

2026-2027 SHAC MEETING TOOLKIT

Academy of Accelerated Learning

October 12, 2026 | 5:00 PM

- **Agenda for meeting facilitator**
 - **Sign-In Sheet**
 - **Family Invitation**
 - **Bylaws**
 - **Annual Plan**

Prepared for council use.

Includes the Board-approved SHAC Bylaws and Operating Procedures adopted October 28, 2025.



SCHOOL HEALTH ADVISORY COUNCIL MEETING AGENDA

Monday, October 12, 2026 | 5:00-6:30 PM

Families may attend Ashcroft or Bellfort. All sites will join one districtwide virtual meeting.

Site check-in begins at 4:45 PM

Time	Agenda Item	Lead	Deliverable/Action
5:00-5:05	Call to order, welcome, meeting purpose, and quorum check	Administrative Liaison	Quorum status documented
5:05-5:17	Officer nominations and elections for vacant or expired positions	Administrative Liaison/Council	Chair, Vice-Chairperson, and Secretary confirmed
5:17-5:25	Introductions and SHAC mission: why student health, safety, and wellness matter	Chairperson	Shared understanding of SHAC purpose
5:25-5:35	Confirm 2026-2027 membership roster, representation, and annual bylaws acknowledgments	Administrative Liaison	Active roster and acknowledgment status
5:35-5:42	Approve prior minutes, if available	Secretary/Chairperson	Approved or deferred minutes noted
5:42-5:52	Review Board-approved bylaws, meeting requirements, quorum expectations, and public-comment procedures	Chairperson/Liaison	Operating expectations confirmed
5:52-6:05	Review 2025-2026 carryover recommendations and unfinished work	District Team	Carryover priorities identified
6:05-6:17	Set 2026-2027 priority areas and confirm the physical activity and fitness planning subcommittee	Council	Annual priority list and subcommittee lead
6:17-6:25	Campus family feedback and public comment from each site	Site Facilitators	Feedback captured by campus
6:25-6:30	Confirm next steps, assigned owners, next meeting date, and adjourn	Secretary/Chairperson	Action tracker updated

Proposed Priority Areas

- Nutrition and physical activity
- Hygiene, puberty, and student development
- Mental and behavioral health supports
- Safe and healthy school environment
- Family awareness and wellness resources

SHAC MEETING SIGN-IN SHEET

October 12, 2026 | 5:00 PM

Campus site: ☐ Ashcroft ☐ Bellfort

#	Printed Name	Email/Phone	Representation	Status	Signature
1			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
2			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
3			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
4			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
5			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
6			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
7			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
8			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
9			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
10			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
11			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
12			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
13			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	

14			☐ Parent ☐ Staff ☐ Student ☐ Community	☐ Member ☐ Guest	
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Site facilitator: _____ Attendance total: _____ Appointed members present: _____

YOU ARE INVITED

AAL School Health Advisory Council Meeting

Help shape student health, safety, and wellness priorities for the 2026-2027 school year.

DETAIL	INFORMATION
Date	Monday, October 12, 2026
Time	5:00 PM
In person	Attend at Ashcroft or Bellfort
Audience	Parents/guardians, staff, students, and community partners

Meeting Highlights

- Confirm Board-appointed membership and council operations
- Elect officers only for vacant or expired positions
- Review last year's recommendations
- Set this year's wellness priorities and calendar
- Gather family input at every AAL site

Your voice matters. Together, we can strengthen the connection between student health and learning.

Usted Está Invitado

Reunión del Consejo Asesor de Salud Escolar de AAL

Ayude a definir las prioridades de salud, seguridad y bienestar estudiantil para el año escolar 2026-2027.

DETALLE	INFORMACIÓN
Fecha	Lunes, 12 de octubre de 2026
Hora	5:00 PM
En persona	Asista en Ashcroft o Bellfort
Audiencia	Padres/tutores, personal, estudiantes y socios comunitarios

Puntos destacados de la reunión

- Confirmar la membresía nombrada por la Mesa Directiva y las operaciones del consejo
- Elegir oficiales solo para puestos vacantes o vencidos
- Revisar las recomendaciones del año anterior
- Establecer las prioridades de bienestar y el calendario de este año
- Recopilar opiniones de las familias en cada sitio de AAL

Su voz es importante. Juntos, podemos fortalecer la conexión entre la salud estudiantil y el aprendizaje.

SHAC Bylaws 2025-26: [AAL SHAC Bylaws English 2025-26](#) | [AAL SHAC Bylaws Spanish 2025-26](#)

2026-2027 SHAC ANNUAL PLAN

Built from 2025-2026 carryover priorities

Planning basis: prior AAL SHAC work identified nutrition and physical activity and hygiene, puberty, and student development as primary carryover areas. This plan also keeps mental health, safety, family engagement, and coordinated school health duties visible.

Annual Outcomes

- Maintain an active, parent-centered council with reliable quorum.
- Hold at least four documented meetings and complete an annual Board-facing summary.
- Move each priority from discussion to a concrete recommendation, resource, or implementation check.
- Create a consistent pipeline for family feedback from every AAL site.

Session	Target	Focus	Working Product
1	Oct. 12, 2026	Re-establish council	Roster, officers, bylaws, calendar, priorities
2	December 2026	Nutrition + physical activity	Recommendation or family-resource action
3	February 2027	Hygiene, development + mental wellness	Draft resource/communication recommendation
4	April 2027	Safety, progress + next year	Annual report and carryover priorities

Quorum Recovery Plan

- Confirm members and alternates before Meeting 1.
- Send calendar holds for all four meetings after officer elections.
- Use reminders 14 days, 7 days, and 24 hours before each meeting.
- Require attendance responses; begin replacement outreach after two consecutive absences.
- Document quorum at opening and pause formal votes if quorum is lost.
- Use campus attendance plus one districtwide virtual connection to reduce barriers.

Roles and Accountability

Role	Responsibility	Evidence
Chair	Preside and finalize agenda	Agenda approved 7 days before meeting
Vice Chair	Support recruitment and preside as needed	Member confirmations
Secretary	Attendance, minutes, votes, actions	Draft minutes within 7 business days
District Liaison	Notice, virtual link, site logistics, records	Complete meeting packet
Site Facilitators	Room, sign-in, technology, family input	Artifacts next business day
Members	Attend, review, gather input, vote	Assigned actions completed

Standing Meeting Cycle

- Celebrate: progress since the prior meeting
- Learn: brief data, legal, or program update
- Work: analyze, discuss, and draft a recommendation
- Commit: assign owners, deadlines, and evidence

Artifact Checklist

- Agenda/notice
- Campus and virtual attendance records
- Meeting recording when required
- Approved minutes
- Family feedback summary
- Recommendation/action tracker
- Board summary or annual report

Sources and Review Notes

Texas Education Agency, School Health Advisory Council FAQ (Dec. 8, 2025): <https://tea.texas.gov/educators/subject-areas/health-and-physical-education/shac-faq-final.pdf>

Texas Department of State Health Services, School Health Advisory Councils: <https://www.dshs.texas.gov/texas-school-health/school-health-advisory-councils>

Internal note: Exact prior minutes were not available in this chat. Reconcile the carryover priorities and unfinished actions against the official 2025-2026 minutes before final adoption.