

Ardasley High School

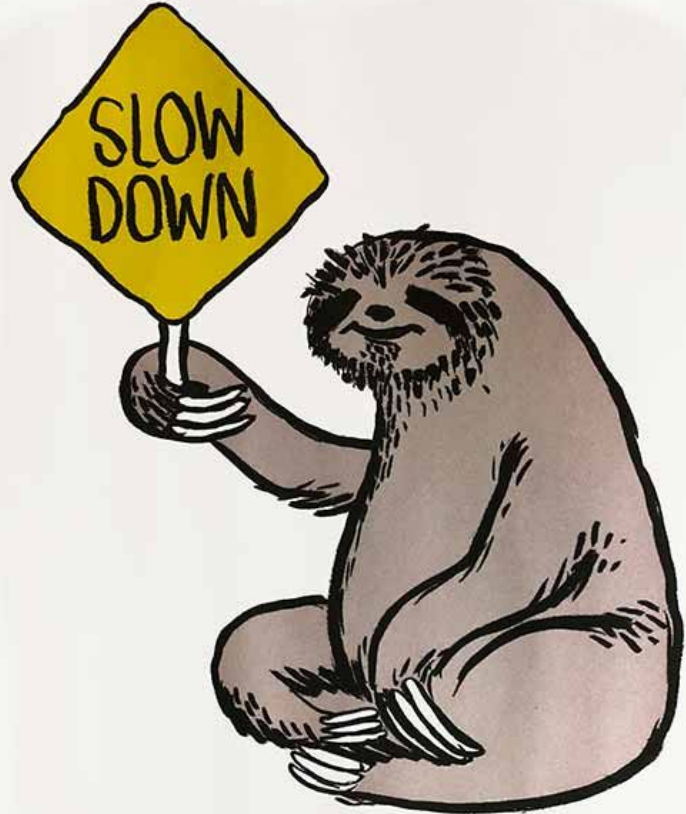


**Class of 2030 Parent
Presentation**

Time Flies

PERSPECTIVE & GUIDANCE

- You are on the first step of a 4 year journey
- Take it one step at a time
- Think of your own high school experience
- There is plenty of time to plan for the future and do not forget to let your child be a kid!



Challenging Times

Acknowledge Where We Are Right Now

EMOTIONAL LANDSCAPE

A complex mixture of emotions standard during transition periods:

- Relief
- Apprehension & Fear
- Anger & Anxiety



Graduation Requirements

<u>Subject</u>	<u>Number of Credits</u>
English	4
Social Studies	4
Math	3
Science	3
Art/Music	1
Health	.5
Physical Education	2
<u>World Language</u>	<u>1</u>

Total Credits Required

Regents Examinations (5)

22 (including 3.5 elective credits)

English, Algebra, Science,
Global History, & US History



Guidance Department Eight Semester Plan

9th Grade

1st Semester

- Student Orientation to High School Life
- Early Fall: 9th Grade Parent Night
- DBT Skills taught throughout the year
- Individual meetings throughout the year
- Intro Meetings with 8th Grade (Rising 9th Grade)
- Report card/Progress Report check-ins

2nd Semester

- Winter: 8th Grade Parent Night
- Individual Student Scheduling meetings
- Report card/Progress Report check-ins
- Drug and Alcohol Prevention Presentation

10th Grade

1st Semester

- Fall: Sophomore Parent Night
- Winter: Sophomore Parent Presentation
- Report card/Progress Report check-ins
- Planning for the Future Student Presentation (Course Offerings and Pathways)

2nd Semester

- Winter: BOCES Introduction Meeting
- Naviance Introduction and Career Interest Inventory with Students
- Report card/Progress Report check-ins
- Individual Student Scheduling Meetings

11th Grade

1st Semester

- October: PSAT
- September/October: SAT/ACT Conversation
- Winter: Junior Parent Meeting
- Winter: Student Group College Meeting
- Report card/Progress Report check-ins

2nd Semester

- Individual College Planning with Students
- Post Secondary Family Planning Meetings
- Spring: The College Process for Parents of Students with Learning Differences
- Individual Student Scheduling Meetings
- Junior Jump Start Meeting for Parents
- Common App Boot Camp Meeting with Students
- Report card/Progress Report check-ins

12th Grade

1st Semester

- How to Finalize the College Application Presentation for Students
- Senior Parent Night
- Early Fall: FAFSA Night
- Individual College Meetings with Students and Families
- On-going Support for Completing and Submitting the College Application
- College Representatives Meetings
- Report card/Progress Report check-ins

2nd Semester

- Mid-year check-ins
- On-going Support for Completing and Submitting the College Application
- Individual College Meetings with Students and Families: Understanding Financial Aid and Acceptances
- Spring: Senior Exit Meetings



Arrival, Dismissal, and More

ARRIVAL PROCEDURES

Where can students go?

