



MIDDLE SCHOOL LUNCH MENU

		WEDNESDAY	THURSDAY	FRIDAY
			1 Bagel B-Fast sandwich: - sausage, Egg + cheese - Egg + cheese SIDES: Hash Brown Potato Fruited Yogurt Assorted Fruit / Milk Variety	2 personal pizza or Hot Dog on Bun SIDES: Tomato Soup Fresh Cucumber Slices Assorted Fruit / Milk Variety
5 Chicken-Finger sub (Regular or Buffalo) SIDES: Sweet Potato Fries Fresh Side Salad Assorted Fruit / Milk Variety GF: Chicken sandwich or Parfait	6 Taco salad w/tortilla chips SIDES: Rice, Beans, Shred. Lettuce Shredded Cheese, Salsa Assorted Fruit / Milk Variety GF: Parfait Lunch	7 Macaroni + cheese w/Bacon or Chicken Topping SIDES: Fresh Baby Carrots Fresh Side Salad Assorted Fruit / Milk Variety GF: Mac + Cheese or Parfait	8 French Toast sticks + sausage SIDES: Hash Brown Potato Fruited Yogurt / Acai Cup Assorted Fruit / Milk Variety GF: Parfait Lunch	9 SUPERINTENDENT CONFERENCE DAY NO SCHOOL
12 CAFETERIA CIRCUS NATIONAL SCHOOL LUNCH WEEK ★ OCT 12 TH -16 TH ★ 2026 ★ COLUMBUS DAY-NO SCHOOL 	13 Mark's Pizza Slice SIDES: Chicken Noodle Soup Fresh Side Salad Assorted Fruit / Milk Variety GF: Mark's Pizza or Parfait	14 M.S. HARVEST FEST! Chicken patty on Bun (Regular or Spicy) SIDES: Curly Fries Fresh Cucumber Slices Assorted Fruit / Milk Variety GF: Chicken on Bun or Parfait	15 Buttermilk pancakes + sausage SIDES: Hash Brown Potato Fruited Yogurt Assorted Fruit / Milk Variety GF: Parfait Lunch	16 quesadilla w/rice w/chicken or Plain (cheese) SIDES: Broccoli-Cheddar Soup Fresh Baby Carrots Assorted Fruit / Milk Variety GF: quesadilla or Parfait
19 Mozzarella sticks w/roll or stuffed crust pizza SIDES: Kernel Corn Fresh Celery Sticks Assorted Fruit / Milk Variety GF: Pizza or Parfait	20 Cheeseburger on Bun or Hamburger on Bun SIDES: Baked Fries Fresh Side Salad Assorted Fruit / Milk Variety GF: Parfait Lunch or PB+J	21 Golden Waffles + sausage SIDES: Hash Brown Potato Fruited Yogurt Assorted Fruit / Milk Variety GF: Chicken on Bun or Parfait	22 BIG APPLE CRUNCH DAY! Chicken-Finger sub (Regular or Buffalo) SIDES: Baked Fries Apple Turnover Assorted Fruit / Milk Variety GF: Parfait Lunch	23 French Bread Pizza cheese or pepperoni SIDES: Tomato Soup Fresh Baby Carrots Assorted Fruit / Milk Variety GF: Pizza or Parfait Lunch
26 Pretzel Bites + Nuggets SIDES: Green Beans Fresh Grape Tomatoes Assorted Fruit / Milk Variety GF: Grilled Cheese or Parfait	27 UPK-12 EARLY RELEASE DAY! Walking Tacos SIDES: Rice, Beans, Shred. Lettuce Shredded Cheese, Salsa Assorted Fruit / Milk Variety GF: Parfait Lunch or PB+J	28 Popcorn chicken w/roll SIDES: Mashed Potatoes Kernel Corn Assorted Fruit / Milk Variety GF: Chicken Strips w/grain	29 French Toast sticks + sausage SIDES: Hash Brown Potato Fruited Yogurt Assorted Fruit / Milk Variety GF: Parfait Lunch	30 BOSCO sticks w/marinara or Hot Dog on Bun SIDES: Baked Fries Halloween Cookie Assorted Fruit / Milk Variety GF: Hot Dog or Parfait

Other Daily Lunch Choices: **BERRY + YOGURT PARFAIT w/GRANOLA OR PB+J UNCRUSTABLE LUNCH**

For the 2026-27 School Year:

All students can receive 1 breakfast and 1 lunch each school day at no charge thanks in part to participation in Community Eligibility Provision (CEP).

Second meals, snacks, a la carte items must be paid for (at time of purchase) with cash or funds on student lunch accounts.

Add funds to your child's account via: myschoolbucks.com or send cash or check (payable to Williamson School Lunch) and we can deposit funds here with no additional fees or charges.

Any questions regarding school meals or student accounts? Contact Tina VanStrien, School Lunch Director at tvanstrien@williamsoncentral.org or 315-589-9621.

Please notify us if your child has a food allergy. Menu Subject to change. This institution is an equal opportunity provider. 2026

