

ELHS SENIOR COLLEGE
APPLICATION – PARENT
PRESENTATION
SEPTEMBER 17, 2026



Home of the Vikings

**“LIKE” EAST LYME HIGH SCHOOL
COUNSELING ON FACEBOOK**

• COUNSELORS

**Liz Maiese, A-Cha
David Willis, Che-Gre
Jaclyn Sullivan, Gri-Mang
Christy Bryant, Manw-Re
Nadine Barnes, Ri-Z**

WHAT IS HAPPENING NOW:
SENIOR CLASSROOMS
SEPTEMBER 18/21

SENIOR FOLDER — DISTRIBUTED DURING SENIOR ENGLISH CLASSES

Senior Transcript

Senior Contract

Class of 2027 Senior College Checklist

Class of 2027 Common App Completion Guidelines

2026-2027 Common Application Essay Prompts

Recommendation Guide

FAFSA Fact Sheet

SENIOR TRANSCRIPT

- A Summary of your final grades
- Credit Count
- GPAs
- List of Senior Classes (needed to fill out college applications)

STUDENT:
 PAR/GUAR: _____ SASID: _____ **East Lyme High School**
 ADDRESS: _____ **30 Chesterfield Road**
 PHONE: _____ GENDER: M DOB: _____ **East Lyme, CT 06333**
 GRADUATION DATE: 06/18/2026 **PHONE: (860)739-6946** School No.: 070177



