KENNEDALE ISD
Committed to Excellence

School Health Advisory Council Meeting Minutes 10/05/2026

-Meeting start time – 4:46 p.m.

Opening Statements:

- Meeting called to order by Sara Humphrey, KISD Healthcare Coordinator

4:47pm Welcome to SHAC/ Round table hello:

- What is SHAC
    - An advisory group, consisting of members of the community and school district that ensure school health programs reflect local community values and keep up with state health education requirements.
- Discussion of using Mission Statement to provide clarity on what SHAC does
    - "Providing all KISD students with quality health education and resources to develop healthy, active members of the community."

4:55 pm Prior Meeting Minutes and Bylaws Review:

- Prior meeting minutes were presented and agreed upon.
- Bylaws are posted on the district website. Members will review and return to next meeting with questions and/or suggestions for any needed Bylaw updates.

5:00pm Discussion of Goals – Q&A

- Progression of last year's goals:
    - Approval was received for the high school CTE students to visit our elementary schools providing education for our students
    - Mr. Lucero is working to incorporate these visits, starting with our 5th grade students
    - Presentations are targeted for Spring 2027
- New goals for this year:
    - Sara Humphrey would like to incorporate more of a dental program with our students. Mr. Dier (parent member) would like to see healthy brushing twice daily be encouraged.
    - Elija Seim would like to see in the future a mental health kids committee.

- Kim Hunt suggested the possibility of utilizing our PAL program in trying to educate our students on health hygiene and healthy eating. Mr. Dier agreed to less caffeine and increase in water consumption.

5:05 Round Table Goodbye and Reminders

- Encourage peers and parents to attend meetings to grow SHAC
- SHAC members were encouraged to go onto the district website and review the Bylaws before our next meeting in December
- Next meeting date - Monday, December 14th

-5:10 p.m. Meeting adjourned by Sara Humphrey RN