# School Wellness Plan 2026-2027

*School Way Café*

**School Name**: New Smyrna Beach High School _____

**Principal's Name or Person Responsible for Plan**: Annette Pezza ext. 32589

Each school must have a wellness plan and a point of contact (this person cannot be a School Way Café employee). **Please provide your point of contact and extension if different than above**: _____

Your school website must contain a link to the Volusia County Schools Wellness Policy.

If your school is not already a "Team Nutrition" school, we encourage your school to become one. For information, visit www.fns.usda.gov/tn/.

The district's wellness policy encourages nutrition education curriculum programs and to provide opportunities for physical activities. The policy also recommends using rewards and incentives that are not food-related and limiting sweet treats for refreshments and parties.

**Part I**: **Goals -** List your school's wellness goals for the upcoming school year on in Part I this form and e-mail it to School Way Café schoolwaycafe@groups.volusia.k12.fl.us and a copy to your Area Superintendent by **September 18, 2026.** See attached Wellness Tool Kit for ideas to use for your wellness plan.

**Part II**: **Evaluation –** At the end of the school year, evaluate the results of your school's wellness goals and complete Part II of this form. E-mail a copy to School Way Café schoolwaycafe@groups.volusia.k12.fl.us by **May 14, 2027**.

**Note: Documentation is required to validate completion of your goals.**

| **Part I – Complete by September 18, 2026** | **Part II - Complete by May 14, 2027** |
|---|---|
| **Goals for 2026-2027** | Implementation Evaluation |
| Educate students about the dangers of recreational/performance enhancing drugs and hang informational posters in relevant areas. Concentration on vaping dangers. | ☐ **Goal was successfully implemented.**<br>☐ **Goal was partially implemented.**<br>*Comments:*<br>☐ **Goal was not implemented this school year.**<br>*Comments*:<br>☐ Documentation is available at school site and easily accessible for audit. |

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| **Part I – Complete by September 18, 2026** | **Part II - Complete by May 14, 2027** |
|---|---|
| **Goals for 2026-2027** | Implementation Evaluation |
| Promote healthy living among employees through regular exercise opportunities, health screenings and health education tips. Provide staff with wellness tips via all staff emails. | ☐ **Goal was successfully implemented.**<br>☐ **Goal was partially implemented.**<br>*Comments:*<br>☐ **Goal was not implemented this school year.**<br>*Comments*:<br>☐ Documentation is available at school site and easily accessible for audit. |
| Teachers and other school and community personnel will not use physical activity (e.g., running laps, pushups) or withhold opportunities for physical activity (e.g., recess, physical education) as punishment. | ☐ **Goal was successfully implemented.**<br>☐ **Goal was partially implemented.**<br>*Comments:*<br>☐ **Goal was not implemented this school year.**<br>*Comments*:<br>☐ Documentation is available at school site and easily accessible for audit. |
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