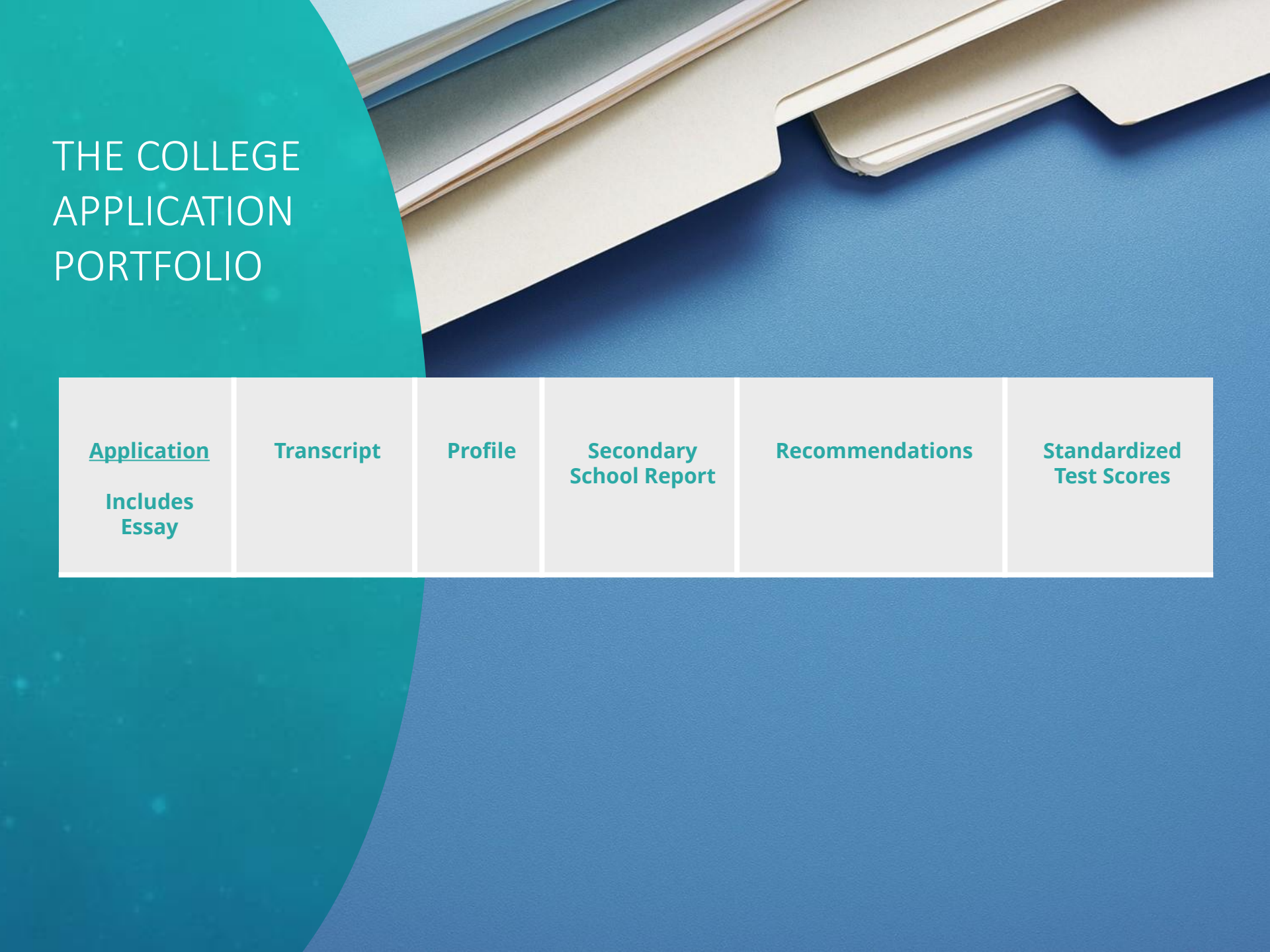
COURSE AND GRADE HISTORY					
COURSE	FINAL	CREDITS	COURSE	FINAL	CREDITS
GR. 09 2022-2023 East Lyme High School			GR. 10 2023-2024 East Lyme High School		
FRESHMAN WELLNESS/HEALTH I	A	0.50	TEAM SPORTS	A	0.50
ENGLISH 9 A	B+	1.00	ENGLISH 10 H	A-	1.00
ORCHESTRA	A	1.00	ORCHESTRA	A+	1.00
SPANISH II H	A-	1.00	SPANISH III H	A-	1.00
FRESHMAN PHYS ED	A+	0.50	ALGEBRA II H	B	1.00
GEOMETRY H	A+	1.00	BIOLOGY H	B+	1.00
INTEGRATED SCIENCE H	A-	1.00	CHEMISTRY H	B	1.00
ANCIENT WORLD A	A	1.00	AMERICAN HISTORY 1865-1945 I A	A	1.00
		7.00	C.A.D. I	A	0.50
					8.00
GR. 11 2024-2025 East Lyme High School			GR. 12 2025-2026 East Lyme High School		
TRIGONOMETRY HONORS	B+	0.50	HEALTH	A+	0.25
PRE-ENGINEERING I	A	0.50	TEAM SPORTS	A+	0.25
ENGLISH 11 ADV CCP	A	1.00	SEMINAR WRTG & COMP 1007 ECE	A-	1.00
ORCHESTRA	A	1.00	ORCHESTRA	A	1.00
SPANISH IV HONORS	B	1.00	AP CALCULUS	B-	1.00
PRECALCULUS HONORS	B+	0.50	AP STATISTICS	A	1.00
AP PHYSICS I ECE	B+	1.00	AMERICAN CIVICS ADV CCP	A	0.50
AP US HISTORY	B	1.00	AP WORLD HISTORY	A	1.00
C.A.D. II	A	0.50	ENGINEERING	A	1.00
		7.00	ADV - VIKING VOYAGE	P	1.00
					8.00

CREDITS EARNED BY REQUIREMENT	
SUBJECT	CREDITS
CTE	1.50
English	4.00
Fine Arts	4.00
Health	0.75
Health/Phys Ed	0.50
Mastery-Based Diploma Assessment	1.00
Mathematics	5.00
Phys Ed	0.75
Science	4.00
Social Studies	4.50
Vocational Education	1.00
World Language	3.00
TOTAL	30.00
ACADEMIC STANDING	
AT END OF	WEIGHTED GPA CUM UNWEIGHTED GPA
Sem 8	3.91 3.70
RECOGNITIONS	
AP Scholar with Honor	



DISTRIBUTION OF SENIOR CONTRACTS

- List of courses you need to meet the ELHS Graduation Requirements
- Elective is anything beyond requirement (a fourth math, a fourth science, etc.)
- Seniors need to have 6.0 credits filled on their schedules
- Contact your counselor if there is any confusion
- A signed copy will be mailed home to parents



