R. J. Vial Elementary School

Christina Mullins, Principal
Heather Plache, Assistant Principal

Jaguar Journal

OCTOBER 2026

St. Charles Parish Public Schools
School Issue 2

Principal's Message

Jaguar families,

Hello, October! Our Jaguars have put down roots in their classrooms and are growing in confidence, independence, and learning each day. Through our Growing a Jaguar theme, we're celebrating the progress students make and the many opportunities ahead to help them thrive.Thank you for nurturing that growth alongside us!

October brings cooler days and a calendar full of learning and fun. Please check the monthly calendars, weekly newsletters, and school website for upcoming events at R.J. Vial and in our community. We look forward to welcoming our Jaguar families to campus this month!

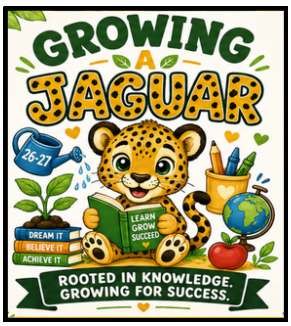
The first quarter ends Friday, October 9, 2026. Fall Break will be Monday, October 12, and Tuesday, October 13. We hope our Jaguar families enjoy this time to rest and recharge!

Please plan to attend our Parent-Teacher-Student Conferences on Thursday, October 22, or Friday, October 23. Including your child gives them an opportunity to celebrate their progress, share their goals, and take an active role in their learning. Together, we can provide the encouragement and support they need to keep growing. Please return conference request forms by October 17, so teachers can arrange meetings that fit
your schedule.

Finally, mark your calendars for our Halloween Walk on Friday, October 30. We can't wait to celebrate with our Jaguar families!

Dream it - Believe it - Achieve it!

Christina Mullins
Principal



Follow us:
Instagram @rjvialelementaryschool
Facebook @rjvialelementaryschool

UPCOMING EVENTS

Monday, October 12th-13th
No School-Fall Break

Wednesday, October 14th
Robotics 3:50pm-5:00pm

Thursday, October 15th
Talented Theater 3:50pm-5:00pm

All-State Choir Rehearsal @ The Hilton Riverside 5:00pm-7:30pm

Friday, October 16th
Battle on the River - Wear purple or Gold to support HHS

All-State Choir Rehearsal @ The Hilton Riverside 8:30am-5:30pm

Saturday, October 17th
All-State Choir Rehearsal @ LPAC 8:30am-10:30am
All-State Choir Performance 1:00pm

Tuesday, October 20th
3rd Grade Talented Theater Art Experience

Talented Theater 3:50pm-5:00pm

Wednesday, October 21st
Robotics 3:50pm-5:00pm

Thursday, October 22nd
Early Dismissal 12:45pm
Parent-Teacher-Student Conferences 1:30pm-6:30pm

Friday, October 23rd
Early Dismissal 12:45pm
Parent-Teacher-Student Conferences 1:30pm-4:30pm

October 26th-30th
Red Ribbon Week -See flyer on page 8

Monday October 26th
All Fundraiser Money is due 9:00am

Wednesday, October 28th
Robotics 3:50pm-5:00pm

Thursday, October 29th
Talented Theater 3:50pm-5:00pm

7 Mindsets Ambassadors Club Meeting 3:50pm-5:00pm

Friday, October 30th
Halloween Walk 2:30pm
Students may dress down in school appropriate costumes









Growing jaguars













CONGRATULATIONS KEEGAN MATHERNE

R.J.VIAL ELEMENTARY STUDENT OF THE YEAR!







R.J. VIAL

TOP 10 STUDENT OF THE YEAR CANDIDATES!

Congratulations!



Back Row: Ryleigh Gaubert, Lyla Morel, Charles Putman, Andrew Bueche, Angelo Signorelli, Amelia Sellers
Front Row: Keegan Matherne, Allison Babin, Talon Gros, Charlee Rawls,


ST. CHARLES PARISH
PUBLIC SCHOOLS
2026-2027
PRINCIPAL
OF THE YEAR
Congratulations
CHRISTINA MULLINS


ATTENDANCE
MATTERS
Congratulations to these students on winning a pass good for unlimited rides at the Alligator Festival sponsored by Bayou Electrical!
The students were randomly chosen from those who have had perfect attendance for the month of September.
GROWING A JAGUAR


Friday, October 9th
PINK LINK
DRESS DOWN
Students can dress down in pink and receive a pink link for a $2.00 donation.
R. J. Vial Elementary School

SEPTEMBER

STUDENTS OF THE MONTH

The R. J. Vial Students of the Month are chosen based upon qualities including character, leadership, and citizenship. Students of the Month must demonstrate an effort to learn subjects to the best of his or her ability, be prepared for class, and participate in class. R. J. Vial Students of the Month demonstrate excellent behavior in and out of the classroom, are well-mannered, and are respectful to both peers and teachers.



