

AISD SHAC MEETING MINUTES

December 16, 2025

Maggie Cromer- South Elementary Parent
Stephanie Hersey- Lillian Parent
Maryann Solis- AHS Student
Veronica Hendrick- North Parent
Jamie Jean- HS Parent
Angela Taylor- AHS Nurse

Paula Hearon- JH Parent
Dakota Massey- Lillian Parent
Brooklyn Coleman- AHS Student
Lori Nunez- AISD Admin
Paige Williams- AISD Lead/Lillian Nurse

Dr. Lori Nunez called the SHAC meeting to order at 1:33. She welcomed all in attendance, reminded Council members to sign-in, pick up handouts, and get a refreshment.

The meeting minutes from November 18, 2025 were reviewed and approved.

Roles and Responsibilities of SHAC: Dr. Nunez reviewed pages 4 and 5 from the “School Health Advisory Council: A Guide for Texas School Districts” roles of School Health Advisory Councils. She discussed the fourth paragraph of page 5, requirements of content area and topics that the Council must discuss and review before providing information to the AISD School Board.

- Any SHAC recommendation concerning the school district’s health education curriculum and instruction or related matters that the SHAC has not previously submitted to the school board;
- Any suggested modification to a SHAC recommendation previously submitted to the school board;
- A detailed explanation of the SHAC’s activities during the period between the date of the current report and the date of the last written report; and
- Any recommendations made by the physical activity and fitness planning subcommittee.

Health Services: Dr. Nunez introduced AISD’s District Lead Nurse, Paige Williams. She informed Council members that Nurse Williams is the district’s instructor of the required abstinence program for 6th, 8th, and 10th grades. The curriculum program, *Choosing the Best*, was recommended by the SHAC to the AISD School Board years ago and has been in place since then. Nurse Williams explained the curriculum outline, program implementation structure, and how the lessons are implemented. A short video from the curriculum was presented to the Council. Nurse Williams answered questions and addressed concerns throughout the presentation.

Nutritional Services: Dr. Nunez led a discussion on breakfast items to be served during AISD’s Breakfast Week (March 2-6). She asked for suggested items to be written on a post-it-note before Council members left the meeting. Council Member Paula Hearon provided additional information pertaining to the week and how Chartwells’ goal was to introduce new breakfast items during this week.

Parent/Community Involvement: Dr. Nunez shared the history of how SHAC Family Fun Night developed and the purpose of the event. She asked if any new Council members had attended

the event in the past and what made the event memorable, allowing members to share out. It was evident from the discussion that high-impact things made the event more memorable. Those items are listed: food, Jump Houses, scholar physical fitness give-a-ways items, and healthcare vendors. Council brainstormed ideas for the 2026 SHAC Family Night, scheduled for Thursday, April 2nd at the Charles Head Stadium, from 5:00 – 7:00PM.

- Food – Hotdogs (possible HEB donation and cooked by Chartwells), chips (possible Brookshire and David's donation), and bottle of water (possible Chartwells donation).
- Healthcare vendors – Care Flight, Fire and Ambulance Service, Animal Shelter, Petting Zoo, local Healthcare facilities, and Dentist in the area.
- Finding sponsor for Jump Houses (request 3 to 4).
- Fundraiser –
 - "Walk-A-Thon" around track, evening of event, with all participants' sponsorships going towards expenses of 2027 SHAC Family Fun Night.
 - DQ Fundraising Night (20% of sales)
 - Chicken Express sponsorship

Physical Education: Dr. Nunez informed the Council that the school district decided to not participate in the fundraiser "*Jump Rope for Heart*" during scholar's PE classes. This decision was based off of no proceeds from the fundraiser was left in the district. It was decided to do a physical fitness fundraiser that would allow proceeds to stay in district to purchase PE equipment. Dr. Nunez also shared that she spoke with Assistant Athletic Director, Coach Erica Peteet, and was informed that elementary PE equipment will be inventoried and shared among all three elementary schools.

Meeting was Adjourned at 2:28 PM

All SHAC members were thanked for attending the meeting. The next SHAC meeting is scheduled for February 10, 2026 at 1:30PM in the AISD Administration Meeting Room.