

Menus for October 2026



Fulton County Schools

This institution is an equal opportunity provider. Menus are subject to change.

Thursday, October 1

Breakfast
Breakfast Bowl

Lunch
Chili Crisпитos
Broccoli & Cheese
Straight Cut Fries
Assorted Fruit
Milk & Juice

Friday, October 2

Breakfast
Iced Donuts

Lunch
Philly Cheese Steak
Sandwich
Green Beans
Batter Bites
Side Salad
Assorted Fruit
Milk & Juice

Available Daily

Breakfast

Yogurt Parfaits, Pop Tarts, Cereal,
Muffins, Donuts with Fruit, Juice
& Milk

Option 2 Lunches

Monday– Pizza
Tuesday– Cheese Bread
Wednesday– Cheeseburger
Thursday– Boneless Wings
Friday– Corndog

Option 3– Salad Bar



Break begins at the end of classes:

Friday, October 02

Classes Resume:

Monday, October 12

Monday, October 12

Breakfast
Biscuits & Gravy
w/Sausage

Lunch
Chicken Alfredo
Roll
Mashed Potatoes
Green Beans
Assorted Fruit
Milk & Juice
**Big Top
Animal Crackers**

Tuesday, October 13

Breakfast
Bacon, Egg, &
Cheese Biscuit

Lunch
Lasagna
Roll
Corn
Candy Carrots
Assorted Fruit
Milk & Juice
Clown Crunch Popcorn

Wednesday, October 14

Breakfast
Tornado
w/Goldfish Graham
Parent Luncheon

Lunch
BBQ Nachos
Mac & Cheese
Baked Beans
Tator Tots
Assorted Fruit
Milk & Juice
Carnival Cookie

Thursday, October 15

Breakfast
Breakfast Bowl

Lunch
Chili Cheese Fries
Broccoli & Cheese
Seasoned Crinkle Cut
Assorted Fruit
Milk & Juice
Big Top Vanilla Swirl

Friday, October 16

Breakfast
Iced Donuts

Lunch
BBQ Chicken
Roll
Green Beans
Roasted Potatoes
Assorted Fruit
Milk & Juice
Lion Paws





★OUR NATION'S HISTORY★

The United States National Park Service was created 110 years ago in 1916. One year later, Yellowstone National Park became the first park managed by the new service. In 2025, recreation visits to all 400+Park Service sites topped 320 million!

★WITH LIBERTY & JUSTICE FOR ALL★



Monday, October 19

Breakfast

NO SCHOOL FOR STUDENTS DUE TO PARENT-TEACHER CONFERENCE

Tuesday, October 20

Breakfast
Sausage, Egg, & Cheese Biscuit

Lunch
Chicken & Cheese Tortillas
Corn
Candied Carrots
Assorted Fruit
Broccoli & Tomato
Milk & Juice

Wednesday, October 21

Breakfast
Breakfast Pizza

Lunch
Scrambled Eggs
Bacon OR Sausage
Biscuits & Gravy
Carrots w/Ranch
Hashbrown
Assorted Fruit
Milk & Juice

Thursday, October 22

Breakfast
Cinnamon Biscuits

Lunch
General Tso Chicken
Fried Rice
Broccoli & Cheese
Seasoned Waffle Fries
Assorted Fruit
Milk & Juice

Friday, October 23

Breakfast
Chicken & Biscuit

Lunch
Meatball Sub
Green Beans
Breaded Okra
Cucumber & Cauliflower
Assorted Fruit
Milk & Juice

Monday, October 26

Breakfast
Biscuits & Gravy w/Sausage

Lunch
Salisbury Steak
Brown Gravy Roll
Mashed Potatoes
Green Beans
Assorted Fruit
Milk & Juice

Tuesday, October 27

Breakfast
Bacon, Egg, & Cheese Biscuit

Lunch
Beef & Bean Burrito w/ Queso Cheese
Refried Beans
Corn
Assorted Fruit
Milk & Juice

Wednesday, October 28

Breakfast
Tornado w/Goldfish Graham

Lunch
Chicken Sandwich
Baked Beans
Au Gratin Potatoes
Assorted Fruit
Milk & Juice

Thursday, October 29

Breakfast
Breakfast Bowl

Lunch
Chili Crisitos
Broccoli & Cheese
Straight Cut Fries
Assorted Fruit
Milk & Juice

Friday, October 30

Breakfast
Iced Donuts

Lunch
Philly Cheese Steak Sandwich
Green Beans
Batter Bites
Side Salad
Assorted Fruit
Milk & Juice

HORSESHOE CRABS HAVE EXISTED FOR 450 MILLION YEARS AND ARE CONSIDERED TO BE **LIVING FOSSILS!** THEY AREN'T REALLY CRABS, OR EVEN CRUSTACEANS - THEY'RE RELATED TO **SPIDERS!** HORSESHOE CRABS HAVE BEEN OVERFISHED FOR USE AS BAIT AND FERTILIZER, BUT THEY MIGHT BE MISSED: TURNS OUT THAT AT LEAST ONE SPECIES OF ENDANGERED MIGRATING SHORE BIRD TIMES ITS TRIP TO **EXACTLY** WHEN THE HORSESHOE CRABS' NUTRIENT-RICH EGGS ARE AVAILABLE TO FUEL ITS LONG-DISTANCE FLIGHT. NO CRABS, NO EGGS, **NO BIRDS.** AND, **OH YEAH,** IT ALSO TURNS OUT THE CRABS' **BLUE BLOOD** CONTAINS A SUBSTANCE THAT IS INCREDIBLY USEFUL IN MEDICAL APPLICATIONS FOR US HUMANS, TOO. **MIGHT BE GOOD** IF THEY STUCK AROUND AWHILE!



STRANGE
BUT TRUE!