

AISD SHAC MEETING MINUTES

Feb 10, 2026

Taylor Childress- LES PE
Maryann Solis- AHS Student
Paula Hearon- AHS Parent
Abigail Trevino- AISD CN

Brooklyn Coleman- AHS Student
Dakota Massey- LES Parent
Michelle Beeson- Physician
Lori Nunez- AISD Administration

Welcome and Introduction: Abigail welcomed everyone at 1:30 pm. Approved minutes from the 12/16/25 meeting.

Counseling, Psychological & Social Services

Chi Chi Odo on Zoom with Youth Equipped to Succeed. They offer a variety of programs related to cyber bullying, mental health, drug abuse, etc. Chi Chi shared screen to demonstrate what the program would look like from a student perspective. They break the lessons into 5 sessions (100 scholars at a time). The cost is anywhere from \$1550-1800, complete with a parent preview program. K-2nd grade is 30 mins, 3-5 is 45 mins, and 6-12 receive 1 hour of instruction. They also offer a parent program via zoom that is optional. We ran out of time on Zoom and was disconnected. Trevino will follow up with Chi Chi to cover any scholar questions.

Health Services: Paige Williams was not available to attend today. The latest is that positive flu cases are increasing across the district. January had 2038 clinic visits throughout the district. We sent home 124 scholars from those visits. AEN has hired a CNA to help serve the 850 scholars they have enrolled. Dr. Beeson is now providing OTC medications for the district.

Nutritional Services: Trevino announced the theme for National School Breakfast Week, "The Quest for School Breakfast". The CN department is looking into procuring locally grown fruits and vegetables to offer during SBW. Look for special menu items that week. Alvarado JH would like to implement a share table. The guidelines for share tables have been shared with the committee and AJH. Committee members voted to move forward with the share table at AJH to reduce food waste as long as they follow the guidelines given.

Parent/Community Involvement: Lori Nunez discussed the upcoming SHAC Family Night event. It will be held on Thursday, April 2nd from 5- 7 PM. We do not intend to have bounce houses this year. Parents have suggested looking into the DQ fundraising

for schools to help fund the event. Careflite is available upon request; fill out the "Community Facing Request" form online.

Physical Education: Coaches at elementaries are waiting to hear back about inventory that was to be distributed from old Intermediate.

Other Question, Comments, Concerns: none

All SHAC members were thanked for coming to the meeting and participating meeting was dismissed at 2:20. The next SHAC meeting is scheduled for Tuesday, April 28th at 1:30pm in the Admin meeting room.