Gainesville Middle School Menu

November 2026

Assorted fat-free or low-fat milk is offered at breakfast & lunch.
The menu is limited and subject to change due to market conditions, school events, and closures.

Students eat at no cost
Adult breakfast: $4.00
Adult lunch: $6.00
Extra milk is $0.50

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cinni Minis Fruit Juice 4 oz. Fresh Fruit 1 each	**3** Mini Pancakes or Waffles Fresh Fruit 1 each Peaches ½ cup	**4** Donut Holes Fruit Juice 4 oz. Applesauce ½ cup	**5** Chicken Biscuit Fruit Juice 4 oz. Fresh Fruit 1 each	**6** Breakfast Bun Fruit Juice 4 oz. Mixed Fruit ½ cup
Chicken Croissan'wich Grilled Cheese Green Beans ½ cup Romaine Salad 1 cup Tater Squares 8 each Fresh Strawberries ½ cup	Mozzarella Breadsticks PBJ Sandwich & Cheese Stick Marinara Dunk Cup Corn ½ cup Cheesy Broccoli ½ cup Diced Pears ½ cup	Teriyaki Boneless Wings + Rice Munchable Fortune Cookie Carrot Sticks ½ cup Steamed Cabbage ½ cup Fruit Juice Slushy 4 oz.	Quesadilla Pizza PBJ Sandwich & Crackers Fiesta Corn ½ cup Pinto Beans ½ cup Tomatoes ½ cup & Salsa Cup Raisins 1 pack	Corndog Taco Soup & Fritos Baked Beans ½ cup Curly Fries ½ cup Veggie Dippers ½ cup Fresh Fruit 1 each & Yogurt
9 Beef Sausage & Cheese Bagel Fruit Juice 4 oz. Fresh Fruit 1 each	**10** French Toast Sticks (3) Fresh Fruit 1 each Peaches ½ cup	**11** Sausage Pancake Slider Fruit Juice 4 oz. Applesauce ½ cup	**12** Steak Biscuit Fresh Fruit 1 each Raisins 1 pack	**13** Poptart & Cheese Tater Tots 8 each Diced Pears ½ cup
Cheeseburger Veggie Burger Baked Beans ½ cup Tater Tots 8 each Garden Salad 1 cup Applesauce ½ cup	Beef Soft Tacos PBJ Sandwich & Cheese Stick Esquites "Street Corn" ½ cup Black Beans ½ cup Shredded Lettuce 1 cup Fruit Juice Slushy 4 oz.	Spaghetti & Garlic Toast Grilled Cheese Sweet Potatoes ½ cup Caesar Side Salad 1 cup Carrot Sticks ½ cup Mandarin Oranges ½ cup	Chicken Nuggets (5) with Whole Grain Chips PBJ Sandwich & Chips Zesty Greens ½ cup Mashed Potatoes ½ cup Peaches ½ cup	Cheese Pizza Breaded Chicken Salad|Crackers Marinara Dunk Cup Sliced Cucumbers ½ cup Carrot Sticks ½ cup Fresh Fruit 1 each
16 Muffin & Yogurt Fruit Juice 4 oz. Fresh Fruit 1 each	**17** Cinnamon Bun Fresh Fruit 1 each Craisins 1 pack	**18** Apple Cinnamon Texas Toast Fruit Juice 4 oz. Applesauce ½ cup	**19** Chicken Biscuit Fruit Juice 4 oz. Fresh Fruit 1 each	**20** Sausage Pancake on a Stick Fruit Juice 4 oz. Mixed Fruit ½ cup
Chicken Sandwich Grilled Cheese Steamed Squash ½ cup Fries ½ cup Romaine Salad 1 cup Applesauce ½ cup	Chicken Drumstick with Mac & Cheese PBJ Sandwich & Crackers Sweet Potatoes ½ cup Cajun Green Beans ½ cup Peaches ½ cup *Dessert*	Pepperoni Pizza Beef Chili & Fritos Corn ½ cup Steamed Broccoli ½ cup Carrot Sticks ½ cup Pineapple ½ cup	Beef Hot Dog Munchable Baked Beans ½ cup Curly Fries ½ cup Coleslaw ½ cup Fresh Fruit|Fruit Juice Gel	Mozzarella Breadstick Bites (4) Turkey & Cheese Sandwich Marinara Dunk Cup Corn ½ cup Veggie Juice 4 oz. Raisins 1 pack
23	**24**	**25** **Thanksgiving Break**	**26**	**27**
30 Poptart & Cheese Tater Tots 8 each Diced Pears ½ cup	**1** Dutch Waffle Fruit Juice 4 oz. Spiced Apples ½ cup	**2** Biscuit & Sausage Links Fresh Fruit 1 each Craisins 1 pack	**3** Steak Biscuit Fresh Fruit 1 each Raisins 1 pack	**4** Mini Bagels Fruit Juice 4 oz. Fresh Fruit 1 each
Chicken Nuggets (5) with Corn Muffin PBJ Sandwich & Cheese Stick Green Beans ½ cup Mashed Potatoes ½ cup Peaches ½ cup	Cheeseburger Veggie Burger Baked Beans ½ cup Sweet Potato Fries 1 cup Applesauce ½ cup	Beefy Nachos with Doritos PBJ Sandwich & Doritos Refried Bean Dip ½ cup Shredded Lettuce 1 cup Tomatoes ½ cup & Salsa Cup Fruit Juice Slushy 4 oz.	Chicken Alfredo & Garlic Toast Turkey & Cheese Sandwich Corn ½ cup Parmesan Broccoli ½ cup Pineapple ½ cup	Pepperoni Hot Pockets & Marinara Breaded Chicken Salad|Crackers Celery Sticks ½ cup Carrot Sticks ½ cup Fresh Fruit 1 each Managers Choice Dessert

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FARM TO SCHOOL
HARVEST OF THE MONTH

• Daily Assortment of Cereal Offered at Breakfast •

Students who select cereal may also select both fruit or juice options listed on the menu.



The following major food allergens may be used as ingredients in this facility: Milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, and sesame. Please notify a staff member if you require additional information about specific ingredients.

If your child has a peanut allergy on PB& J days, soy butter sandwiches are available upon request. Please let your child's teacher know to request the soy butter sandwich, if desired (peanut free, but contains milk, wheat, and soy).

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Sweet Potato

Sweet Potatoes are in the morning glory family.

Sweet potatoes should be cured in temperatures around 85 degrees for approximately 7-10 days after harvesting in order to strengthen their skin and enhance their flavor.

Sweet potatoes are a root vegetable packed with Vitamin A and potassium.

Sweet potatoes grow underground and love hot, moist temperatures like our Georgia climate.

Sweet potatoes are in season in Georgia from August through November.

Ocilla, GA is home to the annual Georgia Sweet Potato Festival that has been celebrated since the 1960s.

The festival is hosted by the Ocilla-Irwin Chamber and includes a parade and cooking contests.



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Georgia Department of Education School Nutrition