



2026-27 PBDA On Topic Suggested Resources

- [**Friends Forever: How Parents Can Help Their Kids Make and Keep Good Friends**](#), by Fred Frankel, PhD
- **Thriving Kids** podcast episodes hosted by Dr. Dave Anderson:
 - [Helping Neurodivergent Kids Make Friends](#)
 - [Q&A: Friendship, Neurodiversity, and Staying True to Yourself](#)
 - [Helping Kids Feel Like They Matter with Jennifer Wallace](#)
 - [How to Help Kids Build Positive, Healthy Friendships](#)
- [**Child Mind Institute Family Resource Center: Friendships Resource Hub**](#)
- [**PBS Kids: Children's Books for Building Friendships**](#)
- [**Positive Parenting, Thriving Kids Curriculum for Parents**](#)
 - [How Can I Help My Child Build Friendships?](#)
- **Researchers studying friendship in childhood and adolescence:**
 - [Dr. Catherine Bagwell](#), Davidson College
 - [Dr. Melanie Dirks](#), McGill University
 - [Dr. Rebecca Schwartz-Mette](#), SUNY Buffalo