THE COLLEGE APPLICATION PORTFOLIO

Application

Includes
Essay

Transcript

Profile

Secondary School Report

Recommendations

Standardized Test Scores

EAST LYME HIGH SCHOOL

2026-2027 SCHOOL PROFILE



CEEB # 070177
30 Chesterfield Road, East Lyme, CT 06333
Phone: (860) 739-6946 | Fax: (860) 691-4623
www.eastlymeschools.org

Superintendent: Mr. Jeffrey Newton

Principal: Mr. Henry Kydd

Counseling Office: (860) 739-6946 x-5580

Registrar: x-5512

GENERAL PROFILE

The School: East Lyme High School is a four-year comprehensive public high school offering curricular and co-curricular programs to **870 students** in grades nine-twelve. Accredited through the New England Association of Schools and Colleges, the school offers an extensive range of courses in college and career preparation. East Lyme High School employs five school counselors and approximately 110 faculty.

The Community: East Lyme High School rests in a residential community of **21,887** with its students residing in the towns of East Lyme, Niantic and Salem. Located in New London County along the shoreline, the school is equidistant from New Haven and Providence, RI and is easily accessible via Interstate 95.

SCHOOL COUNSELORS (Class of 2027 Caseloads)

Our counseling department offers comprehensive post-secondary planning and support. Grading and counseling workloads are structured by alphabetical assignments for the Class of 2027:

Elizabeth Maiese (CL)	A-Chi	elizabeth.maiese@elpsk12.org
David Willis	Che-Gie	david.willis@elpsk12.org
Jaclyn Sullivan	Gri-Mang	jaclyn.sullivan@elpsk12.org
Christy Bryant	Mane-Re	christy.bryant@elpsk12.org
Nadine Barnes	Ri-Z	nadine.barnes@elpsk12.org

MISSION STATEMENT

"The East Lyme High School experience prepares students academically, emotionally, and socially to be positive forces in the world and to live responsible, purposeful, and healthy lives."

PATHWAYS PROGRAM

The goals of the Pathways Programs at ELHS are to advance student learning with community-based experiences, increase capacity in Career and Technical Education, and support students in post-secondary and career choices.

2026-2027 CURRICULAR OFFERINGS

ADVANCED PLACEMENT (AP)	UConn ECE DUAL ENROLLMENT	HONORS COURSES (H)
Biology, Calculus AB, Calculus BC, Chemistry, Computer Science A (Java), Environmental Science, US Government & Politics, Language & Composition, Literature & Composition, Mobile Computer Science Principles, Music Theory, Physics 1 & 2, Psychology, Research, Seminar, Statistics, Studio Art, US History, World History.	Applied Mechanics, Calculus BC, English 12 (ENGL 1004 / 1007), French V, German IV, Human Development, Medical Terminology, Physics 1 & 2, Popular Music, Public Speaking, Spanish V, Composition & Reading for Spanish Speakers (SPAN 3177), Introduction to Latin America & the Caribbean (LLAS 1190), If You Love It, Teach It (EDCI 1100), EMT Training (AH 4092).	Algebra II, Anatomy/Physiology, Biology, Catering & Hospitality, Chemistry, Concert Choir, Digital Filmmaking, Digital Journalism III/IV, Print Journalism III/IV, English 10, English 11H (ECSU ECE), Foundations of Calculus I & II, French (2-4), Geometry, German (2-4), Graphics, Human Development, String Ensemble, Pre-Calculus, Spanish (2-4), Advanced Art & Portfolio Development, Trigonometry, Computer Programming, WISE Independent Study, Band I & II, Percussion, Choir.

SCHOOL HIGHLIGHTS

- Academic Distinction:** Ranked #20 in Niche Best Public High Schools in Connecticut for 2026.
- Athletic Excellence:** Ranked #13 out of 249 Best High Schools for Athletes in Connecticut for 2026.
- Championship Pedigree:** Boys Cross Country secured their third consecutive Class MM State Championship, and Boys Soccer captured their fourth straight ECC Tournament title with a dominant 4-0 win.
- Individual Honors:** An ELHS diver captured the Class M Individual diving state championship (the first East Lyme champion since 2015), and an ELHS student was honored with the Congressional Award Gold Medal, the nation's highest civilian honor for youth.
- Career Readiness:** Outstanding career-technical programs, including EMT training in partnership with UConn ECE and local emergency services.
- Creative Arts:** Three-time Halo Award winner in CT for exceptional theater and performing arts.

