



October 2026 Washington Park Breakfast & Lunch Menu

**FREE
MEALS**
FOR ALL
STUDENTS



ADULT MEALS
Breakfast: \$3.00
Lunch: \$4.00

HARVEST OF THE MONTH
Squash
(Summer, Winter, Pumpkin)



Monday	Tuesday	Wednesday	Thursday	Friday
	October Holidays/Observances 10/1 – National Homemade Cookie Day 10/4 – National Cinnamon Roll Day 10/6 – National Taco Day 10/13 – National M&M Day 10/21 – National Apple Day 10/25 – Crisp Sandwich Day		1 Breakfast: Pancakes w/ Syrup LUNCH Chicken Nuggets w/ Roll or Fish Sandwich Seasoned Green Beans Cole Slaw Sliced Pears	2 Breakfast: Sausage Biscuit LUNCH Mini Corndogs or Bean Burrito Buttered Broccoli Sweet Potato Fries Mixed Fruit
5 Breakfast: Breakfast Bun LUNCH Crispy Chicken Sandwich or Grilled Cheese Sandwich Buttered Carrots Sweet Peas Applesauce Cup	6 Breakfast: French Toast Sticks LUNCH Pepperoni Pizza or Crunchy Corndog Buttered Broccoli Tater Tots Sidekick	7 Breakfast: Steak Biscuit LUNCH Cheeseburger or Hurricane Hotdog Baked Beans Potato Wedges Fresh Fruit	8 Breakfast: Sausage & Cheese Biscuit LUNCH Max Cheese Sticks w/ Marinara or Buffalo Chicken Wrap Buttered Corn Squash Diced Peaches	9 Breakfast: Chicken Biscuit LUNCH Turkey & Cheese Sandwich or PBJ Sandwich w/ Cheese Stick Veggie Dippers w/ Dressing Seasoned Green Beans Mixed Berry Applesauce
12 	Fall Break ~ School Closed			16 
19 Breakfast: Cini-Mini LUNCH Chicken Tenders w/ Roll or Seafood Basket Mashed Potatoes Glazed Carrots Mixed Fruit	20 Breakfast: Steak Biscuit LUNCH Chicken Alfredo w/ Breadstick or Hot Ham & Cheese Sandwich Tossed Salad w/ Dressing Buttered Corn Mandarin Oranges	21 Breakfast: Super Donut LUNCH BBQ Pork Sandwich or PBJ Sandwich w/ Cheese Stick Baked Beans Cole Slaw Apple Crisp	22 Breakfast: Breakfast Bun LUNCH Sweet & Sour Chicken w/ Roll & Fried Rice or Eggroll w/ Fried Rice Carrot & Cucumber Cup Buttered Broccoli Sidekick	23 Breakfast: Chicken Biscuit LUNCH Philly Cheese Steak Sandwich or Turkey & Cheese Sub Seasoned Green Beans Crinkle Cut Fries Sliced Pears
26 Breakfast: Pancakes w/ Syrup LUNCH Spicy Chicken Sandwich or Grilled Cheese Sandwich Carrot Cup w/ Dressing Sweet Peas Applesauce	27 Breakfast: Sausage & Cheese Biscuit LUNCH Chicken Nuggets w/ Roll or Fish Sandwich Seasoned Green Beans Mashed Potatoes Pineapple	28 Breakfast: Pancake Pup w/ Syrup LUNCH Mini Corndogs or Bean Burrito Buttered Broccoli Sweet Potato Fries Mixed Fruit	29 Breakfast: Spicy Chicken Biscuit LUNCH Cheeseburger or Hurricane Hotdog Crinkle Cut Fries Baked beans Sliced Peaches	30 Breakfast: Steak Biscuit  LUNCH Pepperoni Pizza or Crunchy Corndog Celery Cup w/ Dressing Tater Tots Sliced Peaches

**October
Breast Cancer Awareness**

October is
Breast Cancer
Awareness Month



***BREAKFAST ***
Grab-n-go options are
available daily

***Daily Offerings:**
⇒ Meat
⇒ Grain
⇒ Fruits
⇒ Vegetables
⇒ Milk

MENUS SUBJECT TO
CHANGE WITHOUT
NOTICE.

This institution is an
equal opportunity
provider.