3rd Grade: Jacob Silbernagel

4th Grade: Karsyn Soudelier

5th Grade: Maria Beleno



R.J. VIAL

EMPLOYEE OF THE MONTH

Faculty and staff at R. J. Vial Elementary nominated Mrs. Natalie Jensen for Employee of the Month!

Here are just some of the reasons she was nominated:

We are thankful to have Mrs. Jensen as part of our Jaguar family! She goes above and beyond to support our students and school community, bringing care, encouragement, and dedication to all she does. Her willingness to lend a helping hand and give that extra effort makes a meaningful difference at R.J. Vial Elementary. Thank you, Mrs. Jensen, for helping our Jaguars grow and thrive!





3rd GRADE

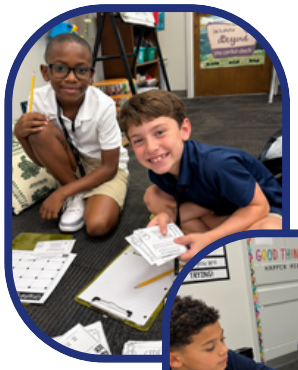
Happy October! Throughout September, our third-grade students dove into the rich and vibrant world of Cajun Folktales, and we are excited to continue exploring even more of these wonderful stories this month! Through our reading, students are learning all about key elements of Cajun culture as we dive deep into core story elements. We are also having fun exploring the clever trickster rabbit who appears throughout Cajun folklore! In class, students are learning to describe character traits (their personalities, feelings, and actions) while becoming "detectives" who hunt down text evidence to support their ideas. Finally, in writing, our main focus is mastering the art of building a strong, structured paragraph.



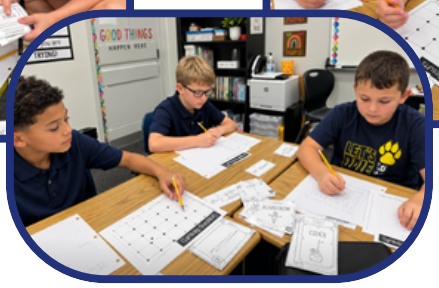


4th GRADE

In Fourth Grade Math, students have been working toward proficiency in number forms, addition, and subtraction. Students have been working hard in small groups and with their Math buddies! Fourth graders will soon be tackling multiplication and division!







5th GRADE

This month in ELA, students continue to soar through The Birchbark House, learning about theme through Omakayas's actions and the development of her relationships. In Social Studies, students will continue learning about West African Empires in history. In October, 5th grade mathematicians are making exciting connections between FRACTIONS and DIVISION. In Module 2 of Eureka Math Squared, students will practice modeling division differently yet accurately using their most efficient strategies. They will also explore adding and subtracting fractions, whole numbers, and mixed numbers by making like units. In Science, students will wrap up their understanding of "What caused the Statue of Liberty to change colors?" Through investigations, students determined that mixing substances may cause the formation of a new substance, resulting in the color change of the Statue.





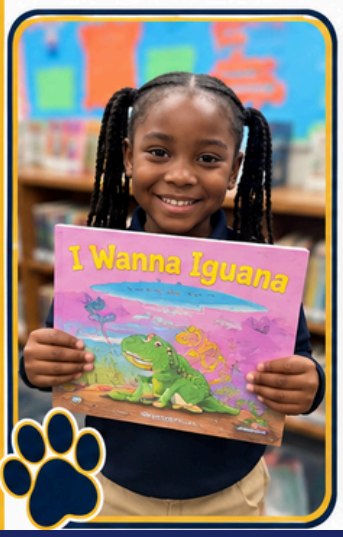




LIBRARY

Our Jaguars Love the Library!

Our Jaguars are busy exploring books, finding cozy spots, and loving every minute in the library.



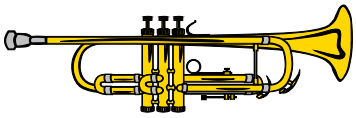






RJV Band

The 4th grade band is on their way to mastering their mouthpieces, while the 5th graders are expanding their knowledge and preparing to play with the JB Martin Football band for 5th Grade Night!





Jaguar CHOIR

A huge **congratulations** to seven of our talented Jaguar Choir members who were selected to the Louisiana All-State Honor Choir!