COURSE LEVELS & ACADEMIC RIGOR

East Lyme High School provides extensive, rigorous academic pathways spanning four distinct course levels to accommodate diverse learning needs and prepare graduates for future academic success:

AP: Advanced Placement (College Board course standards and exams).
H: Honors (advanced topics with high level of independence).
ADV CCP: Advanced College and Career Preparatory.
CCP: College and Career Preparatory (formerly levels A & B).

COLLEGE PARTNERSHIPS & COLLABORATIVES

ELHS partners with leading academic institutions to offer rich dual-enrollment options: **UConn ECE** (University of Connecticut Early College Experience), **Eastern CT State University ECE**, and the **College Career Pathway (CCP)** program with CT State Community College. Eligible seniors can also enroll in campus-based courses at Connecticut College through the **New London Scholars Program** or at Three Rivers through the **High School Partnership (HSP)**.

EAST LYME HIGH SCHOOL PROFILE

CEEB # 070177

GRADUATION REQUIREMENTS

All students must complete a minimum of 25 total credits to graduate, including: English (4.0), Social Studies (3.5) (including 0.5 in American Civics and 1.0 in US History), Math (3.0), Science (3.0) (including Biology and Integrated Science), World Language (2.0), Physical Education & Health (2.0), Fine Arts (1.0), Career and Technical Education (1.0), Electives (4.0), and the Mastery Experience (Viking Voyage) (1.0). In addition, beginning with the Class of 2027, all students are required to successfully complete 0.5 credits in Personal Finance.

GRADING SYSTEM & GPA CALCULATION

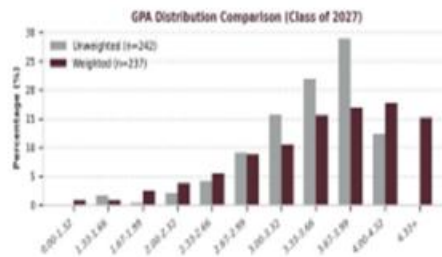
East Lyme High School calculates both unweighted (CUM) and weighted cumulative GPA upon the completion of four semesters and after each subsequent semester. The unweighted GPA is a simple average of all courses on a 4.0 scale. The weighted GPA is based on grades earned in leveled classes only, applying the weight multipliers below. **ELHS does not calculate or publish class rank.** Transfer students receive a weighted GPA after completing four semesters.

Grade	Range	Unw.	APECE	Hon.	ADV	CCP
A+	97-100	4.33	4.98	4.76	4.55	4.33
A	93-96	4.00	4.60	4.40	4.20	4.00
A-	90-92	3.67	4.22	4.04	3.85	3.67
B+	87-89	3.33	3.83	3.66	3.50	3.33
B	83-86	3.00	3.45	3.30	3.15	3.00
B-	80-82	2.67	3.07	2.94	2.80	2.67
C+	77-79	2.33	2.68	2.56	2.45	2.33
C	73-76	2.00	2.30	2.20	2.10	2.00
C-	70-72	1.67	1.92	1.84	1.75	1.67
D+	67-69	1.33	1.53	1.46	1.40	1.33
D	63-66	1.00	1.15	1.10	1.05	1.00
D-	60-62	0.67	0.77	0.74	0.70	0.67
F	<60	0.00	0.00	0.00	0.00	0.00

GPA DISTRIBUTION - CLASS OF 2027

The unweighted (CUM) GPA is calculated for 242 students, and the weighted GPA is calculated for 237 students who completed six semesters at ELHS as of June 2026:

GPA Range	Unweighted (CUM)	Weighted
4.33+	0.0% (0)	15.2% (36)
4.00-4.32	12.4% (30)	17.7% (42)
3.67-3.99	28.9% (70)	16.9% (40)
3.33-3.66	21.9% (53)	15.6% (37)
3.00-3.32	15.7% (38)	10.5% (25)
2.67-2.99	9.1% (22)	8.9% (21)
2.33-2.66	4.1% (10)	5.5% (13)
2.00-2.32	2.1% (5)	3.8% (9)
1.67-1.99	0.4% (1)	2.5% (6)



