

OCTOBER 2026

K-8 Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

9.24



1 Egg and Cheese Bagel
Raisins
100% Very Berry Juice
1% or Skim White Milk

2 Strawberry Pancake Puffs
Strawberry Applesauce
100% Grape Juice
1% or Skim White Milk

5 Apple Cinnamon Muffin
Triple Cherry Yogurt
Cinnamon Applesauce
100% Fruit Punch Juice
1% or Skim White Milk

6 Breakfast Burrito
w/Taco Sauce
Fresh Orange
100% Orange Juice
1% or Skim White Milk

7 Blueberry Waffles
Fresh Apple
100% Apple Juice
1% or Skim White Milk

8 Turkey Ham and
Cheese Slider
Fresh Plum
100% Very Berry Juice
1% or Skim White Milk

9 Variety Cereal Bars
String Cheese
Raisins
100% Grape Juice
1% or Skim White Milk

12

13

14

15

16

FALL BREAK

19 Cinnamon Toast Crunch
Breakfast Bar
Cinnamon Applesauce
100% Fruit Punch Juice
1% or Skim White Milk

20 Pancake Sausage Wrap
Peach Cup
100% Orange Juice
1% or Skim White Milk

21 WG Blueberry Pop Tart
Fresh Apple
100% Apple Juice
1% or Skim White Milk

22 Mini Chicken Biscuit
Fresh Orange
100% Very Berry Juice
1% or Skim White Milk

23 Banana Bread
Banana
100% Grape Juice
1% or Skim White Milk

26 Mini Maple Pancakes
Plain Applesauce
100% Fruit Punch Juice
1% or Skim White Milk

27 Stuffed Waffle
Fresh Orange
100% Orange Juice
1% or Skim White Milk

28 Cocoa Cherry Bar
Raspberry Rainbow
Yogurt
Fresh Apple
100% Apple Juice
1% or Skim White Milk

29 Egg and Cheese
English Muffin
Banana
100% Very Berry Juice
1% or Skim White Milk

30 NO SCHOOL

News

Menu Subject to
Change

The Interactive
Menu
linqconnect.com

has Real Time
Updates

Served Daily:

Cold 1% White Milk
Cold Skim White Milk
Lactose Free Milk

