

School Wellness Plan 2026-2027

School Way Café

School Name: Atlantic High School

Principal's Name or Person Responsible for Plan: Melissa Curran ext.: 38136

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above:** _____

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

Part I: Goals - List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **September 18, 2026**. See attached Wellness Tool Kit for ideas to use for your wellness plan.

Part II: Evaluation – At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café schoolwaycafe@groups.volusia.k12.fl.us by **May 14, 2027**.

Note: Documentation is required to validate completion of your goals.

Part I – Complete by September 18, 2026	Part II - Complete by May 14, 2027
Goals for 2026-2027	Implementation Evaluation
The school counselors, along with support of the faculty and staff, will provide information to the students about the harmful effects of using tobacco, drugs, and alcohol.	☐ Goal was successfully implemented. ☐ Goal was partially implemented. <i>Comments:</i> ☐ Goal was not implemented this school year. <i>Comments:</i> ☐ Documentation is available at school site and easily accessible for audit.

Part I – Complete by September 18, 2026	Part II - Complete by May 14, 2027
Goals for 2026-2027	Implementation Evaluation
Provide opportunities for faculty and staff to become more physically fit with an open weight room on campus.	☐ Goal was successfully implemented. ☐ Goal was partially implemented. <i>Comments:</i> ☐ Goal was not implemented this school year. <i>Comments:</i> ☐ Documentation is available at school site and easily accessible for audit.
Encourage movement during Fun Fridays with a DJ and music playing in the courtyard at lunch. This will include some dance music as well as organizing staff and students to take part in different line dances. Promoting movement during lunch, as well as a positive and energized campus.	☐ Goal was successfully implemented. ☐ Goal was partially implemented. <i>Comments:</i> ☐ Goal was not implemented this school year. <i>Comments:</i> ☐ Documentation is available at school site and easily accessible for audit.
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