

Retreat Requirement

Each year, O'Connell students are asked to attend at least one retreat. Our retreat requirement includes:

- **Freshman Year:** Freshman Day Retreat OR overnight option
- **Sophomore Year:** Sophomore Service Day Retreat
- **Junior Year:** Junior Day Retreat OR overnight option
- **Senior Year:** choose an overnight retreat option



Come and See 9TH GRADE

SEPT. 25-27, 2026

This 2-night retreat is designed to provide freshmen an opportunity to “come and see” what an active faith looks like in high school. The weekend is filled with talks, time for prayer, and fellowship. Being an overnight retreat allows for a more impactful faith experience with more opportunities for deeper discussions and sacraments.

Tabor

**9TH-12TH GRADE ~
MARCH 12-14, 2027**

Tabor is a men's retreat. This weekend-long retreat is filled with talks, prayer, small groups, and lots of games and activities centered around men in scripture and how they built a relationship with Jesus

4-H Center, Front Royal, VA.



Therefore encourage
one another and
build each other up.

1 THESSALONIANS 5:11



ministry@bishopoconnell.org

DJO Retreat PROGRAM



Bishop O'Connell High School

Fiat

9TH-12TH GRADE ~ OCT 9-11, 2026

Fiat is a women's retreat hosted by our Fiat Women's Ministry. This weekend-long retreat is filled with talks, prayer, small groups, and lots of games and activities centered around building a community of faithful women.



Bethany

9TH-12TH GRADE ~ MARCH 19-21 2027

Bethany is a retreat for students from all four diocesan high schools. This retreat aims to form missionary disciples through the lessons of Jesus at Bethany with his beloved friends by providing reflections, talks, team-building activities, silent prayer, and opportunities to be formed as disciples and develop leadership qualities. Bethany will capacitate students to engage peers and invite other students to have a closer relationship with Christ.



Kairos

11TH-12TH GRADE

**NOV 12-15, 2026
FEB 11-14, 2027
APRIL 8-11, 2027**

Kairos, offered three times a year for Juniors and Seniors, is a four-day student-led retreat exploring: "Who am I and how do I build a relationship with Jesus Christ?" Students step back and look at how God interacts with us on a personal level. This retreat offers teenagers practical ways to see and experience Jesus in everyday life.



DeSales Service Works

11TH-12TH GRADE

**SEPT 10-13, 2026
JAN 28-31, 2027**

DeSales Service Works provides opportunities for face-to-face service within an elementary school, homeless shelter, and AA/NA houses. We work at the DSW site in Camden, NJ over a 4 day, 3 night retreat. This retreat is designed for Juniors and Seniors and students have the option to use this retreat to fulfill their service or retreat requirements for graduation.



Renew

12TH GRADE

**DEC 15-16, 2025
APR 23-24, 2026**

This single night experience examines life after graduation in a very practical, hands on way. This retreat is designed for seniors who have not been on an overnight retreat before and is a re-introduction to the sacramental life to "renew" their faith!