

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

Menu Name:	Middle School Lunch	Include Cost:	No
Site:			
Use Alternate Menu Name:	Alternate Menu Name 1		

Monday - 11/02/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001058 Hamburger or Cheeseburger	1 Burger	1	30.00
000387 Vegetable Blend & Pasta	1/2 Cup	1	25.21
990221 Stuffed Crust CheezyBites	6 Bites	1	42.00
Weighted Daily Average			97.21
% of Calories			43.3%
Weekly Nutrient Guideline			

Tuesday - 11/03/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990075 Brunch Lunch	Servings	1	30.95
990224 Chicken Tenders	4 Tenders	1	22.28

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	Portion Size	Reimb Qty	Carb (g)
990213 Waffle	1 Waf, 2T Syrup	1	39.13
Weighted Daily Average			92.36
% of Calories			40.9%
Weekly Nutrient Guideline			

Wednesday - 11/04/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990362 Orig/Spicy Chicken Patty Sandwich	1 Sandwich	1	43.00
000917 Chicken Pizza Quesadilla	1 Slice	1	33.00
Weighted Daily Average			76.00
% of Calories			47.9%
Weekly Nutrient Guideline			

Thursday - 11/05/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000720 Tater Tot Casserole	1/2 Cup	1	24.80
990260 Sunchip Variety	1 Pkg	1	19.00
990056 BBQ Chicken Sandwich	1 Sandwich	1	33.00

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990338 Grain Item	1	1	*N/A*
Weighted Daily Average			76.80
% of Calories			37.7%
Weekly Nutrient Guideline			

Friday - 11/06/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
000181 Grilled Cheese	1 Sandwich	1	34.80
000833 Broccoli Soup	1/2 CUP	1	9.46
Weighted Daily Average			86.26
% of Calories			37.7%
Weekly Nutrient Guideline			

Monday - 11/09/2026

Reimbursable Meal Total 1

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Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Tuesday - 11/10/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990106 Chicken Tortellini	2/3 Cup	1	31.34
990089 Garlic Breadstick	1 Breadstick	1	16.00
000309 Garlic French Bread Pizza	1 Piece	1	29.00
Weighted Daily Average			76.34
% of Calories			35.7%
Weekly Nutrient Guideline			

Wednesday - 11/11/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990362 Orig/Spicy Chicken Patty Sandwich	1 Sandwich	1	43.00

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	Portion Size	Reimb Qty	Carb (g)
000579 Mini Corn Dogs	6 Corn Dogs	1	25.50
Weighted Daily Average			68.50
% of Calories			42.8%
Weekly Nutrient Guideline			

Thursday - 11/12/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990142 Holiday Lunch	Lunch	1	*N/A*
000485 Turkey & Gravy	1/2 Cup	1	8.03
000908 Hot Roll	ROLL	1	31.90
990312 w/Holiday Sides	0	1	*N/A*
990096 Dessert	each	1	*N/A*
Weighted Daily Average			39.93
% of Calories			42.3%
Weekly Nutrient Guideline			

Friday - 11/13/2026 Reimbursable Meal Total 1

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Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
990066 Manager's Choice	PKG	1	*N/A*
Weighted Daily Average			42.00
% of Calories			42.0%
Weekly Nutrient Guideline			

Monday - 11/16/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990357 Cheese/Pepperoni Bosc	2 Bosc	1	57.07
000398 BBQ Pulled Pork Sandwich	1 Sandwich	1	36.24
000173 Pasta Salad	1/2 CUP	1	14.39
Weighted Daily Average			107.69
% of Calories			37.2%
Weekly Nutrient Guideline			

Tuesday - 11/17/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000477 General Tso Chicken & Rice	4 oz	1	37.95

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000986 Egg Roll	1 Egg Roll	1	14.00
000460 Meatball Sub	4 Meatballs	1	60.43
Weighted Daily Average			112.38
% of Calories			36.9%
Weekly Nutrient Guideline			

Wednesday - 11/18/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990362 Orig/Spicy Chicken Patty Sandwich	1 Sandwich	1	43.00
990360 Toasted Beef Ravioli	6 Ravioli	1	33.00
Weighted Daily Average			76.00
% of Calories			42.5%
Weekly Nutrient Guideline			

Thursday - 11/19/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000013 Taco Crunch	4 oz	1	24.82

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Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Carb (g)
990168 Cheese Pocket	1 Pocket	1	28.00
Weighted Daily Average			52.82
% of Calories			27.8%
Weekly Nutrient Guideline			

Friday - 11/20/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000858 Pizza	1 Slice	1	42.00
000391 Hot Dog w/	1 Hot dog	1	32.74
000480 Mac & Cheese Side	1/2 Cup	1	28.38
Weighted Daily Average			103.12
% of Calories			36.8%
Weekly Nutrient Guideline			

Monday - 11/23/2026 Reimbursable Meal Total 1

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Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Tuesday - 11/24/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Wednesday - 11/25/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

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Nov 1, 2026 thru Nov 30, 2026

Thursday - 11/26/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Friday - 11/27/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Monday - 11/30/2026 Reimbursable Meal Total 1

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Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Carb (g)
990066 Manager's Choice	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		52.73
% of Calories		38.8%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
¹ - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.