

**October 12th-16th is
National School Lunch Week
Join us for a Cafeteria CIRCUS!**



MENU

6-8 LUNCH

**Harvest of the
Month
NY Apples
October 14th**



OCTOBER

5
Crispy Chicken
Special Sauce Lettuce, Tomato, Onion,
& Pickles
Seasoned Waffle Fries
Cucumber & Tomato Salad

6
Walking Taco (Corn Chips)
Salsa & Sour Cream
Guacamole, Olives, Jalapenos
Yellow Corn & Tex Mex Beans

7
Chicken Wing Basket
Crispy Potato Wedges
Broccoli Florets
NY Apple Pie

1
Grilled Cheese
Tomato Soup
Gold Fish Crackers
Steamed Green Beans

2
Cheese Pizza
Steamed Yellow Corn
Fresh Veggie w/ Hummus
Cinnamon Applesauce Cup

8
Gen Tso Chicken
Fried Rice & Veg Egg Roll
Stir Fry Vegetables
Fresh Grape Tomatoes
Fortune Cookie

9
PizzaBoli Calzone
Pizza Green Beans
Caesar Side Salad

12
No School
Columbus/ Indigenous
Peoples Day

13
Crispy Chicken Tenders
with assorted dipping sauces
Seasoned Curly Fries
Tortellini Pasta Salad
Mango Peach Applesauce

14
Bistro Burger
(plain or cheese)
NY Breaded Onion Rings
Tangy Cucumber Salad
Fresh NY Apple or Juice

15
Macaroni & Cheese
Bar W/ Buffalo Chicken
Garlic Breadstick
Parmesan Peas
Fresh Grape Tomatoes

16
Cheese Pizza
Steamed Yellow Corn
Fresh Veggie w/ Hummus
Cinnamon Applesauce Cup

19
Hot Ham & Cheese on
Pretzel Roll
Glazed Roasted Carrots
Fresh Veggie w/Hummus

20
Breakfast for Lunch
(Chicken Drumstick & NY
Sunrise Waffles)
Hashbrowns
Sunrise Juice Cup & Syrup

21
BBQ Pulled Pork
on Kaiser
Au Gratin Potatoes
Coleslaw & Grape Tomatoes

22
Teriyaki Chicken
Vegetable Fried Rice
Chicken & Veg Dumplings
Sesame Broccoli
Fortune Cookie

23
Cheese Pizza
Steamed Yellow Corn
Fresh Veggie w/ Hummus
Cinnamon Applesauce Cup

26
Popcorn Chicken Bowl
Dinner Roll
Sweet Yellow Corn
Fresh Veggie w/Hummus

27
BYO Burrito Bowl
w/Cilantro Lime Rice
Guacamole, Black Olives, Jalapenos
Salsa, Sour Cream
Veggie Pinto Beans
Rainbow Pepper Sticks

28
Baked Potato Bar
w/Pulled Chicken
Warm Garlic Knot
Baby Carrots w/Hummus

29
Pasta with Meaty
Marinara Sauce
Garlic Toast
Steamed Broccoli
Fresh Baby Carrots

30
Cheese Pizza
Steamed Yellow Corn
Fresh Veggie w/ Hummus
Cinnamon Applesauce Cup

View Menus Online



Menu nutrition, including carbohydrate counts, and specialty menu information can be found online.

Menu is subject to change.
Notice is posted when available.

All lunch meals include a variety of fresh fruit, vegetables and white or flavored milk.