SCHOOL ACCOMPLISHMENTS (5-YEAR HISTORICAL DATA)

Measure / Outcome	Class of 2026	Class of 2025	Class of 2024	Class of 2023	Class of 2022
Four-Year Colleges	73.1% (85.5%)	73%	70%	75%	71%
Two-Year Colleges	12.4% (14.5%)	10%	14%	14%	15%
NMSQT Semifinalists / Finalists	3 / 3	2 / 2	4 / 4	2 / 2	3 / 1
SAT Evidence-Based Reading Mean	566	565	555	577	596
SAT Mathematics Mean	542	521	547	555	583

Note: For the Class of 2026, matriculation percentages are shown both as a percentage of the entire graduating class (73.1% and 12.4% of 242 total students) and as a percentage of college-bound students only (85.5% and 14.5% of 207 matriculants) to provide a comprehensive, transparent view of the class outcomes.

2026 AP® SCORE SUMMARY	91%	349	615
Students completing college-level AP courses are eligible to take exams proctored at ELHS.	Scoring 3 or Higher	Total AP Students	Exams Administered

CAREER CONCENTRATIONS

Fall Application Due October 9.

- Complete the application on Google Classroom (code: v6cf64c) - students join now if not already joined.
- Successful completion of a Career Concentration is also recorded on the student's official transcript.

Program Requirements...

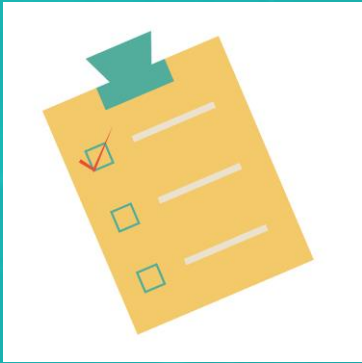
- Each concentration has a minimum credit requirement that consists of both required courses and elective courses.
- If you are finalizing your concentration this semester, you can apply now.
- If you are finalizing your concentration in the spring, you will apply then with TBD deadline in April.

Students must...

- Take the correct sequence of courses as outlined in the Program of Studies.
- Earn a 'C' or better in each concentration class. Grades are checked at the end of Quarter 3.

The background is a deep blue gradient with a subtle pattern of white dots, resembling a starry sky. Overlaid on this are several faint, white, circular and semi-circular lines of varying thicknesses. Some of these lines have small white arrows indicating a clockwise direction. There are also some faint, curved lines that look like orbits or paths. The overall aesthetic is clean, modern, and technical.

