



TOWN OF BROOKHAVEN POLAR PLUNGE



Saturday, November 21, 2026

Cedar Beach, Mount Sinai

Check In: 9:30am / Plunge Begins: 11:30am

www.PolarPlungeNY.org/Brookhaven

Join thousands of your neighbors who support Special Olympics New York every year by raising funds from family and friends—and then splashing into frigid waters.

All funds raised through the Polar Plunge® helps provide year-round sports training and competition as well as leadership, health and inclusion programs for individuals with intellectual disabilities in your community.

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JOIN US!

