

# What's on the Menu?

## Derby Lunch Menu October 19<sup>th</sup>, 2026

| Station                                                                                                                                                | Monday<br>19                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Tuesday<br>20                                                                                                                                              | Wednesday<br>21                                                                                                       | Thursday<br>22                                                                                                                                                 | Friday<br>23                                                                                                                                                                          |
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|                                                                        | <b>Baked Potato Bar</b><br>Baked Potato with choice of Cheese, Bacon, Broccoli, Green Onions, Jalapenos, & Sour Cream. Served with a Dinner Roll.                                                                                                                                                                                                                                                                                                                                                   | <b>Sweet &amp; Sour Chicken Bowl</b><br>Crunchy Popcorn Chicken with Sticky Rice and Oranges, topped with Sweet & Sour Sauce. Served with Chicken Egg Roll | <b>Brunch for Lunch</b><br>Whole Grain Cinnamon French Toast, Scrambled Eggs with Cheddar Cheese and Baked Tater Tots | <b>Build Your Burger</b><br>Beef or Vegetarian Black Bean Burger, American, Provolone or Pepperjack Cheese Sautéed Onions Peppers Lettuce & Tomato Baked Fries | <b>Build Your Own Nachos</b><br>Tortilla Chips with Your Choice of Chicken, Beef, or Beans with Steamed Corn, Shredded Cheddar Cheese, Roasted Tomato Salsa and Fresh Veggie Toppings |
|                                                                       | Available Daily:<br>Crispy Chicken Sandwich or Spicy Chicken Sandwich                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                            |                                                                                                                       |                                                                                                                                                                |                                                                                                                                                                                       |
|                                                                                                                                                        | Cheeseburger or Vegetarian Black Bean Burger Served with Baked Tater Tots                                                                                                                                                                                                                                                                                                                                                                                                                           | Glazed Chicken Wings Served With Tater Tots and a Chocolate Chip Cookie                                                                                    | Chicken Tenders or Plant Based Chick'n Nuggets Served with Baked Spiral Fries                                         | Glazed Chicken Wings Served With Tater Tots and a Chocolate Chip Cookie                                                                                        | Baked Cheesy Pizza Bites Served with Baked Tater Tots                                                                                                                                 |
|                                                                     | Available Daily:<br>Whole Grain Bosco Sticks with Dipping Sauce                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                            |                                                                                                                       |                                                                                                                                                                |                                                                                                                                                                                       |
|                                                                     | Available Daily:<br>Made to Order Sandwiches & Salads<br><br>Pick your GRAIN: Homemade sub bun, Pretzel Roll, Assorted Breads, Tortilla Wraps or Lettuce Wrap Available<br>Pick your PROTEIN: Freshly sliced turkey, ham, roast beef, hummus, cheddar cheese, pepper jack cheese, provolone cheese, feta<br>Pick your VEGGIES: Fresh chopped romaine and spinach, sliced tomatoes, sliced onions, pickles, assorted peppers, sliced cucumbers, shredded carrots, and more depending on availability |                                                                                                                                                            |                                                                                                                       |                                                                                                                                                                |                                                                                                                                                                                       |
|                                                                     | Available Daily:<br>Yogurt Parfait with Homemade Granola                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                            |                                                                                                                       |                                                                                                                                                                |                                                                                                                                                                                       |
| <br><i>Fruit &amp; Vegetable Bar<br/>Included with<br/>all meals</i> | Tomatoes<br>Power Peas<br>Cinnamon Bananas<br>Assorted Fresh Fruit & Vegetables                                                                                                                                                                                                                                                                                                                                                                                                                     | Orange Wedges<br>Cucumber Coins<br>Mandarin Oranges<br>Assorted Fresh Fruit & Vegetables                                                                   | Broccoli Florets<br>Caesar Salad<br>Chilled Peaches<br>Assorted Fresh Fruit & Vegetables                              | Celery Sticks<br>Purple Cauliflower<br>Pineapple Tidbits<br>Assorted Fresh Fruit & Vegetables                                                                  | Rainbow Carrots<br>Black Beans<br>Sliced Strawberries<br>Assorted Fresh Fruit & Vegetables                                                                                            |

A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.