

Old Trail School

WEEKLY LUNCH MENU: GRADES 1-8

Oct. 19	Oct. 20	Oct. 21	Oct. 22	Oct. 23
M	T	W	TH	F
Thai Chicken Curry (GS) Thai Tofu Curry (GS, VE) Rice (GS, VE)	Barbacoa Taco* Sofritas Taco* (VE) Black Beans (GS, VE) Fresh Toppings	Orange Chicken* Orange Tofu (GS, VE) Steamed Rice (GS, VE) Mini Egg Roll (VE)	Dip Bar Buffalo Chicken Dip (GS) Refried Bean Dip (GS, VE) Tortilla Chips (GS, VE) Vegetable Sticks (GS, VE)	No School Parent-Teacher Conferences
Gnocchi* Pesto (GS)	Italian Sub*	Pasta* Mariana (GS, VE)		
Chicken and Waffles* Plant Based Chicken and Waffles (VE) Breakfast Potatoes (GS, VE) Fresh Toppings	Roasted Bruschetta Chicken (GS) Roasted Bruschetta Tofu (GS, VE) Parmesan Risotto (GS) Roasted Vegetable (GS, VE)	Mississippi Pot Roast (GS) Mashed Potatoes (GS) Butter Carrots (GS, VE)	Chicken Alfredo Bake*	
Composed Salad Kale Salad	Composed Salad Santa Fe Salad	Composed Salad Asian Chicken Salad (GS)	Hamburger Bar All Beef Hamburger* Plant Based Hamburger* (VE) Assortment of Chips (GS, VE) Fresh Toppings	
	Soup of the Day		Composed Salad Mediterranean Tuna Salad (GS)	
			Soup of the Day	
			Apple Cider Donut Cake*	

VE-Vegan, GS-Gluten Sensitive | * Gluten-Free Bread, Buns, Pizza and Pasta Available

DAILY OFFERINGS

An assortment of more than 20 different fresh greens, veggies, fruits, proteins and toppings, along with composed salads.

FOOD ALLERGIES

Please discuss any food allergy issues concerning your child with our Nurse Alyssa Gaither
agaither@oldtrail.com

No child will be discriminated against because of race, color, national origin, age or disability. If you have been discriminated against, write to the Department of Agriculture, Washington, D.C. 20250.

