

MENU

OCTOBER

ALL STUDENTS RECEIVE ONE FREE LUNCH DAILY

Menu subject to change without notice.

			Soft Taco or Walking Taco w/Salsa and Cheese Shredded Lettuce and Tomato Fiesta Beans w/ Roasted Corn Apple Slices Goldfish Crackers	01	Cheesy Pizza Slice Steamed Broccoli Raw Veggie Tray w/LF Dip Assorted 100% Fruit Juice	02			
Hot Dog or Cheese Dog on WW Bun BBQ Bakes Beans Baby Carrots w/LF Dip Chilled Fruit Cup Cheez It Crackers	05	Chicken Tenders/Roll Oven Roasted French Fries Cucumber Cup w/LF Dip Chilled Fruit Cup	06	Grilled Cheese Sandwich Tomato Soup Bean Salad Chilled Fruit Cup Goldfish Crackers	07	Chicken Bites with Gravy, Cheese and WG Dinner Roll Mashed Potatoes Buttery Corn Apple Slices	08	Cheesy Pizza Slice Steamed Broccoli Garden Salad w/LF Dressing Assorted 100% Fruit Juice	09
Stuffed Cheese Sticks Marinara Sauce Green Garden Salad w/LF Dressing Cucumber Slices w/LF Dip Chilled Fruit Cup Graham Crackers	12	Mac & Cheese WG Breadstick Stewed Tomatoes Edamame Grape Giggles	13	Meatball Sub on WW Roll w/ Cheese Herb Seasoned Potato Wedges Baby Carrots w/LF Dip Chilled Fruit Cup Sidekicks	14	Chicken Nuggets w/ Dinner Roll Steamy Rice Buttery Corn Garden Salad w/LF Dressing Assorted 100% Fruit Juice	15	Cheesy Pizza Slice Black Beans Raw Veggie Tray w/LF Dip Apple Slices ½ Oz Potato Chips	16
Mini Corn Dogs Garden Salad w/LF Dressing BBQ Baked Beans Perfect Peach Cup 1/2 oz Potato Chip	19	Hamburger/Cheeseburger on WW Bun Assorted Toppings- Lettuce, Tomato, Pickles Buttery Corn Oven Roasted Tater Tots Chilled Fruit Cup	20	Twisty Chicken Alfredo Fresh Baked Breadstick Steamed Broccoli Veggie Boat Chilled Fruit Cup Oatmeal Cookie	21	Cycle Menu Flex Day Chef's Choice will be posted in the cafeteria Harvest of the Month	22	Cheesy Pizza Slice Steamy Green Beans Baby Carrot Sticks w/LF Dip Assorted 100 % Fruit Juice	23
Breaded Chicken Patty on WW Bun- Lettuce, Tomato, Pickles French Fries Celery Sticks w/LF Dip Chilled Fruit Cup	26	Hot Ham & Cheese Sandwich Oven Roasted Ranch Potato Wedges Creamy Coleslaw Baby Carrot Sticks w/LF Dip Assorted 100% Fruit Juice	27	Chef Choice Pancakes, Waffles or French Toast Sticks LF Sausage Golden Hash Brown Round Spinach Salad Chilled Fruit Cup	28	Soft Taco or Walking Taco w/Salsa and Cheese Shredded Lettuce and Tomato Fiesta Beans w/ Roasted Corn Apple Slices Goldfish Crackers	29	Cheesy Pizza Slice Steamed Broccoli Raw Veggie Tray w/LF Dip Assorted 100% Fruit Juice	30

LF White Milk and Skim Chocolate Milk
Served Daily

Ala Carte items available for purchase.
Student must have funds available in their
lunch accounts or cash to purchase items.

