

CITIZEN ADVOCATES RESPITE GROUP

SATURDAYS 4PM - 7PM
SILVERBROOK MIDDLE SCHOOL



What is the Respite Group?

A free monthly respite program for families raising children with disabilities. Caregivers get dedicated time to rest, run errands, or enjoy a night out knowing their child is safe and supported. Alongside our experienced adult staff, participants are paired 1-on-1 with youth volunteers for a fun, interactive event filled with games, social connection, and new friendships.

What do we do at respite?

Students spend time playing basketball and other games in the gym, doing puzzles, crafts, games and spending time outside. Everyone sits together to have a dinner of pizza.

Volunteers needed

Middle, High School and college volunteers are needed for each event. More info on our website.



Who can participate?

Any Student (ages 3-21) with a disability and their siblings are eligible to come to respite.

2026/27 Dates

9/26, 10/24, 11/24, 12/19, 1/9,
2/6, 3/6, 4/3, 5/1

Cost

Suggested donation of \$10 per child or \$20 per family

Register Online

Please register so that we have the appropriate staff and volunteers.
www.cawash.org

Get in Touch

262-334-3384

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www.cawash.org

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