

Base Menu Spreadsheet

Portion Values

Nov 1, 2026 thru Nov 30, 2026

Menu Name:	ECC Breakfast	Include Cost:	No
Site:	All Sites		
Use Alternate Menu Name:	Alternate Menu Name 1		

Monday - 11/02/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990248 WG Cereal Variety	1 Bowl	1	20.00
000417 Applesauce Cup	1 Container	1	14.00
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			47.00
% of Calories			71.5%
Weekly Nutrient Guideline			

Tuesday - 11/03/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990179 Egg Scrambled	2 oz	1	0.00
001007 Raisins	1 Box	1	22.00

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	Portion Size	Reimb Qty	Carb (g)
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			35.00
% of Calories			60.3%
Weekly Nutrient Guideline			

Wednesday - 11/04/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000797 WG Mini Maple Waffles	1 Pkg	1	37.00
000068 Banana	1 Banana	1	26.95
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			76.95
% of Calories			72.9%
Weekly Nutrient Guideline			

Thursday - 11/05/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990250 WG Bagel & Cream Cheese	1 Bagel	1	31.02
990232 Dried Apples Str Crisps	1 Pkg	1	10.00

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990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			54.02
% of Calories			55.7%
Weekly Nutrient Guideline			

Friday - 11/06/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
003497 Yogurt	1 Container	1	15.00
000441 Hashbrown Patty	1 Patty	1	15.00
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			43.00
% of Calories			56.0%
Weekly Nutrient Guideline			

Monday - 11/09/2026

Reimbursable Meal Total 1

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	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Tuesday - 11/10/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990248 WG Cereal Variety	1 Bowl	1	20.00
000417 Applesauce Cup	1 Container	1	14.00
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			47.00
% of Calories			71.5%
Weekly Nutrient Guideline			

Wednesday - 11/11/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990204 Ham Cheese Veggie Omelet	1 Omelet	1	2.00
000441 Hashbrown Patty	1 Patty	1	15.00

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990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			30.00
% of Calories			35.6%
Weekly Nutrient Guideline			

Thursday - 11/12/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990146 WG Banana Muffin	1 Muffin	1	30.00
990085 Dried Apple Crisps	1 Pkg	1	10.00
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			53.00
% of Calories			62.9%
Weekly Nutrient Guideline			

Friday - 11/13/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
001042 WG Strawberry Mini Bagel	1 Pkg	1	42.00
000068 Banana	1 Banana	1	26.95

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	Portion Size	Reimb Qty	Carb (g)
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			81.95
% of Calories			74.2%
Weekly Nutrient Guideline			

Monday - 11/16/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990248 WG Cereal Variety	1 Bowl	1	20.00
000417 Applesauce Cup	1 Container	1	14.00
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			47.00
% of Calories			71.5%
Weekly Nutrient Guideline			

Tuesday - 11/17/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990169 Croissant Sandwich	1 Sandwich	1	33.00
990078 Clementine	1 Fruit	1	11.28

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990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			57.28
% of Calories			51.6%
Weekly Nutrient Guideline			

Wednesday - 11/18/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
000762 WG Mini Blueberry Waffles	1 Pkg	1	37.00
000068 Banana	1 Banana	1	26.95
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			76.95
% of Calories			72.9%
Weekly Nutrient Guideline			

Thursday - 11/19/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990246 WG Pancake Stick	1 Stick	1	17.00
000441 Hashbrown Patty	1 Patty	1	15.00

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Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Carb (g)
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			45.00
% of Calories			43.2%
Weekly Nutrient Guideline			

Friday - 11/20/2026Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990240 WG Mini French Toast	1 Pkg	1	36.00
990232 Dried Apples Str Crisps	1 Pkg	1	10.00
990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			59.00
% of Calories			66.1%
Weekly Nutrient Guideline			

Monday - 11/23/2026Reimbursable Meal Total 1

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Nov 1, 2026 thru Nov 30, 2026

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Tuesday - 11/24/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Wednesday - 11/25/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

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Nov 1, 2026 thru Nov 30, 2026

Thursday - 11/26/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Friday - 11/27/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990068 No School	PKG	1	*N/A*
Weighted Daily Average			0
% of Calories			0%
Weekly Nutrient Guideline			

Monday - 11/30/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Carb (g)
990248 WG Cereal Variety	1 Bowl	1	20.00
000417 Applesauce Cup	1 Container	1	14.00

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990286 Milk Variety	1 Carton	1	13.00
Weighted Daily Average			47.00
% of Calories			71.5%
Weekly Nutrient Guideline			

		Carb (g)
Weighted Averages		38.10
% of Calories		62.0%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*
** - denotes combined nutrient totals with either missing or incomplete nutrient data*
' - denotes required nutrient values
Added Sugars target is informational only, with an effective date of July 1, 2027.
Per the Whole Milk for Healthy Kids Act of 2025, saturated fat from fluid milk is excluded from HHFKA menu analysis.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.