

September/ October newsletter



Our Mission:

To attract and inspire the brightest students of Middlesex County and cultivate them in a close-knit learning community that prepares them to be ethical, thoughtful, and innovative STEM leaders equipped to solve complex global challenges.



WELCOME

A big welcome to our
new Assistant
Principal:
Mrs. Estefania McKay

And thank you to all
those who attended
our Parent's Night!



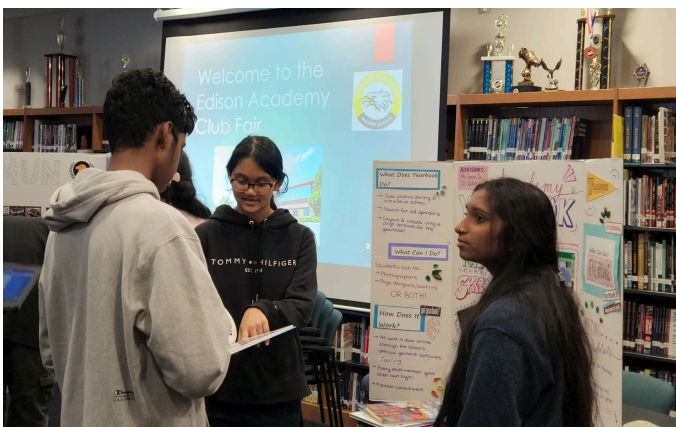
The district Personal Device Policy is in effect and it includes personal laptops. Students who are not bringing a phone to school must have a Parent Attestation Form completed and on file. The form can be requested by contacting Ms. Rocha.

September/ October Newsletter



School Events

Student Council organized our school Pep Rally and our annual Club Fair in September. The Pep Rally celebrated our Soccer and Girls Tennis teams. At Club Fair, underclassmen had the opportunity to learn about school extracurricular opportunities.



September/ October newsletter



Song of the month:
Earth, Wind, and Fire-
September

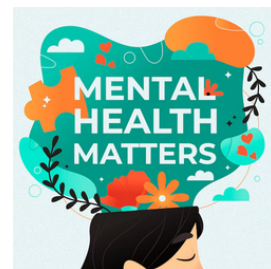


Guidance Center

- FAFSA Workshop for Class of 2027 Parents - see email sent last week
- AP Registration opens on October 12. Please look out for an email regarding AP registration.
- The Fit Imperative - Less than half of first-year college students completely agree their college is a good fit. There are four conditions every teen needs to find theirs. See more info here - <https://bigfuture.collegeboard.org/media/pdf/the-fit-imperative.pdf>

Mental Health Stigma

- When we talk openly about mental health we are helping to break the stigma surrounding mental illness.
- Stigma causes people to feel ashamed for something that is outside of their control. Sadly, stigma blames those affected with mental illness and prevents them from reaching out for help.
- As a school community, we can help to fight stigma by talking openly about mental health, educating ourselves and others, being aware of the language we use, and showing compassion for those with mental illness.
- For immediate mental health crisis support, call or text 988. The national crisis line connects you to trained counselors 24/7.



September/ October newsletter



Parents Page



Fall 2026

AEF NEWSLETTER



FROM AEF BOARD

Welcome to school year 2026-27! We are excited to start this school year planning new things in partnership with school and make this school year the best for everyone. We cannot do this without your support. We hope you take a moment to read through this newsletter for what AEF does and how you can be a partner.

Fundraising et al

When every family in the school donates only \$50 (or more if you choose to), we will NOT have to fundraise the entire school year!

We will be able to support all the events for the students, school and teachers!

We hope you will support us in this endeavor and make this school year the best ever.

Donations can be sent via Zelle to middlesexsmetpto@gmail.com

IMPORTANT DATES

- 9/30 AEF GENERAL MEETING
- 10/15 AEF GENERAL MEETING
- 10/19 CHAI WITH PRINCIPAL (FALL) 9-10 AM, IN-PERSON & ONLINE
- 11/19 AEF GENERAL MEETING
- 12/18 TALENT SHOW & INTERNATIONAL DINNER

WHERE DO DONATIONS GO

- TEACHER APPRECIATION
- PHOTO BOOTH FOR CULTURAL DAY
- SENIOR SCHOLARSHIPS
- SENIOR GRAD GIFTS
- GRADUATION RECEPTION
- FRESHMAN'S PICNIC
- TEACHER'S BREAKFAST
- INTERNATIONAL DINNER
- CLUB GRANTS
- BIG TICKET ITEMS FOR SCHOOL

BOARD MEMBERS

- PRESIDENT - SHAILESH PRASAD
- VICE PRESIDENT - Koushik Halder
- TREASURER - RAMANA VEMULA
- SECRETARY - AGMA CHOUHAN
- FUNDRAISING - ELA GUPTA
- APPAREL - FLAVIA DSOUZA

CONTACT US:

MIDDLESEXSMETPTO@GMAIL.COM

DONATE THROUGH ZELLE:



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Important Reminders:

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- Oct 5-9: Week of Respect
 - Oct 6: Safety Ambassadors Trip
 - Oct 6: Early Dismissal at 1:30 pm & Action Team Meetings
 - Oct 6: FAFSA Virtual Webinar for Class of 2027 Parents

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- Oct 7: Class of 2027 Trip to NJIT
 - Oct 9: Class of 2030 Trip to the Museum of Math
 - Oct 12: AP Registration Opens
 - Oct 14: School Photos (grades 9-11)

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- Oct 19 - Chai with the Principal
 - Oct 20: Senior Portraits
 - Oct 21: PSAT for Grades 10 & 11
 - Oct 23: Class of 2027 Trip to Rowan University

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- Oct 31-Nov 8: Fall Break
 - Nov 8: AP Registration Closes
 - Dec 18: Talent Show and International Dinner
 - Dec 23-Jan 3: Winter Break