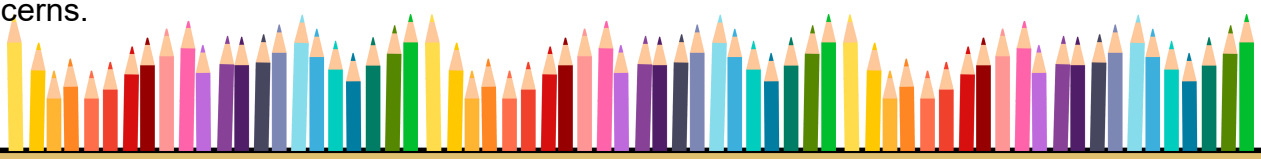


ART NEWS



Welcome to the second nine weeks of school, where we are Growing Jaguars! Our first collaborative art project is now decorating our halls. Each student drew and colored a fourth of a round-shaped flower in oil pastels. We created them in the style of Georgia O'Keeffe, a famous artist known for her zoomed-in view of gorgeous flowers. Each student's fourth of a flower was grouped with three more students to create one WHOLE flower. Each one is unique, and our bulletin boards are titled, "We Grow Together!"

The first Art Club this year was on Wednesday, Sept. 23, and Thursday, Sept. 24, during enrichment. Students experimented with our brand-new art supplies! One popular artwork was creating a design or picture with paint markers on black cardstock for a bold effect. Some students were even able to make their artwork appear to be shining like a neon sign. I am excited to watch my growing jaguar artists BLOOM this year! Please email me at dkrobert@wearescpps.org if you have any questions or concerns.





PHYSICAL EDUCATION



In physical education class we completed the FitnessGram pre-test. We are now beginning to play four square in all grade levels. During class we have really been focusing on the rules of regular four square. Students are also learning about the term "strike" and how it pertains to playing a game of four square. A strike is a hit with control. This month students will be practicing how to hit the ball with control as they play games of foursquare.









SCHOOL COUNSELORS



Looking ahead, we're excited to celebrate Red Ribbon Week from October 26–30! This year's activities will include a ribbon decorating and a photo contest. It will be a great opportunity for our students to come together to show school spirit, spread kindness, and learn the importance of making positive, healthy choices.

Safe Trick-or-Treating Tips from Your School Counselors

Halloween is such a fun time to dress up, enjoy treats, and spend time with friends and family!

As you head out for trick-or-treating, here are a few reminders to help keep the night safe and enjoyable:



- Stay with an adult or group – Never go out alone.
- Use sidewalks and crosswalks – Be sure to look both ways before crossing the street.
- Be visible – Carry a flashlight or glow stick, and add reflective tape to costumes.
- Check your treats – Wait until you're home and an adult has looked them over before eating.
- Costume safety – Make sure costumes fit well so you don't trip, and masks don't block your vision.
- Respect others – Be polite when knocking on doors, and skip houses with lights off.

Wishing you a Halloween that's full of fun, laughter, and safe adventures! Stay safe and have a spook-tacular time!

—Your School Counselors

If you ever need to reach us, please don't hesitate to contact us by phone or email at jbarbay@wearescpps.org or adisalvo@wearescpps.org

You can request a counseling session for your student anytime by filling out the counselor request Google form.

https://docs.google.com/forms/d/e/1FAIpQLScPOptidLJLkmfbNpjV2Fty8eIx6LAjVgNn8ILLY4c5shI3jw/viewform?usp=sf_link







October 26-30, 2026

RED RIBBON WEEK

'BE A HERO, STAY DRUG FREE!'

Join us for a week of awareness and action! Red Ribbon Week is a time to stand together against drugs and alcohol, promote healthy choices, and celebrate a drug-free life.

Monday

"Real Heroes say no to Drugs"

Wear your favorite superhero shirt with uniform bottoms.



Tuesday

"Recruit your friends to make smart choices"

Dress up in your favorite Camo gear.



Wednesday

"Team up against Drugs"

Wear uniform bottoms and any sports/team shirt.



Thursday

"Put Drugs to Rest"

Dress up in your favorite pajamas.



Friday

"Drugs are Spooky"

Wear school appropriate Halloween costumes. Full face makeup/costume props and costume masks are not allowed.



Students may decorate a ribbon reflecting this year's Red Ribbon Week theme: Be a Hero, Stay Drug Free. Ribbons should be neat, colorful, and creative. Ribbons should reflect a healthy/drug free message. Ribbons will be displayed throughout the school. Ribbons are due to Mrs. Barbay by **Friday, October 23rd.**

Students may submit a photo of themselves showing a healthy habit (sports, reading, kindness, etc.). Students can submit a printed photo or have parents email or text via school status. Pictures are due to Mrs. Barbay by **Friday, October 23rd.**



Boograms

R. J. Vial ELEMENTARY

$1.00 Each

Send your friend a Halloween Treat and a special note from you!