PREPARING TO APPLY



FINALIZING A LIST OF SCHOOLS



Two or Three *“Reaches”*

Just meet the SAT & GPA Ranges



Two or Three *“Targets”*

Right in the Middle or Better



Two or Three *“Safeties”*

At the Far End or Beyond



Use Naviance Scattergrams to help determine likelihood of acceptance



Students should only apply to schools they will attend

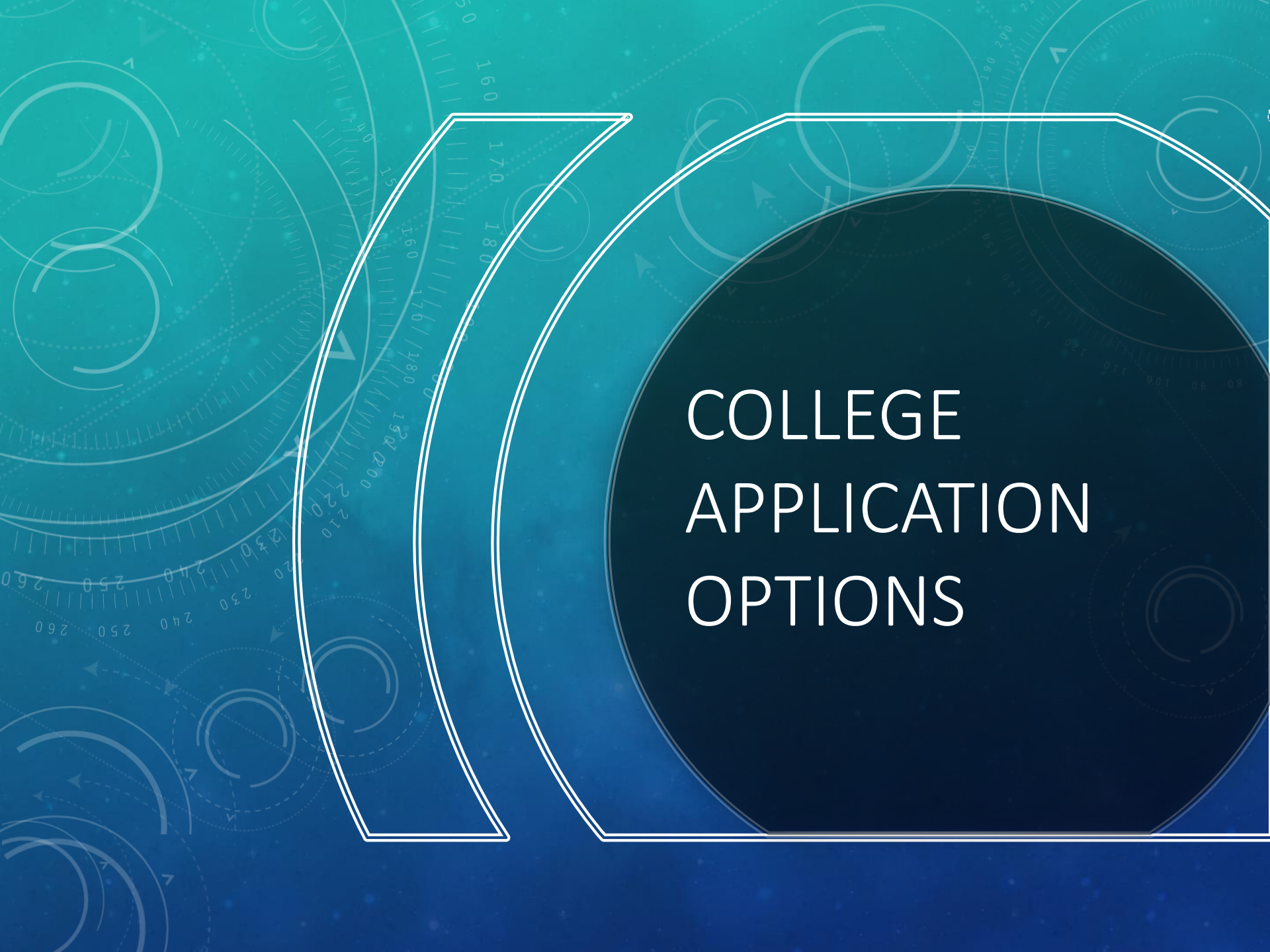
Standardized Tests

SAT Date	Registration Deadline	Late Registration Deadline (extra fee)
Oct 3, 2026	Sep 18, 2026	Sep 22, 2026
Nov 7, 2026	Oct 23, 2026	Oct 27, 2026
Dec 5, 2026	Nov 20, 2026	Nov 24, 2026

ACT Date	Registration Deadline	Late Registration Deadline (Extra fee)
Oct 17, 2026	Sep 11, 2026	Sep 29, 2026
Dec 12, 2026	Nov 6, 2026	Nov 29, 2026
Feb 27, 2027	Jan 22, 2027	Feb 9, 2027

Test scores must be sent directly from the testing company. Test registration and score reporting can be done at:

www.collegeboard.org for SATs and www.act.org for ACTs



COLLEGE APPLICATION OPTIONS

EARLY ACTION VS. EARLY DECISION

Early Action

Students may apply to certain colleges in 1st semester, but the decision is **Not Binding**.

Pros: If admitted, students have a “place to go” early

Cons: student must make Nov./Dec. application deadlines.



Early Decision

Students apply to a college 1st semester senior year. Deadlines: Nov. 1, Nov. 15 or Dec. 1 (depending on school). Few as early as Oct. 15

Pros: Sometimes students have a better chance of being admitted. Notified by a published date if they were Admitted, Denied or Deferred for Regular Admission.

Cons: Students must enroll at that college if accepted. No true negotiation power for financial aid.