Library, Cafeteria, and Commons

Check-In & Entry

Students must enter through the Commons and check in with their IDs

Early Hours

Library is open at 7:00am

CAMPUS LEAVE POLICY

Can students leave campus?

Only 12th-grade students can leave campus

All 9th, 10th, and 11th-grade students must remain on school grounds throughout the school day.

DISMISSAL & AFTER SCHOOL

Regular Bus Schedule

Buses leave from the Commons area at 3:00pm (immediately after school)

Late Buses

Leaves at 3:50pm each day

After-School Library

Open until 4:00pm Monday-Thursday



Communication



Students

Reach out to teachers in person, email, and office hours



Parents & Caregivers

Reach out to school counselor or teacher



AHS Website & Email

Please refer to the AHS Website and email for key school information



Dignity Act

Promoting a safe, supportive, and harassment-free school environment for everyone



Anonymous Alerts

Confidential reporting tool to submit safety concerns directly to school personnel

What's the difference?



Attendance



Learning Management



Development of skills to
self-advocate



Get involved in the AHS community





High School Resources



Academic Support

- Math Center
- Science Center
- Writing Center
- Social Studies Center
- Office Hours



Guidance & Wellness

- Wellness Center
- YES Office
- Supportive Groups
- Guidance Bulletin Board



Tools & Info

- Google Classroom
- Website & Handbook
- Morning Announcements
- Library



Beyond the Classroom



Out-of-Classroom

Real-world learning, hands-on experiences, and personal growth outside standard academics.



Commitment

Sustained duration and active involvement show true dedication and perseverance.



School Related

Clubs, athletics, performing arts, and student government active within the school.



Community

Volunteering, civic organizations, and local community service contributions.



Summer Programs

Enrichment courses, internships, jobs, and specialized summer programs.



Quality > Quantity

Deep engagement and leadership in key interests matter more than a long list.

Bell Schedule & Day Rotation

	Time	A Day	B Day	C Day	D Day	E Day	F Day	G Day	H Day
Period 1	7:55 - 8:52	1	4	3	2	1	4	3	2
Period 2	8:58 - 9:55	2	1	4	3	2	1	4	3
Period 3	9:58 - 10:55	3	2	1	4	3	2	1	4
Lunch	10:56 - 11:54	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Period 5	11:55 - 12:52	5	8	7	6	5	8	7	6
Period 6	12:55 - 1:52	6	5	8	7	6	5	8	7
Period 7	1:55 - 2:52	7	6	5	8	7	6	5	8
Dropped		4	3	2	1	4	3	2	1
Dropped		8	7	6	5	8	7	6	5

Course Selection

Overview & Timeline



Winter Course Catalog

During the Winter, students will be provided the Course Catalog listing all projected course offerings.

Explore Pathways

Students and families should get familiar with the pathways available to students.

Early February Course Requests

We will meet with students in early February to complete their Course Requests for the following year.

Planning Ahead

Having prior knowledge of courses can help make the planning process easier.



