JOHN F. KENNEDY BEARS

Dear Cheektowaga-Sloan Families,

We are excited to share information about our winter sports programs at J.F.K. High School and J.F.K. Middle School. Students currently in grades 7–12 are eligible to participate in interscholastic athletics.

To try out for a team, students must complete the following **three-step process**:

1. **Register for a Winter Sport**
   Please complete the Winter Sports Signup Form to register for the sport of your choice. Modified sports are typically for middle school students; however, in certain cases, 7th and 8th graders may be eligible to participate on junior varsity or varsity teams. Sign up using the link below:

   Winter Sports Signup Form

2. **Submit an Updated Physical**
   If your child's physical is not current, the Coach or Athletic Director will notify you. All student-athletes are required to have a valid physical on file with the school nurse, dated within the past year.

3. **Complete the IMPACT Concussion Test**
   Student-athletes must complete the IMPACT concussion test every **two years**. Your Coach or Athletic Director will let you know if you are in need of an updated test. Please follow the instructions provided in the link below to complete the test:

IMPACT Concussion Test Instructions

If you have any questions about the process, please don't hesitate to contact the Athletic Department at ***csnyder@cheektowagasloan.org***.

Sincerely,

Casey Snyder

Casey Snyder
Director of Athletics