Boo Gram Sales will begin October 5th and conclude on October 30th.
Orders will be delivered weekly to students during closing circle.
Fill out the boxes to participate and turn in to your homeroom teacher.
Please send cash or a check made out to R. J. Vial.
Additional sheets are available at school or on the school website.

TO: _____
GRADE: _____
FROM: _____
TEACHER: _____
NOTE: _____

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R. J. Vial Jaguars

Join us for a HALLOWEEN WALK!

When: Friday, October 30th
Setup Time: 2:00 pm
Start Time: 2:30pm
Where: R. J. Vial's Track





- R.J. Vial family members are invited to dress up in school appropriate costumes or holiday theme shirts and hand out candy to our students in our HALLOWEEN WALK. Our students will be excited to walk around gathering treats.
- You are welcome to bring a small table and chairs to set up around our track. Please be prepared to hand out treats to 230 students. All candy must be prepackaged and individually wrapped.
- Candy donations are being accepted October 5th—October 30th. Please drop off to the front office.

*Only **two pre-registered ADULT family members** per student may participate.
Any children who do not attend R.J. Vial will NOT be allowed on campus during the Halloween Walk.

Click on the link or scan the QR code to sign up to participate our Halloween Walk. Please RSVP by Friday, October 25, 2026 to reserve a space.

https://forms.gle/Ts2vYaTRs3k8mKJf7

October 2026 Elementary Menus

St. Charles Parish Public Schools

This institution is an equal opportunity provider.
Menus are subject to change.

AVAILABLE DAILY

Monday
Sunbutter Sandwich
Tuesday
Charley Box
Wednesday
Deli Sandwich
Thursday
Entrée Salad
Friday
Sunbutter Sandwich

POPULAR WINTER SQUASH VARIETIES





Every complete meal we serve comes with your choice of low fat or nonfat milk!

Thursday, October 1	Friday, October 2
Breakfast Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Pork Chop Macaroni & Cheese Broccoli Florets Carrots Pineapple Tidbits	**Breakfast** Waffle Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Chicken Sandwich Tater Tots Baked Beans Lettuce/Tomato/Pickle Orange Wedges

BENEFITS OF PUMPKIN



- **NUTRIENT-RICH** — High in vitamins (A, C, E.)
- **HIGH IN ANTIOXIDANTS** — Protect cells from damage
- **BOOSTS IMMUNITY** — Help the body fight infections
- **AIDS WEIGHT LOSS** — Low in calories high in fiber
- **PROMOTES EYE HEALTH** — Supports vision
- **HEART HEALTHY** — Help lower risk of heart disease

Monday, October 5	Tuesday, October 6	Weds, October 7	Thursday, October 8	Friday, October 9
Breakfast Breakfast Pizza Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Chicken Tenders Waffles Green Beans Steamed Carrots Sliced Peaches	**Breakfast** Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Orange Chicken Fried Rice Edamame Beans Asian Salad Mandarin Oranges	**Breakfast** Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Turkey & Sausage Gumbo Steamed Rice Potato Salad, Crackers Cucumber/Tomato Salad Banana	**Breakfast** Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Meatsauce w/ Spaghetti Broccoli Florets Italian Salad Garlic Bread Pineapple Tidbits	**Breakfast** Muffin w/Cheese Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Mini Corn Dogs Crinkle Cut Fries Carrots & Celery w/Ranch Orange Wedges Cookie
Monday, October 12	**Tuesday, October 13**	**Weds, October 14**	**Thursday, October 15**	**Friday, October 16**
FALL BREAK MONDAY OCTOBER 12TH & TUESDAY OCTOBER 13TH No School WE WILL SEE YOU BACK ON WEDNESDAY OCTOBER 14TH!		**Breakfast** French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Carnival Chili w/Cheese Carrots, Fritos Steamed Corn Pear Halves Animal Crackers	**Breakfast** Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Juggling Fish Nuggets Macaroni & Cheese Green Beans Cucumber & Tomato Salad Banana	**Breakfast** Donut Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Big Top Burgers Tater Tots Lettuce/Tomato/Pickle Baked Beans Orange Wedges
Monday, October 19	**Tuesday, October 20**	**Weds, October 21**	**Thursday, October 22**	**Friday, October 23**
Breakfast Grits w/Sausage Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Red Beans & Rice Mustard Greens Steamed Carrots Cornbread Peaches	**Breakfast** Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Taco's w/Cheese Steamed Corn Refried Beans Taco Salad Cup, Salsa Banana	**Breakfast** Cinnamon Roll Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Chicken Alfredo Broccoli Florets, Dinner Roll Cucumber/Tomato Salad Apple Wedges Jello w/Topping	**Breakfast** Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice EARLY DISMISSAL **Lunch** Bosco Sticks Marinara Sauce Cup Green Beans Pineapple Tidbits	**Breakfast** Parfait Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice EARLY DISMISSAL **Lunch** Chicken Sandwich Tater Tots Lettuce/Tomato/Pickle Orange Wedges
Monday, October 26	**Tuesday, October 27**	**Weds, October 28**	**Thursday, October 29**	**Friday, October 30**
Breakfast Pancakes Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Totchos Green Beans Cornbread Applesauce	**Breakfast** Chicken Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Roasted Chicken Loaded Mashed Potatoes Baked Beans Apple Wedges	**Breakfast** French Toast Sticks Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Veggie Soup Grilled Cheese Sandwich Garden Salad Banana Brownie	**Breakfast** Sausage Biscuit Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Turkey Stew w/Rice Candied Yams Steamed Cabbage TANGERINES	**Breakfast** Waffle Cereal w/Graham Crackers Yogurt w/Tiger Bites Fruit or Juice Choice **Lunch** Pizza Marinara Sauce Steamed Corn Orange Wedges

