



Triennial assessment results 2026

Meet our team

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Policy compliance results

[Wellness Policy - Boone Central.pdf](#)

Wellness policy goals

Boone Central Public Schools met its Local Wellness Policy goals across all grade levels. Nutrition education and promotion efforts were incorporated into classroom instruction, school meal programs, nutrition displays, healthy snack initiatives, and wellness activities throughout the district. Students in all grade groups participated in physical education, recess opportunities (elementary), and extracurricular activities that promoted physical activity and healthy lifestyles. The district also supported student wellness through counseling services, school-wide wellness initiatives, healthy meal programs, and activities that promote social, emotional, and physical well-being. Wellness efforts were reviewed through the District Wellness Committee and communicated to stakeholders through annual updates and information posted on the district website.

Key achievements

1. Continued staff wellness efforts through EHA Wellness Wednesday activities and promotion of employee wellness resources, including mental health supports and benefits.
2. Promoted student wellness by encouraging healthy decision-making related to nutrition, physical activity, and overall health through classroom instruction and positive role modeling.
3. Maintained state-compliant preschool snack offerings that encouraged students to explore new foods and increase protein consumption.
4. Continued the elementary afternoon milk program to support student nutrition throughout the school day.
5. Incorporated performance nutrition concepts into secondary-level coursework to help students understand the relationship between nutrition, health, and physical performance.
6. Maintained Smart Snack-compliant vending machine offerings consistent with district wellness policy requirements.
7. Utilized nutrition-focused presentations and displays in the commons area to promote healthy food choices and nutrition awareness.
8. Maintained a clean, welcoming commons area that supports student participation in school breakfast and lunch programs.
9. Continued implementation of physical education, recess, athletics, and extracurricular activities that promote lifelong physical activity and wellness.

Next Steps

Boone Central Public Schools will continue to strengthen implementation of the Local Wellness Policy through ongoing review by the District Wellness Committee. Future areas of focus include expanding nutrition promotion opportunities, increasing student exposure to healthy foods through taste-testing and nutrition education activities, exploring opportunities to increase breakfast participation, and continuing staff wellness initiatives. The district will also continue to review wellness policy language and implementation practices to ensure alignment with current USDA requirements and district wellness goals. No major policy revisions are required at this time; however, the policy will continue to be evaluated and updated as needed based on committee recommendations and future assessments.

Metrics we are observing:

Nutrition

- School breakfast participation rate
- School lunch participation rate

Physical Activity

- Number of students participating in athletics and extracurricular activities

Staff Wellness

- Participation in staff wellness activities

School Environment

- Compliance with classroom celebration guidelines
- Annual review of food and beverage marketing practices

Committee & Policy

- Number of wellness committee meetings held annually
- Annual review of wellness policy webpage and public posting requirements

The Wellness Committee will continue to monitor progress using measurable indicators such as school meal participation rates, breakfast participation, student participation in physical activity opportunities, Smart Snack compliance, wellness committee engagement, staff wellness initiatives, and nutrition promotion activities. These measures will be reviewed annually to identify opportunities for continued improvement and support future wellness policy updates.

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Boone Central Schools Community,

Our school takes pride in supporting the needs of the whole child, and to ensure that all children are safe, supported, engaged, and challenged each school day. Research indicates that initiatives focused on improving aspects of students' well-being in schools — such as addressing childhood obesity, preventing bullying, supporting students mental health, and restricting use of exclusionary discipline — have been found to be successful in improving student success and academic excellence. We have assessed our wellness policy as part of the USDA requirements. Below are the results of our assessment.

The district completed a wellness policy assessment and determined that the Local Wellness Policy meets USDA wellness policy requirements.

The district met its wellness goals related to nutrition education and promotion, physical activity, and student wellness across all grade levels through school meals, nutrition education, physical education, wellness initiatives, and extracurricular opportunities.

We will continue promoting student and staff wellness, monitor wellness policy implementation, and review the policy periodically to ensure continued compliance and effectiveness.

Public Notification – Results of the triennial assessment were posted on the Boone Central Public Schools website and shared through the district's Wellness Committee and Board of Education reporting process on June 8, 2026.

If you have any questions, please contact **Jordan Classen** at jclassen@boonecentral.esu7.org.

Respectfully,

Jordan Classen