

Demon Speed & Strength

Fall 2026 – students in grades 3-7
DIS Gymnasium: 4:30-5:30 P.M.
Wednesdays:
10/28, 11/04, 11/11, 11/18, 12/2, 12/9, 12/16
Enrollment Fee: $75.00

Is your child an athlete who is serious about getting faster? No matter what sport your child plays, speed is a game-changer! If so, this is the class for your student-athlete! Kyle Harriger, Owner of *Harriger House Gym* in Westlake, wants your student-athlete to not only get faster and more explosive, but have fun doing it! With the use of age-appropriate drills, exercises, and equipment, Coach Harriger will get your student-athlete to the next level!

If your student is enrolled in Project Link, you may enroll via your parent portal!

Student's Name_____

Grade_____ **School**_____ **Parent's Names**_____

Address_____

Phone #1_____**Phone #2**_____

Email Address_____

Please make checks/money orders payable to the Westlake Board of Education and submit at the Westlake City Schools Administration Building, or any school office, or Project Link site. Credit card payments may be submitted via Pay Schools!

Demon S&S Fall 2026 – Session II