ROLLING ADMISSION VS. REGULAR DECISION

Rolling Admission:

- First come, first served basis
- Colleges review applications as they arrive and hand out decisions continuously until the incoming class fills up

Regular Decision:

- Students apply by deadline
- All applications are reviewed and decisions released on set date
- Students make their decision by May 1



APPLICATION FEE FREE WINDOW: (THESE ARE LAST YEAR'S DATES)



10/15-11/2 - updated



10/15-11/15



All of November



All of November



Through 11/15

- Pay attention to your deadlines

THE COMMON APPLICATION

- Most colleges require electronic submission of application.
- More than 1,100 colleges accept the Common Application – be sure to check for supplements.
- Payment is made electronically with credit card.
- Common App Tool Kit:
 - <http://www.commonapp.org/ready>
 - <http://www.commonapp.org/>

COALITION APPLICATION



As of last year's 2025-26 application cycle, the Coalition app has about 170 member colleges, but many of these also use the common app.

It is important when researching colleges and creating your application timeline to make a note of which institutions use Coalition exclusively, if any.

<http://www.coalitionforcollegeaccess.org/>

CT STATE



Did you know you may be able to attend CT State for free?

CT State offers funding that covers the gap between federal and state grants you receive and community college tuition and mandatory fees. To receive this additional funding, apply to CT State*, register for classes (6+ credits), and fill out the Free Application for Federal Student Aid (FAFSA). Entry into the program is on a first-come, first-served basis.

<https://ctstate.edu/>

INDIVIDUAL SCHOOL APPLICATIONS

- Most are electronic applications via common app/CT State
- Payment is online, CT State App is free
- School forms sent out to 4 year schools via Naviance, whereas for CT State they are uploaded to the portal
- Paper/pencil applications are essentially non-existent now

Class of 2027 Senior College Application Checklist

Begin completing this checklist two – four weeks prior to your application deadline.

Naviance Tasks:

- ☐ Login to Naviance: Under the “About Me” tab, click on Account, ensure your info is up to date
- ☐ Complete your Resume on Naviance “About Me”, “Resume”

Common App Set Up and Naviance Match (4 year colleges):

- ☐ Create Common App with personal email, add a college, add East Lyme High to Education section, sign FERPA waiver
- ☐ Match account in Naviance by clicking “Colleges I’m applying to”, Match Account, and fill in the information requested

Letters of Recommendation: (provide at least two week notice)

- ☐ For teacher letter: Request a letter of recommendation in-person:
 - o Complete the request on Naviance by clicking “Colleges” then “Colleges I’m applying to” and then click on “Letters of Recommendation” and choose your teacher from the drop-down menu.
- ☐ For counselor letter: If required by the college or university, request a letter of recommendation from your counselor in-person (keep in mind not all schools require a counselor letter of recommendation):
 - o Complete the request by using the electronic form found on the Class of 2027 Google Classroom page called “School Counselor Recommendation Form”

STUDENT RESPONSIBILITIES:
PRIOR TO YOUR APPLICATION



SCHOOL COUNSELOR LETTER OF RECOMMENDATION REQUEST 26-27

Remember: You need to ask your counselor in person if you'd like a letter. Filling out this form alone notify us—you must speak directly with your school counselor.

Please allow a minimum of 14 days for your recommendation to be written/uploaded.

Your resume **MUST BE COMPLETED** prior to form submission.

STUDENT RESPONSIBILITIES: APPLYING

Applying:

- ❑ Apply to the college or university electronically via Common App, Coalition, or college website (*Refer to Class of 2027 Common App Completion Guidelines document found in the Class of 2027 Google Classroom page with help in completing the application). Pay and submit your application.

