

Old Trail School

October 19-November 13

MENU

FOUNDATIONAL SCHOOL

M

T

W

TH

F

Oct. 19

Mini Hotdogs*

Plant Based
Hotdogs*(VE)
Potato Chips (GS, VE)

Oct. 20

BBQ Boneless Wings*

(Sauce on Side)
Plant Based
BBQ Boneless Wings (VE)
(Sauce on Side)
Potato Wedges*(VE)
Fresh Toppings

Oct. 21

Mini Chicken Sandwich *

Plant Based Chicken
Sandwich *(VE)
French Fries (GS, VE)
Fresh Toppings

Oct. 22

Cheese Pizza*

Plant Based
Cheese Pizza (GS, VE)
Pretzel Bites (VE)*
Pepperoni Sticks (GS)
Green Bell
Peppers (GS, VE)
Apple Cider
Donut Cake*

Oct. 23

No School

Parent-Teacher
Conferences

Oct. 26

Cheese Tortellini*

Marinara (GS, VE)
Meatballs*
Plant Based
Meatballs (GS, VE)
Steamed
Broccoli (GS, VE)

Oct. 27

Beef Taco*

Bean Taco* (VE)
Spanish Rice (GS, VE)
Colorful Peppers (GS, VE)
Fresh Toppings

Oct. 28

Pancakes

Plant Based
Pancakes (GS, VE)
Yogurt (GS)
Turkey Sausage (GS)
Plant Based
Sausage (GS, VE)
Fresh Toppings

Oct. 29

Mini Sloppy Joe*

Plant Based
Sloppy Joe (VE)
Tater Tots (GS, VE)
Mixed Vegetables (GS, VE)
Fresh Toppings
Monster Cookie Bar*

Oct. 30

Ham and Cheese*

Vegetable and Cheese
Sandwich*
Potato Chips (GS, VE)
Broccoli Salad (GS)
Fresh Toppings

Nov. 2

Waffle Dunkers*

Plant Based Waffle
Dunkers(GS, VE)
Breakfast
Potatoes (GS, VE)
Turkey Sausage (GS)
Plant Based
Sausage (GS, VE)
Fresh Toppings

Nov. 3

Teriyaki Chicken*

(Sauce on side)
Teriyaki Tofu (GS, VE)
(Sauce on side)
Soba Noddles *(VE)
Green Beans (GS, VE)

Nov. 4

Mini Hamburger*

Mini Plant Based
Hamburger*(VE)
French Fries (GS, VE)
Fresh Toppings

Nov. 5

Cheese Breadstick*

Plant Based
Breadstick (GS, VE)
Pizza Sauce (GS, VE)
Pepperoni (GS)
Tossed Salad (GS, VE)
Rice Krispy Treat(GS)

Nov. 6

Cheese Quesadilla*

Plant Based Cheese
Quesadilla *(VE)
Mexican Corn Cake*
Steamed Rice (GS, VE)
Fresh Topping

Nov. 9

Mini Corndogs*

Plant Corndogs*(VE)
Tater Tots (GS, VE)
Mixed Vegetable (GS, VE)

Nov. 10

Nacho Bar

Tortilla Chips (GS)
Shredded Chicken (GS)
Black Beans (GS, VE)
Queso Sauce (GS, VE)
Fresh Toppings

Nov. 11

Grilled Cheese Dunkers*

Plant Based Grilled
Cheese Dunker *(VE)
Tomato Soup (GS, VE)
Steamed Peas (GS, VE)

Nov. 12

Popcorn Chicken*

Plant Based Chicken (VE)
Mac and Cheese*
Plant Based Mac and
Cheese* (VE)
Peas and Carrots(GS, VE)
Brownie*

Nov. 13

Pasta*

Marinara (GS, VE)
Broccoli (GS, VE)
Bread Stick*

FOOD ALLERGIES

Please discuss any food allergy issues concerning your child with our Nurse Alyssa Gaither
agaither@oldtrail.com

KEY

GS-Gluten Sensitive, VE-Vegan, * Gluten-Free Bread, Buns, Pizza and Pasta Available

