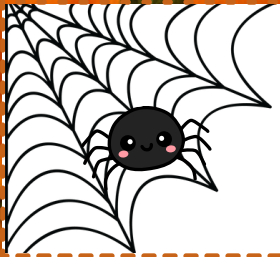


OCTOBER 2026

BES/ROES/OHES/OPNP



MON	TUE	WED	THU	FRI
		We are proud to offer Straus organic milk 	1 Bagel with Cream Cheese Chicken or Tofu Teriyaki Bowl Shelled Edamame	2 Chef's Choice Spaghetti Marinara with Cubed Cheese Sliced Sweet Peppers
5 Buttermilk Biscuit Italian Dippers with Marinara Carrot Sticks	6 Cold Cereal Chicken Drumstick or Tofu with Brown Rice Mixed Green Salad	7 Cheesy Egg Bites with Diced Potatoes OR Yogurt with Breakfast Bar Quesadilla Cucumber Slices	8 Bagel with Cream Cheese Chicken or Veggie Chik'n BBQ Sandwich Smiley Fries Dill Pickle Spears	9 Breakfast Bread Stuffed Pasta Shells with Marinara Sliced Sweet Peppers
12 Buttermilk Biscuit Ameci Cheese Pizza Carrot Sticks Mixed Green Salad	13 Cold Cereal Veggie Chik'n Nuggets with Dinner Roll Smiley Fries	14 Scrambled Eggs with Diced Potatoes OR Yogurt with Breakfast Bar Bean & Cheese Burrito Cucumber Slices	15 Bagel with Cream Cheese Chicken or Tofu Chow Mein Shelled Edamame	16 Breakfast Bread Grilled Cheese Sandwich Sliced Sweet Peppers
19 NO SCHOOL *OPNP in school* Mac 'n' Cheese lunch	20 Cold Cereal Chicken or Veggie Chik'n Caesar Salad with Roll Baby Carrots	21 Cheesy Egg Bites with Diced Potatoes OR Yogurt with Breakfast Bar Sunbutter & Jelly Sandwich Celery Sticks Edamame	22 Bagel with Cream Cheese Chicken or Veggie Chik'n Alfredo Pasta Sweet Green Peas Sliced Sweet Peppers	23 NO SCHOOL *OPNP in school* Cheese, Lettuce, Tomato Sandwich lunch
26 MINIMUM DAY Buttermilk Biscuit Spaghetti Marinara with Veggie M'eatballs Baby Carrots	27 MINIMUM DAY Cold Cereal Chicken or Veggie Taco Cut Corn Side Salsa	28 MINIMUM DAY Scrambled Eggs with Diced Potatoes OR Yogurt with Breakfast Bar Mac 'n' Cheese Broccoli Florets Cucumber Slices	29 MINIMUM DAY Bagel with Cream Cheese Chicken or Tofu Teriyaki Bowl Shelled Edamame	30 MINIMUM DAY Breakfast Bread Turkey or Cheese Sandwich Sliced Sweet Peppers

October Harvest of the Month:



BELL PEPPERS!

Fun Facts



Peppers are actually fruits! (They are produced from a flowering plant and contain seeds)



Red, orange, and yellow bell peppers are actually very ripe green bell peppers!



Red bell peppers are sweeter than green ones because bell peppers sweeten as they ripen!

Menu subject to change at any time