Sending SAT/ACT scores:

- ❑ Send test scores, if required by the college or university (keep in mind that it can take up to two weeks for scores to arrive to colleges). Request to have your SAT and ACT scores sent directly to your colleges by:
 - SAT www.collegeboard.org (Test scores will not be on your transcript)
 - ACT www.actstudent.org (Test scores will not be on your transcript)

Sending Transcripts/Letters of Recommendation:

- ❑ Request your transcripts on Naviance by clicking under the “Colleges” then “Colleges I’m applying to” then click on “Request Transcripts” and by emailing: ccc@elpsk12.org The following will be sent by our registrar, Ms. Freeman, once both steps are completed:
 - Transcript with grades (No test scores!)
 - Recommendations and School Report on Naviance
 - High School Profile, 1st Quarter, Midterm & Final grades

ELHS Deadline to Request Transcript:	College Submission Deadline
October 6, 2026	October 15, 2026
October 23, 2026	November 1, 2026
November 6, 2026	November 15, 2026
November 21, 2026	December 1, 2026

STUDENT
RESPONSIBILITIES:
SENDING
TRANSCRIPTS

STUDENT RESPONSIBILITIES: FOLLOW-UP & FINANCIAL AID



Financial Aid/Scholarships:

- ☐ Remember to send a thank you note to each person who wrote a recommendation letter for you!
- ☐ Financial Aid: Complete the FAFSA or CSS Profile
 - o **FAFSA completion night at ELHS – October 8, 6:30**
- ☐ Scholarships: links located on ELHS School Counseling Scholarship and Class of 2027 Google Classroom pages

[FAFSA – Get Started Here](#)

Scholarship Google Classroom code - **jh bqjj7**

Net Price Calculator on each school's website

FAFSA Completion Night



Thursday, October 8th at 6:30 pm

East Lyme High School Auditorium

Please join members of the East Lyme High School Counseling Department, as well as a representative from Conn College's Financial Aid Office, as the FAFSA is reviewed and your questions are answered.

Parents and Students please bring the following with you:

1 For the Students:

- FSA ID and password (should be done ahead of time on studentaid.gov)
- Email Address, Social Security Number
- 2025 total income: if they filed a tax return, please bring information and W2 statements.
- Savings/Checking/Investment balances

2 For the Parents:

- FSA ID and password (should be done ahead of time on studentaid.gov)
- Both email addresses and Social Security Numbers
- 2025 Federal tax returns with all schedules and W2 statements
- Savings/Checking/Investment balances, including investment property net value (value - mortgage), business and/or farm net values.

FAFSA
COMPLETION
NIGHT

CONNECTICUT AUTOMATIC ADMISSION PROGRAM (CAAP)

- The Connecticut Automatic Admissions Program (CAAP) offers eligible students automatic admission to participating Connecticut Colleges and Universities based on high school grade point average (CAAP GPA) and/or percentile class ranking, both calculated using the College Board's formula for calculating GPA.

1. Eligibility: To qualify, you must have earned an unweighted GPA of 2.75 through your junior year. Students who are eligible for CAAP based on their recalculated CAAP GPA will be notified directly by ELHS.

2. Application: You apply through the Common App, which partners with the program to manage the application process.

3. Waived Requirements: The program waives application fees, student essays, and recommendation letters for participating institutions.

4. Direct Admission: After submitting your application and transcript, Common App sends you direct admission offers to eligible colleges and universities, which you can view and respond to through your Common App account.

- In order for CT automatic admissions schools to populate on your common app, you must set your communication preferences so that: "Common App may communicate with me by email, phone or text message..." This allows Common App to send your CAAP auto-admission information. You also must complete the common app profile, including your address, graduation date, and GPA. Within 24-48 hours, schools will populate.

VOCATIONAL RESOURCES

[Occupational Outlook Handbook](#)



[Career One Stop](#)



[mySkills myFuture](#)



[My Next Move](#)



[CT Apprenticeships](#)

ARMED SERVICES FAIR & ASVAB

- Armed Services Fair - November 12
 - 8:30-9:30 in cafeteria
 - Army, Marine Corps, Navy, Air Force, and Coast Guard
- ASVAB - November 19
 - 9:00 in Library
 - Interpretation date of January 5 @ 9:00 in Library
 - Signups in Counseling office as we near date

USERNAMES AND PASSWORDS

COLLEGEBOARD (AP, SAT, PSAT) <https://www.collegeboard.org/>

Username: Username should have 6-15 characters, made up of letters and numbers

Password: Student created

NAVIANCE student.naviance.com

Username: personal email address

Password: Student created

COMMONAPP <https://apply.commonapp.org/login>

Username: personal email address

Password: Student created

CT State <https://ctstate.edu/>

Username: personal email address

Password: Student created

QUESTIONS FOR US?

