



Alvarado ISD Health Services SHAC Meeting Agenda



Dec 16, 2025



- **Welcome & Introduction**
- **Review & Approve Meeting Minutes** – November 18, 2025
- **Roles and Responsibilities of SHAC**

- **Health Services**
 - Lori Nunez- District Nurse Update

SHAC Goals (2025-2026)
Increase SHAC activities
Implement Local Wellness Plan Objectives
Ensure program activities are fully developed

- **Nutritional Services**
 - School Breakfast Week will be March 2-6, 2026. If you have any ideas or suggestions for breakfast items, please email Abigail Trevino at trevinoa@alvaradoisd.net

- **Parent/Community Involvement**
 - SHAC Family Night, April 2, 2026 (Lori Nunez)
 - Take 2 minutes to discuss with your shoulder partner what you envision our family night to look like. Do we want to plan different activity stations? How can we best utilize the track and resources we have? What do we need to raise funds for? How do we raise funds?
 - After we discuss with our partner, we are going to have a group discussion, sharing our different perspectives.

- **Physical Education**
 - Coaches Update, upcoming events

- **Other Questions, Comments, Concerns**
- **Next Meeting:** February 10th, and April 28th, at 1:30pm. in the meeting room at the Alvarado ISD Central Administration building.

Mission Statement:

The Mission of the Alvarado Independent School District School Health Advisory Council is to facilitate opportunities for the overall life-long health and wellness of the Alvarado Community.

Vision Statement:

It is the vision of the Alvarado Independent School District School Health Advisory Council to ensure Alvarado becomes an emotionally and physically healthy community.