CAFETERIA CIRCUS

NATIONAL SCHOOL LUNCH WEEK
OCT 12TH-16TH *2026

National School Lunch Week (NSLW) celebrates the school nutrition professionals who serve nutritious, delicious meals that help millions of students learn, grow, and thrive.

It's a time for schools, families, and communities to recognize the important role school meals play in supporting student health, well-being, and academic success.

Every school day, more than 95,000 schools and institutions serve lunch to over 30 million students nationwide.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5 4-H CLUB 3:50 PM - 5:00 PM	6 TALENTED THEATER REHEARSAL 3:50 PM - 5:00 PM	7 ALL-STATE CHOIR Help Session 3:50 PM - 5:00 PM ROBOTICS 3:50 PM - 5:00 PM	8 ALL-STATE CHOIR Help Session 3:50 PM - 5:00 PM TALENTED THEATER 3:50 PM - 5:00 PM BAND NIGHT with JBM @HHS 6:00 PM - 7:00 PM	9 Pink Links FUNDRAISER $2.00 Dress down & get a Pink Link!	10
11	12 FALL BREAK NO SCHOOL	13 FALL BREAK NO SCHOOL	14 ROBOTICS 3:50 PM - 5:00 PM	15 ALL-STATE CHOIR @ The Hilton Riverside 5:00 PM - 7:30 PM TALENTED THEATER 3:50 PM - 5:00 PM	16 ALL-STATE CHOIR @ The Hilton Riverside 8:30 AM - 5:30 PM BATTLE on the RIVER Wear Purple or Gold to support HHS	17 ALL-STATE CHOIR Rehearsal & Performance 8:30 AM - 10:00 AM All-State Choir Rehearsal @ LPAC 1:00 PM Performance @ LPAC
18	19	20 3rd Grade TALENTED THEATER Art Experience TALENTED THEATER REHEARSAL 3:50 PM - 5:00 PM	21 ROBOTICS 3:50 PM - 5:00 PM	22 EARLY DISMISSAL 12:45 PM Parent-Teacher-Student CONFERENCES 1:30 PM - 6:30 PM	23 EARLY DISMISSAL 12:45 PM Parent-Teacher-Student CONFERENCES 1:30 PM - 4:30 PM	24
25 RED RIBBON WEEK OCTOBER 26-30	26 ALL FUNDRAISER MONEY IS DUE REAL HEROES SAY NO TO DRUGS! Wear your favorite SUPERHERO SHIRT with uniform bottoms.	27 RECRUIT your friends to make smart choices! Dress up in your favorite Camo gear.	28 TEAM UP AGAINST DRUGS Wear uniform bottoms and any sports/team shirt. ROBOTICS 3:50 PM - 5:00 PM	29 PUT DRUGS TO REST Dress up in your favorite pajamas! 7 MINDSETS AMBASSADORS Club Meeting 3:50 PM - 5:00 PM TALENTED THEATER 3:50 PM - 5:00 PM	30 DRUGS ARE SPOOKY Wear school appropriate costumes. Halloween Walk 2:30pm	31 HAPPY HALLOWEEN