

Old Trail School

WEEKLY LUNCH MENU: GRADES 1-8

Oct. 26	Oct. 27	Oct. 28	Oct. 29	Oct. 30
M	T	W	TH	F
Blackened Seafood Taco* Blackened Tofu Taco * (VE) Citrus Slaw (GS, VE) Fresh Toppings Cheese Ravioli* Marinara Herbed Chicken (GS) Herbed Tofu (GS, VE) Garlic Butter Orzo Roasted Vegetables (GS, VE) Composed Salad Broccoli Salad (GS)	Chicken Fajita (GS) Tofu Fajita (GS, VE) Coconut Mango Rice (GS, VE) Fresh Toppings Ham and Cheese* Chicken Parmesan* Eggplant Parmesan (GS) Pasta Marinara* (VE) Broccoli (GS, VE) Composed Salad Cucumber Salad (GS) Soup of the Day	Beef and Broccoli with Soba Noodles* Jack Fruit and Broccoli with Soba Noodles * (VE) Pasta* Alfredo Chicken Lemon Pepper (GS) Mashed Potatoes (GS) Glazed Carrots (GS, VE) Composed Salad Mandarin Orange Quinoa Salad (GS, VE)	Chicken Shawarma (GS) Spicy Falafel (GS, VE) Steamed Rice (GS, VE) Yogurt Sauce (GS) Warmed Pita Fresh Toppings Chicken Cheesy Rice (GS) Pulled Pork Sandwich* French Fries (GS, VE) Composed Salad Coleslaw (GS, VE) Monster Cookie Bar* Soup of the Day	Roman Burger* Plant Based Burger* (VE) French Fries (GS, VE) Fresh Toppings Pizza* Cheese Pepperoni BBQ Brisket (GS) Corn Pudding Green Beans (GS, VE) Composed Salad Loaded Potato Salad (GS)

VE-Vegan, GS-Gluten Sensitive | * Gluten-Free Bread, Buns, Pizza and Pasta Available

DAILY OFFERINGS

An assortment of more than 20 different fresh greens, veggies, fruits, proteins and toppings, along with composed salads.

FOOD ALLERGIES

Please discuss any food allergy issues concerning your child with our Nurse Alyssa Gaither
 agaither@oldtrail.com

No child will be discriminated against because of race, color, national origin, age or disability. If you have been discriminated against, write to the Department of Agriculture, Washington, D.C. 20250.

