

NTHS Crisis Procedures

Suicide / Self-Harm (QPR)

During School Hours

Action: Question and state your observations and concerns. ("I noticed...")

Communicate: Persuade and refer the person to accept help.

Transport: Take them to health services, social work, or AC's offices.

Outside of School Hours

Action: Contact your immediate supervisor for guidance.

Communicate: Tell parent that an immediate safety assessment is necessary (physician/therapist/ER). If a parent refuses, contact an administrator.

Transport: Call 911 in an emergency and accompany the student if possible.

Under the Influence

Signs you might see: Disorientation, change in mood/behavior, glassy eyes, sluggish, anxious/jittery.

During School Hours

Action: Keep the person in sight.

Communicate: Share concerns with the student. Say, "I am worried, as you seem ill, so let's go to the nurse." ASAP Contact Health Services or AC.

Transport: Ensure the student is safe and contact appropriate support.

Outside of School Hours

Action: State your observations and concerns.

Communicate: Contact the parent/guardian and state that a medical assessment may be necessary. Contact your supervisor for assistance.

Transport: Call 911 in an emergency and accompany the student if possible.

Eating Disorders

Signs you might see: Physical: Fluctuating weight, dizziness, fainting, fatigue, and purging. Behavioral: Difficulty concentrating, withdrawal, frequent bathroom visits, preoccupation with their body or food.

Action: A student known to you: Follow the "question, persuade, refer" procedures. Student unknown to you: Get a description of the student, location, and contact Health Services or Student Assistance Program.

Communicate: State your observations and concerns. ("I noticed...", "I am worried because you seem to have low energy. Do NOT say, "You look thin," "You look bad," or "You've lost weight.") Persuade to accept help and refer to the Student Assistance Program or Health Services.

Transport: If Immediate concern - contact Health Services or have the student escorted there.

Social Work (W: Rm.225/N :B suite)

W:847-784-2251

N: 837-784-7502

Health Services

W: 847-784-2110

N: 847-784-7513

Student Assistance

847-784-2113

Asst. Principal's Office

W: 2221, 2222, 2266

N: 7559

Adviser Chairs

Frosh: 7506 7505

Soph: 2229 2231

Jr: 2220 2230

Sr: 2232 2223



** To view procedures online: New Trier Website; Social Work Services; QPR Procedures