓ 100% Fruit Juice <u>Lunch</u> Hamburger/Cheeseburger Emoticons ✓ Fresh Orange Wedges	19 <u>Breakfast</u> WG Pancakes Blueberries <u>Lunch</u> Turkey Medallions w/Gravy Dinner Roll ✓ Mashed Potatoes ✓ Applesauce Cups	20 <u>Breakfast</u> Whole Grain Cereal ✓ Fresh Cantaloupe <u>Lunch</u> Assorted Pizza <i>V opt avail</i> Fresh Tossed Salad ✓ 100% Fruit Juice Frozen Cups
23 <u>Breakfast</u> Yogurt Cup w/ WG Crackers 100% Fruit Juice <u>Lunch</u> Manager's Choice entrée (2 M/MA + 2 oz grain) Crinkle Cut Fries ✓ Baked Beans ✓ Sliced Pears	24 <u>Breakfast</u> Chicken Biscuit Fresh Orange <u>Lunch</u> Manager's Choice entrée (2 M/MA + 1 oz grain) Manager's Choice Vegetable ✓ Manager's Choice Fruit	25 VACATION	26 HOLIDAY	27 HOLIDAY
30 <u>Breakfast</u> WG Waffle ✓ Banana <u>Lunch</u> Chicken & Vegetable Dumplings Ginger Carrots ✓ 100% Fruit Juice Frozen Cups				

2026-27 Pre-K Meal Prices:

Full Price Breakfast: \$2.25
Reduced Price Breakfast: Free, while funding is available
Full Price Lunch: \$4.00
Reduced Price Lunch: \$.40
 Adults: A la Carte Pricing

CEP School meals are free for all

Breakfast includes: Entrée, fruit & unflavored milk.

Lunch includes: Entrée with grain/bread, ½ cup vegetable, ½ cup fruit & unflavored milk

V Symbolizes the daily vegetarian options

Peanut butter & Jelly Sandwiches or alternate grab & go boxes available upon request

Menu selection is subject to change at any time.