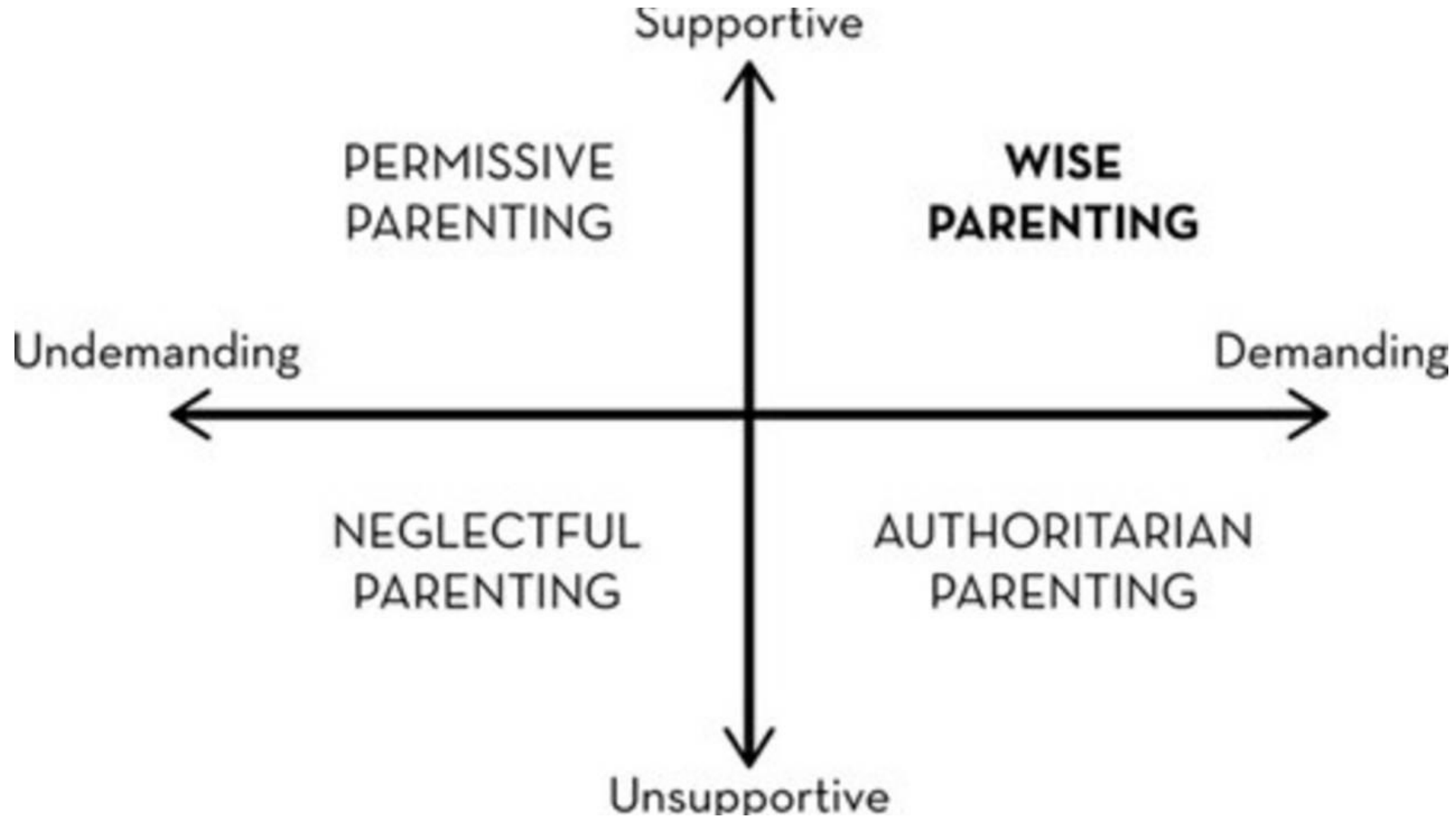
Southern Westchester BOCES
collaborates with local school districts
offering career and technical education

Afternoon programs are available to
Junior and Senior students.

BOCES provides career/vocational
training and certification

Students will earn credit toward
graduation

Reach out to your School Counselor for
more information



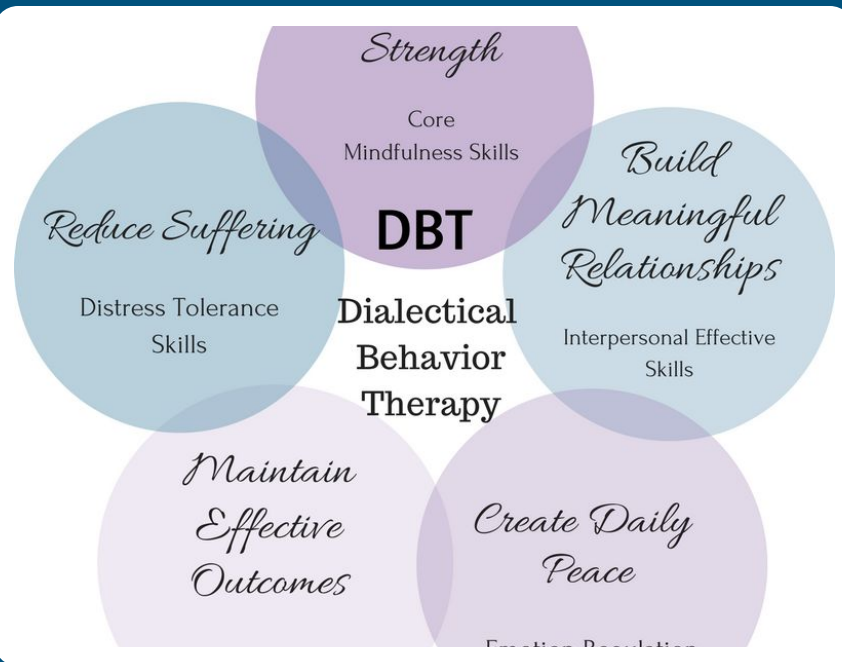
What is DBT?

Core Purpose

Dialectical Behavioral Therapy helps students manage emotions, improve relationships, and enhance their decision making abilities.

Life-Long Skills

Help adolescents develop their own toolbox of life enhancement strategies beyond the classroom.



Helpful Tips

Expect Mistakes

Big Concerns / Small Stuff

Encourage Healthy Habits

Seek Help

Homework and Grades

Student Interests vs Parent
Involvement

Listen and Validate

Meet the Staff

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