

Parma School Dist. #137

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HIGH SCHOOL/ EW MIDDLE SCHOOL

Sep 29, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			Oct - 1 BURRITO CHICKEN RICE CELERY STICKS CORN APPLESAUCE BLUEBERRIES BOXED CHICKEN BITES WHOLE GRAIN ROLL KETCHUP FRUIT & VEGGIE BOX MILK	Oct - 2
Oct - 5 CHEESEBURGER POTATO PEAS PEACHES, SLCD, EX LT, CINNAMON APPLESAUC KETCHUP MUSTARD PICKLES BOXED CALZONE CARROTS FRUIT & VEGGIE BOX MILK	Oct - 6 SOFT TACO CHEESE LETTUCE, SHREDDED REFRIED BEANS CORN APPLE CHOC.CHIP COOKIE PULLED PORK COLESLAW BBQ SAUCE: TANGY FRUIT & VEGGIE BOX MILK	Oct - 7 COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY BROCCOLI STRAWBERRIES PORTI PEARS WHOLE GRAIN ROLL CHICKEN DRUMSTICK COLESLAW BBQ SAUCE: TANGY FRUIT & VEGGIE BOX MILK	Oct - 8 HAM & CHEESE YUM YU CELERY STICKS CARROTS FRUIT POPS MIXED FRUIT CHICKEN PATTY KETCHUP FRUIT & VEGGIE BOX MILK	Oct - 9
Oct - 12 MINI CORN DOGS POTATO PORK & BEANS APPLE KETCHUP MUSTARD SPICY CHICKEN SANDWI CARROTS FRUIT & VEGGIE BOX MILK	Oct - 13 PIZZA SALAD PEPPERCORN RANCH PEACHES PINEAPPLE OLIVES MEATBALL SUB JICAMA, RAW PEAS FRUIT & VEGGIE BOX MILK	Oct - 14 CHICKEN RICE BOWL EGG ROLL STIR FRY BLEND MANDARIN ORANGES PINEAPPLE MANDARIN SAUCE BOXED HAM & CHEESE CELERY STICKS CORN FRUIT & VEGGIE BOX MILK	Oct - 15 SPAGHETTI & MEATBAL SALAD PEPPERCORN RANCH FRUIT POPS MIXED FRUIT BREAD STICK BOXED HOT DOG ON A CHEESE STICK CARROTS MIXED VEGETABLE KETCHUP MUSTARD FRUIT & VEGGIE BOX MILK	Oct - 16
Oct - 19 CHICKEN PATTY SANDW PORK & BEANS PEAS BLUEBERRIES PEACHES KETCHUP BOXED PB&J CARROTS FRUIT & VEGGIE BOX MILK	Oct - 20 NACHOS BEEF CORN CARROTS APPLE BOXED CHICKEN WRAP COLESLAW FRUIT & VEGGIE BOX MILK	Oct - 21 CHICKEN STRIPS MASHED POTATOES CHICKEN GRAVY BROCCOLI PEARS STRAWBERRIES PORTI WHOLE GRAIN ROLL RIB-B-Q CELERY STICKS FRUIT & VEGGIE BOX MILK	Oct - 22 CHICKEN BITES SCALLOPED POTATOES MIXED VEGETABLE COU BANANAS APPLESAUCE WHOLE GRAIN ROLL HAMBURGER COLESLAW KETCHUP MUSTARD PICKLES FRUIT & VEGGIE BOX MILK	Oct - 23

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Sep 29, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 26	Oct - 27	Oct - 28	Oct - 29	Oct - 30
SPICY CHICKEN PATTY PEAS CARROTS APPLE KETCHUP QUESADILLA REFRIED BEANS CHIPS SALSA FRUIT & VEGGIE BOX MILK	PIZZA SALAD PEPPERCORN RANCH PEACHES PINEAPPLE OLIVES BOXED HOT DOG ON A CHEESE STICK PEAS COLESLAW KETCHUP MUSTARD FRUIT & VEGGIE BOX MILK	TOASTED CHEESE SAN TOMATO SOUP BROCCOLI FRUIT POPS PEARS CORN DOG JICAMA, RAW KETCHUP FRUIT FRUIT & VEGGIE BOX MILK	BEEF & BEAN BURRITO CHICKEN RICE CELERY STICKS CORN PEACH APPLESauce BLUEBERRIES BOXED CHICKEN BITES WHOLE GRAIN ROLL KETCHUP FRUIT & VEGGIE BOX MILK	

This institute is an equal opportunity provider

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