Horizon Academy and Futures | Grades 9-12

November 2026

Assorted fat-free or low-fat milk is offered at breakfast & lunch.
The menu is limited and subject to change due to market conditions, school events, and closures.

Students eat at no cost
Adult breakfast: $4.00
Adult lunch: $6.00
Extra milk is $0.50

Monday	Tuesday	Wednesday	Thursday	Friday
2 Poptart & Yogurt Fruit Juice 4 oz. Mixed Fruit ½ cup	**3** Cereal Bar & Cheese Crackers Fruit Juice 4 oz. Raisins 1 pack	**4** Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup	**5** Breakfast Bun Fresh Fruit 1 each Peaches ½ cup	**6** Cereal Cup Fresh Fruit 1 each Diced Pears ½ cup
Chicken Nuggets (6) with 1 oz. Roll Green Beans ½ cup Mashed Potatoes ¾ cup Celery Sticks ½ cup Peaches ½ cup Fresh Fruit 1 each	Chicken Tacos (3) Sour Cream & Salsa Pinto Beans ½ cup Corn ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Cheeseburger Baked Beans ½ cup Seasoned Fries ¾ cup Carrot Sticks ½ cup Diced Pears ½ cup Fresh Fruit 1 each	Chicken Drumstick with 2 oz. Roll Zesty Greens ½ cup Sweet Potatoes ¾ cup Fruit Juice Slushy 4 oz. Fresh Fruit 1 each	PB&J Sandwich* Chips Cheese Celery Sticks ½ cup Salsa ½ cup Fruit Juice 4 oz. Raisins 1 pack
9 Poptart & Yogurt Fruit Juice 4 oz. Mixed Fruit ½ cup	**10** Cereal Bar & Cheese Crackers Fruit Juice 4 oz. Raisins 1 pack	**11** Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup	**12** Breakfast Bun Fresh Fruit 1 each Peaches ½ cup	**13** Cereal Cup Fresh Fruit 1 each Diced Pears ½ cup
Chicken Sandwich Pinto Beans ½ cup Seasoned Fries ¾ cup Carrot Sticks ½ cup Fruit Juice Gels 1 each Fresh Fruit 1 each	Beefy Nachos + Tostitos Sour Cream & Salsa Black Beans ½ cup Potato Skins (2) Pineapple ½ cup Fresh Fruit 1 each	**Wing Wednesday** Chicken Wings (4) & 2 oz. Roll Green Beans ½ cup Sweet Potato Wedges ¾ cup Celery Sticks ½ cup Fruit Juice Slushy 4 oz. Fresh Fruit 1 each	Chicken Alfredo Rotini with Garlic Toast Parmesan Broccoli ½ cup Cherry Tomatoes ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	PB&J Sandwich* Chips Cheese Celery Sticks ½ cup Salsa ½ cup Fruit Juice 4 oz. Raisins 1 pack
16 Poptart & Yogurt Fruit Juice 4 oz. Mixed Fruit ½ cup	**17** Cereal Bar & Cheese Crackers Fruit Juice 4 oz. Raisins 1 pack	**18** Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup	**19** Breakfast Bun Fresh Fruit 1 each Peaches ½ cup	**20** Cereal Cup Fresh Fruit 1 each Diced Pears ½ cup
Chicken Nuggets (6) with 1 oz. Roll Green Beans ½ cup Mashed Potatoes ¾ cup Celery Sticks ½ cup Peaches ½ cup Fresh Fruit 1 each	Chicken Burrito Sour Cream, Cheese, & Salsa Refried Beans ½ cup Corn ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Cheeseburger Baked Beans ½ cup Seasoned Fries ¾ cup Carrot Sticks ½ cup Diced Pears ½ cup Fresh Fruit 1 each	Spaghetti & Meat Sauce with Garlic Toast Cheesy Broccoli ½ cup Rosemary Potatoes ¾ cup Cherry Tomatoes ½ cup Fruit Juice 4 oz. Fresh Fruit 1 each	Turkey & Cheese Sandwich Chips Salsa Dunk Cup Veggie Juice 4 oz. Pineapple ½ cup Craisins 1 pack *Dessert*
23	**24**	**25**	**26**	**27**
Thanksgiving Break				
30 Poptart & Yogurt Fruit Juice 4 oz. Mixed Fruit ½ cup	**1** Cereal Bar & Cheese Crackers Fruit Juice 4 oz. Raisins 1 pack	**2** Muffin & Cheese Stick Fruit Juice 4 oz. Applesauce ½ cup	**3** Breakfast Bun Fresh Fruit 1 each Peaches ½ cup	**4** Cereal Cup Fresh Fruit 1 each Diced Pears ½ cup
Chicken Sandwich Pinto Beans ½ cup Seasoned Fries ¾ cup Veggie Juice 4 oz. Fruit Juice Gels 1 each Craisins 1 pack	Walking Beef Taco + Doritos Sour Cream, Cheese, & Salsa Black Beans ½ cup Corn ½ cup Pineapple ½ cup Fruit Juice 4 oz.	**Wing Wednesday** Chicken Wings (4) & 2 oz. Roll Green Beans ½ cup Sweet Potato Wedges ¾ cup Celery Sticks ½ cup Fruit Juice Slushy 4 oz. Fresh Fruit 1 each	Asian Chicken & Rice *Fortune Cookie* Steamed Cabbage ½ cup Carrot Sticks ½ cup Mandarin Oranges ½ cup Fresh Fruit 1 each	Turkey & Cheese Sandwich Crackers Celery Sticks ½ cup Broccoli Dippers ½ cup Fruit Juice 4 oz. Raisins 1 pack

*On PB&J sandwich days, Futures will have soy butter and jelly sandwiches.

Fueling Georgia's Future
FARM TO SCHOOL
HARVEST OF THE MONTH



The following major food allergens may be used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify a staff member if you require additional information about specific ingredients.

If your child has a peanut allergy on PB& J days, soy butter sandwiches are available upon request. Please let your child's teacher know to request the soy butter sandwich, if desired (peanut free, but contains milk, wheat, and soy).

USDA is an equal opportunity provider, employer, and lender.

Sweet Potato

Sweet Potatoes are in the morning glory family.

Sweet potatoes should be cured in temperatures around 85 degrees for approximately 7-10 days after harvesting in order to strengthen their skin and enhance their flavor.

Sweet potatoes are a root vegetable packed with Vitamin A and potassium.

Sweet potatoes grow underground and love hot, moist temperatures like our Georgia climate.

Sweet potatoes are in season in Georgia from August through November.

Ocilla, GA is home to the annual Georgia Sweet Potato Festival that has been celebrated since the 1960s.

The festival is hosted by the Ocilla-Irwin Chamber and includes a parade and cooking contests.



GEORGIA grown

Fueling Georgia's Future

Georgia Department of Education School Nutrition